

***RIVERSIDE
COUNTY
TRACK
2016***

***BOYS & GIRLS
SCHOOL RECORDS
ALL- TIME COUNTY RECORDS
ALL- TIME PERFORMANCE LIST***

Don Chadez

RIVERSIDE COUNTY TRACK - 2016

This is the 18th attempt to recognize the many fine track and field performances by Riverside County High School track and field athletes. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1990 track & field season. The original research was assisted by Jack Gaffney of Canyon Springs HS and Doug Speck of Arcadia HS. Thanks also to Jim Roldan of EPI Sports.

THE STATS

Abbreviations

- + -mark converted from yards to meters.
- c -mark converted from hand time to equivalent auto time. w -wind aided mark.
- y -original mark attained in a race run in yards
- fully auto timed races have no abbreviation and are noted to one hundred of a second. -any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.
- ' -mark made enroute to a longer distance.
- ' -after name indicated foreign exchange student (if known).
- * -before athletes name indicates junior year.
- * * -before athletes name indicates sophomore year.
- * * * -before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/ 120 yard hurdle events are not common ratio events.

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Send errors / omissions to:

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BOYS COUNTY RECORDS

Running records are listed at metric distances. No attempt has been made, for record purposes, to convert marks from yards to metric. The longer yard performance is noted and recognized as the metric record. An equivalent metric performance needs to surpass the yard performance to become a record. Most record performances today are made at metric meets, thus the use of metric distances.

100 yd	9.4	John James (Ferris)	1964
100m	10.31	Bryan Howard (Canyon Springs)	1994
200m	20.24	Michael Norman (Vista)	2015
400m	45.19	Michael Norman (Vista)	2015
800m	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
1500m	3:50.6	Mark Fricker (Hemet)	1977
1600m	4:07.9y	Mark Fricker (Hemet)	1977
	4:06.48	Isaac Cortes (Great Oak)	2015
3000m	8:28.8	Cruz Gallegos (Centennial)	1992
3200m	8:53.21	Lane Werley (King)	2011
5000m	14:31.57	Lane Werley (King)	2011
3000m Steeplechase	10:18.13	Austin Langley (La Sierra)	2003
110m Hurdles	13.82	Jeff Garrison (North)	2001
300m Hurdles (36")	35.02	Reggie Wyatt (La Sierra)	2009
4 x 100m Relay	40.53	Vista Murrieta)	2015
4 x 400m Relay	3:10.33	Perris	1983
High jump	7-3	Avery Anderson (North)	1991
	7-3	Nick Ross (Vista)	2009
Pole Vault	16-6.5	Peter Chapman (Murrieta Valley)	2012
Long jump	25-3	Bobby Bonds (Poly)	1964
Triple jump	50-3.5	Josh Como (Rancho Verde)	2006
Shot Put	69-7.25	Nick Ponzio (Great Oak)	2013
Discus	200-3	Jared Morgan (La Quinta)	2002
Decathlon	5865	Chris Campbell (Poly)	1995

GIRLS COUNTY RECORDS

100y	11.0	Renee Chambers (Poly)	1979
	11.0	Shelly McDade (Norte Vista)	1979
	11.0	Robin Shelton (Corona)	1982
100m	11.61	Madinah Ali (Canyon Springs)	1995
200m	23.28	Tracee Thomas (North)	1999
400m (indoors)	54.22	Tracee Thomas (North)	2002
800m	2:05.9	Lynn Hollins (Poly)	1976
1500m	4:36.7	Brigid Freyne (Poly)	1987
1600m	4:40.34	Destiny Collins (Great Oak)	2015
3000m	9:54.8	Brigid Freyne (Poly)	1987
3200m	9:53.79	Destiny Collins (Great Oak)	2014
5000m	16:51.97	Alma Escobar (Corona)	2004
3000m Steeplechase	12:42.76	Kelly Floyd (Corona)	2003
100m Hurdles (30")	13.83	Doris Williams (Poly)	1987
100m Hurdles (33")	13.17	Jasmyne Graham (Roosevelt)	2015
300m Hurdles	40.73	Jasmyne Graham (Roosevelt)	2015
4 x 100m Relay	45.30	North	2000
4 x 400m Relay	3:38.86	North	2001
High jump	6-0.5	Chaunte Howard (North)	2001
Pole Vault	13-1	Gardenia Centanaro (Roosevelt)	2013
Long jump	20-7.75	Gayle Hunter (North)	2004
Triple jump	41-3	Chaunte Howard (North)	2002
Shot Put	50-0.25	Tanya Sapa (La Sierra)	2013
Discus	168-5	Sarah Robles (San Jacinto)	2006
Heptathlon	5328	Gayle Hunter (North)	2004

BOYS ALL-TIME BEST MARKS LIST

100 yards

9.4	John James (Ferris)	1964	10.66	**Rodney Storrs (Santiago)	2007
9.6	Lew Dunn (North)	1982	10.67	Lucien Henderson (Banning)	1987
9.6	George Thomas (Indio)	1983	10.68	Jesse Ooten (Rancho Verde)	2008
9.6	Jeff Ward (La Sierra)	1977	10.70	Bryan Williams (Valley View)	2006
9.86	Tim Callier (Perris)	1987	10.71	Marshall Johnson (Notre Dame)	1999
9.7	Bobby Bonds (Poly)	1964	10.72	Anthony Dye (Santiago)	2008
9.7	John Holbrook (Norte Vista)	1967	10.74c	Jerome Burrell (Palm Springs)	10.5 1995
9.7	Tom Scott (Palm Springs)	1967	10.74c	Alvin Robinson (Valley View)	10.5 2002
9.7	Chandler (Palo Verde)	1978	10.74	Nick Lee (Cathedral City)	2003
9.7	Issac Greer (Elsinore)	1978	10.74	Duke Greer (Corona)	2007
9.95	Rando Smith (Ramona)	1987	10.76	Derrick Johnson (Notre Dame)	2000
9.8	Paul Anderson (Poly)	1956	10.76	John Kane (Great Oak)	2013
9.8	James Eddington (Rubidoux)	1963	10.76	Justin Pearson (Roosevelt)	2013
9.8	A. Byrd (Perris)	1968	10.76	*Carlos Wedlow (Mesa)	2013
9.8	A. Stapler (Perris)	1969	10.77	Greg Thomas (Poly)	1981
9.8	Mayo (Perris)	1969	10.79	Andre Ewell (Arlington)	2006
9.8	A. Lewis (Perris)	1969	10.79	Greg Hornsby (Rancho Verde)	2009
9.8	Gray (Palm Springs)	1978	10.82	Davelle Sanders (Roosevelt)	2010
9.8	Brice Wilson (Indio)	1980	10.82	Napoleon Singeltary (Roosevelt)	2012
9.8	Marcus Hathway (Corona)	1980	10.83	Nick Mixon (Vista)	2008
9.8	Darrell Willis (Norco)	1981	10.83	*Kei-Ron Long (Vista)	2012
9.8	Wilcox (Poly)	1982	10.84c	Macus Hathway (Corona)	10.6 1980
9.8	Mike Anderson (Rubidoux)	1983	10.84	Duncan Boyd (Moreno Valley)	1989
9.8	Woodie Leonard (Ramona)	1993	10.84	Heath Fulk (Nome Vista)	1991
9.9	Art Williams (Poly)	1946	10.84c	Anthony Preyear (La Sierra)	10.6 1993
9.9	Verde Sorgen (Poly)	1949	10.84c	Sam Elmore (Banning)	10.6 1995
9.9	Joe Black (Palo Verde)	1952	10.84	Jeff Henry (Norte Vista)	2001
9.9	Leevan Roberts (North)	1969	10.84c	Jamal Williams (La Quinta)	10.6 2001
9.9	Larry Thompson (Ramona)	1970	10.84c	Chris Johnson (Arlington)	10.6 2001
9.9	Tony Robinson (Ramona)	1971	10.84c	Chris Whitlock (Valley View)	10.6 2001
9.9	Tosho Lee (Rubidoux)	1978	10.85	Al Ross (Canyon Springs)	1989
9.9	Rogers (North)	1978	10.85	*Cedric Provost (Canyon Springs)	2009
9.9	D. Fite (Perris)	1979	10.86	Rondo Smith (Ramona)	1988
9.9	Kenny Wagner (Arlington)	1980	10.86	Thomas Henry (North)	2007
9.9	Clay Hall (Palm Springs)	1982	10.86	Joel Hotkins (Chaparral)	2009
9.9	Paco Craig (Ramona)	1982	10.86	Keith Welpher (West Valley)	2011
9.9	Bob Stamps (Perris)	1983	10.87	Troy McKnight (Canyon Springs)	1991
9.9	Sebron Flenaugh (Perris)	1983	10.87	*Bernard Quinn (Vista)	2011
9.9	Cedric Riles (Norte Vista)	1984	10.88	Deshawn Smith San Jacinto)	2006
9.9	JJ Eddington (Perris)	1985	10.88	Kavon Seaton (Vista)	2007
9.9	Luncy Fleeting (Canyon Springs)	1990	10.88	Joshua Mitchell (Roosevelt)	2010
			10.88	Dajon Wise (Rancho Verde)	2013
			10.88	*Ryan Wade (Mesa)	2015
			10.89	Darryl Mosely Great Oak)	2007
			10.89	J.J. Eddington (Perris)	1985
			10.89	Matt Galloway (Elsinore)	2015
			10.90	Woodie Leonard (Ramona)	1992
			10.90	*Deontae Cooper (Citrus Hill)	2009
			10.91	Allan Curry Canyon Springs)	1998
			10.91	Ledariuc Miller (Vista del Lago)	2007
			10.91	**James Nool (Great Oak)	2015
			10.92	Ron Butler (Norte Vista)	1995
			10.92	Ken Moon Corona)	2004
			10.92	***Ervin Simmons (Murrieta)	2008
			10.92	* Evan Singletary (Roosevelt)	2014
			10.93	Robert Gray (Poly)	1981
			10.93	Tommy Curry (North)	2007
			10.93	**Jonathan Essien (King)	2015
			10.94c	Mike Ails (Moreno Valley)	10.7 1990
			10.94c	Kyjone Jack (Canyon Springs)	10.7 1991
			10.94c	Art Celestine (Notre Dame)	10.7 1991
			10.94c	Jason Halliburton (Rubidoux)	10.7 1991
			10.94c	Shamori Walker (Moreno Valley)	10.7 1993
			10.94	Corey Merrill (Moreno Valley)	1992
			10.94c	Walker (Perris)	10.7 1996
			10.94c	Andre McCargo (Murrieta Valley)	10.7 1998
			10.94	Ennis Jones (North)	2006
			10.95	Willie Bowen (Twin Pines)	2000
			10.95	*Larry Scott (Centennial)	2010
			10.96	DJ Lloyd (Vista)	2009

Wind-aided:

9.5	Mike Foster (Palo Verde)	1973
9.5	Jerry McCullough (Poly)	1957
9.6	Bobby Bonds (Poly)	1964
9.7	Greg Thomas (Poly)	1967
9.7	Paul Anderson (Poly)	1956
9.7	JJ Eddington (Perris)	1985
9.8	George McKinley (Arlington)	1980

100 meters

10.31	*Bryan Howard (Canyon Springs)	1994	10.92	* Evan Singletary (Roosevelt)	2014
10.36	*Michael Norman (Vista)	2015	10.93	Robert Gray (Poly)	1981
10.38	Jonathan Williams (Temecula)	2006	10.93	Tommy Curry (North)	2007
10.51	Antonio Mitchell (Vista)	2015	10.93	**Jonathan Essien (King)	2015
10.52	Kenny Jackson (Elsinore)	2009	10.94c	Mike Ails (Moreno Valley)	10.7 1990
10.53	Lew Dunn (North)	1982	10.94c	Kyjone Jack (Canyon Springs)	10.7 1991
10.54c	Stoney Jordan (Indio)	10.3 1993	10.94c	Art Celestine (Notre Dame)	10.7 1991
10.54c	Quincy Huntley (Valley View)	10.3 1996	10.94c	Jason Halliburton (Rubidoux)	10.7 1991
10.54	*Jovonte Slater (Vista)	2010	10.94c	Shamori Walker (Moreno Valley)	10.7 1993
10.58	Elijah Mitchell (Roosevelt)	2013	10.94	Corey Merrill (Moreno Valley)	1992
10.59	Nathan Irvin (Poly)	1999	10.94c	Walker (Perris)	10.7 1996
10.63	Tommy Curry (North)	2008	10.94c	Andre McCargo (Murrieta Valley)	10.7 1998
10.63	Braden Isaiah (Moreno Valley)	2011	10.94	Ennis Jones (North)	2006
10.64c	George Thomas (Indio)	10.4 1983	10.95	Willie Bowen (Twin Pines)	2000
10.65	Dameon Burnham (Roosevelt)	2011	10.95	*Larry Scott (Centennial)	2010
10.65	**Cole Dubots (Vista)	2015	10.96	DJ Lloyd (Vista)	2009

10.96	***Rasaun House (Rancho Verde)	2014	10.67	Josh Mitchell (Roosevelt)	2010
10.97	Cedric Riles (Norte Vista)	1986	10.67	Xavion Steele (Tahquitz)	2015
10.97	Chase Aaronson (Palm Springs)	2007	10.69	Justin Pearson (Roosevelt)	2013
10.97	*Kyle Garner (Vista)	2012	10.69	* Evan Singletary (Roosevelt)	2014
10.97	*Nick Fisher (Great Oak)	2014	10.71	Bryan Adams (Roosevelt)	2009
10.97	**Thaomas Graham (Roosevelt)	2015	10.72	Tim Callier (Perris)	1987
10.98	Anthony Elam (Roosevelt)	2013	10.72	Andre Ewell (Arlington)	2006
10.98	*Anthony Smith (Paloma Valley)	2013	10.72	Davelle Sanders (Roosevelt)	2010
10.99	Tommy Thomas (Indio)	1981	10.72	*Damion Marshall (Great Oak)	2014
10.99	Ray Blackburn (Jurupa)	1998	10.73	Cedric Provost (Canyon Springs)	2009
10.99	Nick Mixon (Vista)	2007	10.74c	Troy McKnight (Canyon Springs)	10.5 1991
10.99	*Sedale Foster (North)	2010	10.74c	Nick Lee (Cathedral City)	10.5 2004
10.99	**Damion Marshall (Great Oak)	2013	10.75	Leran Hutchings (Roosevelt)	2011
11.00	Bobby Stamps (Perris)	1983	10.75	***Malcolm Ballard (Ramona)	2013
11.00	Nobel Jackson (Perris)	1983	10.76	Rondo Smith (Ramona)	1987
11.00	John Wareka (Temescal)	2007	10.77	Marcus Love (Lakeside)	2013
11.00	*John Plattenburg (Centennial)	2013	10.78	John Kane (Great Oak)	2013
11.00	Jordan Lucas (Great Oak)	2014	10.79	Nick Mixon (Vista)	2008
11.00	Fred Lundy (Paloma)	2015	10.80	Keith Welpner (West Valley)	2011
11.01	Marc Tyler (Brawley)	1994	10.80	***Adrian Sanchez (Tahquitz)	2015
11.01	Tyree Sullivan (Norte Vista)	2001	10.81	Ken Moon (Corona)	2004
11.01	Matt Maybeno (Hemet)	2002	10.81	DeSean Smith San Jacinto)	2005
11.01	David Biggs (Rancho Verde)	2006	10.81	*Kei-Ron Long (Vista)	2012
11.01	Kavon Seaton (Murrieta)	2009	10.83	Tommy Curry (North)	2007
11.01	Cavan Bluitt (Rancho Verde)	2015	10.83	Dejon Wise (Rancho Verde)	2013
11.01	Brandon Presley (Great Oak)	2015	10.83	Brandon Presley (Great Oak)	2015
11.01	*Jordan Testerman (Vista)	2015	10.84c	Woody Leonard (Ramona)	10.6 1993
11.02	Nathan Charlton (Rubidoux)	2000	10.84c	Damon Mitchum (Corona)	10.6 1999
11.02	David Angulo (Cathedral City)	2002	10.84	**Jonathan Essien (King)	2015
11.02	Gene McCaleb (Temescal)	2004	10.86	Wyatt Staggers (Lakeside)	2013
11.02	Dejon Wise (Rancho Verde)	2013	10.86	*Lorenzo Burns (Linfield)	2015
11.03	Brian Anderson (Elsinore)	1986	10.88	Henry Thomas (North)	2007
11.03	Derek Banks (Rubidoux)	1992	10.88	Richard Marvray (Centennial)	2009
11.03	Nick McCullom (Perris)	1997	10.88	* Jordan Palmer (Roosevelt)	2014
11.03	Ervin Simmons (Murrieta Valley)	2011	10.89	Ray Blackburn (Jurupa Valley)	1998
11.03	Louis Mayela (Centennial)	2015	10.90	Brian Anderson (Elsinore)	1986
11.04c	Marcus Hathway (Corona)	10.8 1980	10.90	Kyman Bailey (North)	2012
11.04c	Sebron Flenaugh (Perris)	10.8 1983	10.90	*John Plattenburg (Centennial)	2013
11.04c	Rick Aguilar (CSDR)	10.8 1986	10.90	Deville Dallas (Perris)	2013
11.04c	Rick McVicker (Poly)	10.8 1989	10.91	James Carter (Canyon Springs)	2005
11.04c	Chris Alexander (Temecula)	10.8 1990	10.91	DJ Lloyd (Vista)	2009
11.04c	Marc Chrishon (Temecula)	10.8 1990	10.91	*Larry Scott (Centennial)	2010
11.04c	Eddie Jones (Palo Verde)	10.8 1990	10.91	Chris Milan (Great Oak)	2012
11.04c	Quincy Fleming (Canyon Springs)	10.8 1990	10.91	Jordan Lucas (Great Oak)	2014
11.04c	Jeff Skalsky (Temecula)	10.8 1991	10.92	Devin Ray (West Valley)	2014
11.04c	Marlando Lewis (Hemet)	10.8 1991	10.92	*Jonathan Warren (Santiago)	2015
11.04c	James Smith (Palo Verde)	10.8 1992	10.93	Kenny Shaw (San Jacinto)	2005
11.04c	Darrell Franklin (Canyon Spring)	10.8 1995	10.93	*Kevin Smith (San Jacinto)	2013
11.04c	Xavier Phillips (Perris)	10.8 1995	10.93	Anthony Elam (Roosevelt)	2013
11.04c	Mickey Grimes (Canyon Springs)	10.8 1995	10.93	* Eric Miller (Roosevelt)	2014
11.04c	Damian Barton (Centennial)	10.8 1996	10.93	Anothany Smith (Paloma Valley)	2014
11.04c	Raheem Lambert (Norte Vista)	10.8 1998	10.94c	Steve Angulo (Cathedral City)	10.7 2002
11.04c	Devonson Goodwin (Canyon Sp)	10.8 1998	10.94	Jon Warzeka (Elsinore)	2008
11.04c	Kendall Edwards (Jurupa)	10.8 1999	10.94	Dexter Jackson (King)	2008
11.04c	Jamar Thymes (Norco)	10.8 1999	10.94	*Bryan Jones (Great Oak)	2011
11.04c	Jesse Johnson (Banning)	10.8 1999	10.94	Garrett Biggers (North)	2012
11.04c	Terry Dowell (West Valley)	10.8 2000	10.94	* Nick Fisher (Great Oak)	2014
11.04c	Wayland Gilliam-Smith (Valley View)	10.8 2000	10.94	*** Isaiah Cunningham (Rancho Verde)	2014
11.04	Norman Boyd (La Sierra)	2008	10.95	Jr Reid (Arlington)	2010
11.04	Gerard Glass (Great Oak)	2010	10.95	*Christopher Wilcox (Roosevelt)	2015
11.04	*** Isaiah Cunningham (Rancho Verde)	2014	10.95	**Thomas Graham (Roosevelt)	2015
11.04	Jordan Palmer (Roosevelt)	2015	10.96	Earvin Simmons (Murrieta)	2009
			10.96	*Jordan Palmer (Roosevelt)	2015
			10.96	**Damion Lee (Palm Springs)	2015
			10.96	*Jordan Testerman (Vista)	2015
10.44	Wind-Aided: Marshall Johnson (Notre Dame)	1999	10.96	Antoine Murray (Norco)	2005
10.45	*Jovonte Slater (Vista)	2010	10.97	Lajohn White (North)	2008
10.49	Kenny Jackson (Elsinore)	2009	10.97	Larry Scott (Centennial)	2011
10.50	Tommy Curry (North)	2008	10.97	**Christopher Young (Citrus Hill)	2013
10.50	Elijah Mitchell (Roosevelt)	2013	10.97	Phillip Jones (Vista Murrieta)	2013
10.56	Stoney Jordan (Indio)	1993	10.97	Kre'Shawn McDonald (Roosevelt)	2014
10.58	Isiah Braden (Moreno Valley)	2011	10.97	*Jordan James (Corona)	2009
10.60	Rodney Storrs (Santiago)	2008	10.98	**Todd Hamdley (King)	2009
10.62	Duke Greer (Corona)	2007	10.98	Nephi Garcia (Palm Springs)	2011
10.66	**James Nool (Great Oak)	2015	10.98	Gather Ronald (Moreno Valley)	2013
10.67	Gerg Hornsby (Rancho Verde)	2009	10.98		

10.98	**Christopher Rom-Toribo (La Quinta)		2013	21.80	David Angulo (Cathedral City)		2002
10.98	* Louis Mayela (Centennial)		2014	21.80	* Evan Singletary (Roosevelt)		2014
10.98	Jamal Orme (King)		2014	21.82+	John James (Perris)	21.7y	1964
10.99	Kavon Seaton (Vista)		2008	21.82	Bryan Adams (Roosevelt)		2009
10.99	*Justin Decoud (King)		2010	21.83	Kei-Ron Long (Vista Murrieta)		2013
10.99	Ervin Simmons (Murrieta Valley)		2011	21.84	George Thomas (Indio)		1981
10.99	Forrest Reyes (Palm Springs)		2011	21.84	Bobby Stamps (Perris)		1983
10.99	Fred Lundy (Paloma)		2015	21.84c	Marcus Hathway (Corona)	21.6	1980
11.00	Keith Bullard (Canyon Springs)		1991	21.84	Justin Pearson (Roosevelt)		2013
11.00	DeShawn Smith (San Jacinto)		2004	21.87	Louis Amstoy (Banning)		1989
11.00	Andre McClendon (Beaumont)		2013	21.89	Nick Mixon (Vista)		2008
11.01	*Dallas Deville (Perris)		2012	21.89	Kyle Garner (Vista Murrieta)		2013
11.01	Garry Lewis (Corona)		2012	21.89	* Jordan Palmer (Roosevelt)		2014
11.01	*Rick Ramos (Hemet)		2014	21.90	Jabin Sambrano (Great Oak)		2008
11.01	Tobi Mayers (Murrieta Valley)		2015	21.90	*Cedric Provost (Canyon Springs)		2009
11.02	Alex Pittman (Vista)		2005	21.91	Bubba Luna (Great Oak)		2010
11.02	Michael Mazur (Vista)		2011	21.92	Rondo Smith (Ramona)		1988
11.03	* Christopher Byers (Roosevelt)		2014	21.93	Mike Lynem (Norco)		2006
11.03	**Anthony Hawkins (Palm Springs)		2015	21.93	Anthony Elam (Roosevelt)		2013
11.04c	Demond Vassar (Rubidoux)	10.8	1991	21.94c	Darrell Willis (Norco)	21.7	1981
11.04c	Larry Wilson (Indio)	10.8	1991	21.94c	Josh Beckwith (Canyon Springs)	21.7	1997
11.04c	Jasper Williams (Rubidoux)	10.8	1993	21.94c	Nick Holcomb (La Sierra)	21.7	2002
11.04c	Jerome Burrell (Palm Springs)	10.8	1994	21.94	Ray Blackburn (Jurupa)		1998
11.04	Justin Martin (Norco)		2013	21.94	Rodney Storrs (Santiago)		2007
11.04	*Ricky Adams (Vista)		2015	21.96	Justin Porter (Vista)		2006
11.04	**Christopher Newman (Roosevelt)		2015	21.96	Dallas Deville (Perris)		2013
				21.97	George McKinley (Arlington)		1980
				21.98	Tyrone Thompson (Perris)		1984
				21.98	Derek Favorite (Centennial)		1993
				21.98	Dejon Wise (Rancho Verde)		2013
20.24	* Michael Norman (Vista)		2015	21.98	Allan Curry (Canyon Springs)		1998
20.76	Bryan Howard (Canyon Springs)		1994	22.00	Dameon Burnham (Roosevelt)		2011
21.04c	Sam Elmore (Banning)	20.9	1995	22.00	Jamal Orme (King)		2014
21.17	Jonathan Williams (Temecula)		2006	22.00	Jordan Lucas (Great Oak)		2014
21.17	Elijah Mitchell (Roosevelt)		2013	22.00	Keith Neal (Poly)		1985
21.21	Isaiah Braden (Moreno Valley)		2011	22.02	Thomas Henry (North)		2007
21.22	*Bernard Quinn (Vista)		2011	22.02	DeShawn Smith (San Jacinto)		2006
21.23	Reggie Wyatt (La Sierra)		2009	22.02	Derek Banks (Rubidoux)		1992
21.24	Ennis Jones (North)		2006	22.03	Eddie Johnson (Arlington)		1997
21.27	*Rodney Storrs (Santiago)		2008	22.03	Matthew Williams (Vista del Lago)		2012
21.29	* Damion Marshall (Great Oak)		2014	22.03	Woodie Leonard (Ramona)		1992
21.30	*Jovonte Slater (Vista)		2010	22.04	Troy McKnight (Canyon Springs)		1991
21.33	Tommy Curry (North)		2008	22.04	Tee Sullivan (Norte Vista)	21.8	2001
21.37	Nevin Gutierrez (North)		2000	22.04c	Chad Jervis (Paloma Valley)	21.8	2004
21.40	Derrick Johnson (Notre Dame)		2000	22.04c	*Christopher Wilcox (Roosevelt)		2015
21.41	Stoney Jordan (Indio)		1993	22.04	Willie Bowen (Twin Pines)		2000
21.41	Kenny Jackson (Elsinore)		2009	22.05	*Kei-Ron Long (Vista)		2012
21.41	*Antonio Mitchell (Vista)		2015	22.07	Lew Dunn (North)		1982
21.44	Greg Thomas (Poly)		1980	22.08	Matt Tyson (Roosevelt)		2012
21.44c	Quincy Huntley (Valley View)	21.2	1996	22.08	**Thomas Graham (Roosevelt)		2015
21.44	Andrew Ewell (Arlington)		2006	22.09	Cavan Bluit (Rancho Verde)		2015
21.51+	John Holbrook (Norte Vista)	21.4y	1967	22.09	Necho Beard (Rancho Verde)		2010
21.51+	Mike Harris (Indio)	21.4y	1974	22.10	Larry Thompson (Ramona)	22.0y	1970
21.53	Davelle Sanders (Roosevelt)		2010	22.11+	Paul Robertson (Rancho Verde)		2009
21.54	Nick McCullom (Perris)		1998	22.11	Matt Maybeno (Hemet)		2002
21.54	*Ennis Jones (La Sierra)		2005	22.12	Anthony Smith (Paloma Valley)		2014
21.57	Nevin Gutierrez (North)		2007	22.12	**Rasaum House (Rancho Verde)		2015
21.57	Gerg Hornsby (Rancho Verde)		2009	22.13	Issac Greer (Elsinore)	21.9	1979
21.58	Chris Massey (Valley View)		1998	22.14c	Tyree Washington (La Sierra)	21.9	1994
21.58	*John Kane (Great Oak)		2012	22.14c	McGill Kyser (Norco)	21.9	1994
21.60	Napoleon Singletary (Roosevelt)		2012	22.14c	Marshall Johnson (Norte Dame)	21.9	1999
21.62	Cedric Riles (Norte Vista)		1986	22.14c	Jeff Henry (Norte Vista)	21.9	2001
21.62	Nick Lee (Cathedral City)		2004	22.14c	Jeff Garrison (North)	21.9	2001
21.64	Sebron Flenaugh (Perris)		1983	22.14c	Willie Smith (Banning)		2004
21.64	**Isaiah Cunningham (Rancho Verde)		2015	22.14	*Bubba Luna (Great Oak)		2009
21.64	**Cole Dubots (Vista)		2015	22.14	Tim Callier (Perris)	22.28y	1987
21.67	Joshua Mitchell (Roosevelt)		2010	22.15+	Curbs Baxter (San Jacinto)		2007
21.69	Jerome Burrell (Palm Springs)		1995	22.15	*Terance Narvaez (Canyon Springs)		2011
21.71	Greg Thomas (Poly)		1981	22.15	Mike Norfolk (Palm Desert)		1995
21.72+	Tom Scott (Palm Springs)	21.6y	1967	22.17	Gerard Glass (Great Oak)		2009
21.73	Ken Moon (Corona)		2004	22.18	Erik Dvoran (Rancho Verde)		2003
21.73	Duke Greer (Corona)		2007	22.19	*Paul Rpbertson (Rancho Verde)		2008
21.74	Richard Sweeney (Perris)	21.5	1989	22.19	Matt Galloway (Elsinore)		2015
21.74	Anthony Daniels (Canyon Springs)		2002	22.19	Michael Mazur (Vista)		2011
21.74	Jesse Ooten (Rancho Verde)		2008	22.21	*Jonathan Warren (Santiago)		2015
21.79	Bryan Williams (Valley View)		2007	22.21			

200 meters

20.24	* Michael Norman (Vista)		2015	21.98	Dejon Wise (Rancho Verde)		2013
20.76	Bryan Howard (Canyon Springs)		1994	22.00	Allan Curry (Canyon Springs)		1998
21.04c	Sam Elmore (Banning)	20.9	1995	22.00	Dameon Burnham (Roosevelt)		2011
21.17	Jonathan Williams (Temecula)		2006	22.00	Jamal Orme (King)		2014
21.17	Elijah Mitchell (Roosevelt)		2013	22.00	Jordan Lucas (Great Oak)		2014
21.21	Isaiah Braden (Moreno Valley)		2011	22.02	Keith Neal (Poly)		1985
21.22	*Bernard Quinn (Vista)		2011	22.02	Thomas Henry (North)		2007
21.23	Reggie Wyatt (La Sierra)		2009	22.02	DeShawn Smith (San Jacinto)		2006
21.24	Ennis Jones (North)		2006	22.03	Derek Banks (Rubidoux)		1992
21.27	*Rodney Storrs (Santiago)		2008	22.03	Eddie Johnson (Arlington)		1997
21.29	* Damion Marshall (Great Oak)		2014	22.03	Matthew Williams (Vista del Lago)		2012
21.30	*Jovonte Slater (Vista)		2010	22.04	Woodie Leonard (Ramona)		1992
21.33	Tommy Curry (North)		2008	22.04	Troy McKnight (Canyon Springs)		1991
21.37	Nevin Gutierrez (North)		2000	22.04c	Tee Sullivan (Norte Vista)	21.8	2001
21.40	Derrick Johnson (Notre Dame)		2000	22.04c	Chad Jervis (Paloma Valley)	21.8	2004
21.41	Stoney Jordan (Indio)		1993	22.04	*Christopher Wilcox (Roosevelt)		2015
21.41	Kenny Jackson (Elsinore)		2009	22.05	Willie Bowen (Twin Pines)		2000
21.41	*Antonio Mitchell (Vista)		2015	22.07	*Kei-Ron Long (Vista)		2012
21.44	Greg Thomas (Poly)		1980	22.08	Lew Dunn (North)		1982
21.44c	Quincy Huntley (Valley View)	21.2	1996	22.08	Matt Tyson (Roosevelt)		2012
21.44	Andrew Ewell (Arlington)		2006	22.09	**Thomas Graham (Roosevelt)		2015
21.51+	John Holbrook (Norte Vista)	21.4y	1967	22.09	Cavan Bluit (Rancho Verde)		2015
21.51+	Mike Harris (Indio)	21.4y	1974	22.10	Necho Beard (Rancho Verde)		2010
21.53	Davelle Sanders (Roosevelt)		2010	22.11+	Larry Thompson (Ramona)	22.0y	1970
21.54	Nick McCullom (Perris)		1998	22.11	Paul Robertson (Rancho Verde)		2009
21.54	*Ennis Jones (La Sierra)		2005	22.12	Matt Maybeno (Hemet)		2002
21.57	Nevin Gutierrez (North)		2007	22.12	Anthony Smith (Paloma Valley)		2014
21.57	Gerg Hornsby (Rancho Verde)		2009	22.13	**Rasaum House (Rancho Verde)		2015
21.58	Chris Massey (Valley View)		1998	22.14c	Issac Greer (Elsinore)	21.9	1979
21.58	*John Kane (Great Oak)		2012	22.14c	Tyree Washington (La Sierra)	21.9	1994
21.60	Napoleon Singletary (Roosevelt)		2012	22.14c	McGill Kyser (Norco)	21.9	1994
21.62	Cedric Riles (Norte Vista)		1986	22.14c	Marshall Johnson (Norte Dame)	21.9	1999
21.62	Nick Lee (Cathedral City)		2004	22.14c	Jeff Henry (Norte Vista)	21.9	2001
21.64	Sebron Flenaugh (Perris)		1983	22.14c	Jeff Garrison (North)	21.9	2001
21.64	**Isaiah Cunningham (Rancho Verde)		2015	22.14	Willie Smith (Banning)		2004
21.64	**Cole Dubots (Vista)		2015	22.14	*Bubba Luna (Great Oak)		2009
21.67	Joshua Mitchell (Roosevelt)		2010	22.15+	Tim Callier (Perris)	22.28y	1987
21.69	Jerome Burrell (Palm Springs)		1995	22.15	Curbs Baxter (San Jacinto)		2007
21.71	Greg Thomas (Poly)		1981	22.15	*Terance Narvaez (Canyon Springs)		2011
21.72+	Tom Scott (Palm Springs)	21.6y	1967	22.17	Mike Norfolk (Palm Desert)		1995
21.73	Ken Moon (Corona)		2004	22.18	Gerard Glass (Great Oak)		2009
21.73	Duke Greer (Corona)		2007	22.19	Erik Dvoran (Rancho Verde)		2003
21.74	Richard Sweeney (Perris)	21.5	1989	22.19	*Paul Rpbertson (Rancho Verde)		2008
21.74	Anthony Daniels (Canyon Springs)		2002	22.19	Matt Galloway (Elsinore)		2015
21.74	Jesse Ooten (Rancho Verde)		2008	22.21	Michael Mazur (Vista)		2011
21.79	Bryan Williams (Valley View)		2007	22.21	*Jonathan Warren (Santiago)		2015

22.23	Jasper Williams (Rubidoux)		1992	21.41	Gerg Hornsby (Rancho Verde)		2009
22.23	Henry Thomas (North)		2006	21.46	*John Kane (Great Oak)		2012
22.24c	LaSalle Hughey (Rubidoux)	22.0	1991	21.46	*Antonio Mitchell (Vista)		2014
22.24c	Marlando Lewis (Hemet)	22.0	1991	21.51	Ennis Jones (La Sierra)		2005
22.24c	Trevor Knox (Temecula Valley)	22.0	2001	21.52	Bryan Williams (Valley View)		2007
22.24c	Alvin Robinson (Valley View)	22.0	2002	21.55	Napoleon Singletary (Roosevelt)		2012
22.24	Theartis Grigsby (Vista)		2012	21.57	Chris Massey (Valley View)		1998
22.24	Chaio Winters (Santiago)		2015	21.60	**Isaiah Cunningham (Ranch Verde)		2015
22.26	Angelo DeWitt (Indio)		1986	21.63	*Terance Narvaez (Canyon Springs)		2011
22.26	Quincy Fleming (Canyon Springs)		1990	21.64c	David Angulo (Cathedral City)	21.4	2002
22.26	*Alex Larson (Linfield)		2013	21.64c	Nate Koch (Temecula)	21.4	2005
22.27	Corey Merrill (Moreno Valley)		1992	21.69	Stoney Jordan (Indio)		1992
22.28	Marcus Love (Lakeside)		2013	21.73	Anthony Daniels (Canyon Springs)		2002
22.32	Jeff Skaylsky (Temecula)		1992	21.74c	Ronald Howard (North)	21.5	2002
22.32	John Crain (Moreno Valley)		2010	21.74c	Ray Bass (Centennial)	21.5	2002
22.32	Terance Narvaez (Canyon Springs)		2012	21.77	Mickey Grimes (Moreno Valley)		1994
22.32	Carlos Orozco (Corona)		2013	21.77	Matthew Williams (Vista del Lago)		2012
22.33	Bobby Nava (Perris)		1988	21.77	**Thomas Graham (Roosevelt)		2015
22.33	Duncan Boyd (Moreno Valley)		1989	21.81	Deontae Cooper (Citrus Hill)		2009
22.33	William League (Rancho Verde)		1993	21.83	Dameon Burham (Roosevelt)		2011
22.33	Sean Burd (Great Oak)		2011	21.84	David Williams (Elsinore)		2009
22.33	**Roshard Williams (Roosevelt)		2015	21.89	Dallas Deville (Perris)		2013
22.34c	Marc Chrison (Temecula)	22.1	1990	21.95	Tommy Curry (North)		2007
22.34c	Tony Davis (Corona)	22.1	1999	21.95	*Lorenzo Burns (Linfield)		2015
22.34c	Steve Angulo (Cathedral City)	22.1	2002	21.95	Pierre Harris (San Jacinto)		2015
22.34	Melvin Johnson (Valley View)		2001	21.96	**Xavion Steele (Tahquitz)		2015
22.34c	Chris Whitlock (Valley View)	22.1	2001	21.97	DeShawn Smith (San Jacinto)		2006
22.34c	Damon Morton (North)	22.1	2002	21.99	*Chrisitopher Wilcox (Roosevelt)		2015
22.34c	Matt Padilla (Arlington)	22.1	2002	22.02	*Theartis Grigsby (Vista)		2011
22.34c	Michael Moore (Canyon Springs)	22.1	2004	22.05	*Tyler Brown (La Quinta)		2011
22.35	Nathan Charlton (Rubidoux)		2000	22.07	Matt Tyson (Roosevelt)		2012
22.35	Chase Aaronson (Palm Springs)		2007	22.07	Matt Galloway (Elsinore)		2015
22.35	*Necho Beard (Rancho Verde)		2009	22.08	*Bubba Luna (Great Oak)		2009
22.35	*Larry Scott (Centennial)		2010	22.08	Marcus Love (Lakeside)		2013
22.35	*Cameron Snowden (Poly)		2013	22.10	Paul Robertson (Rancho Verde)		2009
22.36	Khurtis Henry (Murrieta)		2009	22.11	Nephi Garcia (Palm Springs)		2011
22.36	Anthony Goodwin (Great Oak)		2010	22.14c	McGill Kyser (Norco)	21.9	1994
22.37	*Troy Cannon (Poly)		2010	22.14	Willie Smith (Banning)		2004
22.37	**Xavion Steele (Tahquitz)		2015	22.17	Richard Marvray (Centennial)		2009
22.38	Tyree Sullivan (Norte Vista)		1999	22.17	*Jonathan Warren (Santiago)		2015
22.38	Tyler Slavin (Roosevelt)		2010	22.18	*Joel Hotchkins (Chaparral)		2008
22.38	Wyatt Staggers (Lakeside)		2013	22.18	Ramon Marshall (Rancho Verde)		2009
22.38	Erick Ramos (Hemet)		2015	22.19	Keith Welfer (West Valley)		2011
22.41	Keith Bullard (Canyon Springs)		1991	22.20	Marquise Cox (North)		2008
22.41	David Monay Cathedral City		2007	22.20	Garrette Biggers (North)		2011
22.41	Cedric Foster (North)		2007	22.21	Nick Mixon (Vista)		2007
22.41	*Ryan Wade (Mesa)		2015	22.24c	Justin Porter (Vista)	22.0	2005
22.42	Deondrae Brooks (Vista)		2013	22.24	*Larry Scott (Centennial)		2010
22.43	David Biggs (Rancho Verde)		2006	22.25	Gerry Lewis (Corona)		2012
22.44c	Arnold Maier (Palm Springs)	22.2	1981	22.26	Brandon Langford (Beaumont)		2009
22.44c	Mike Ails (Moreno Valley)	22.2	1990	22.26	Dejon Wise (Rancho Verde)		2013
22.44c	Kevin Dorsey (Palm Springs)	22.2	1991	22.27	*David Williams (Elsinore)		2008
22.44c	Robert Murray (Indio)	22.2	1995	22.27	Tyler Slavin (Roosevelt)		2010
22.44c	Jason Dandridge (Valley View)	22.2	1995	22.27	**Roshard Williams (Roosevelt)		2015
22.44c	Damian Barton (Centennial)	22.2	1996	22.27	*Ryan Wade (Mesa)		2015
22.44c	Walker (Perris)	22.2	1996	22.28	Norman Boyd (La Sierra)		2008
22.44c	Raheem Lambert (Norte Vista)	22.2	1997	22.30	Garrett Biggers (North)		2012
22.44c	Waymond Fermon (Indio)	22.2	1997	22.30	**Anthony Easte (Roosevelt)		2015
22.44	Mel Green (Rancho Verde)		1998	22.31	Dre McIntosh (Great Oak)		2013
22.44c	Nathan Irvin (Poly)	22.2	1999	22.31	Ronald Gaither (Moreno Valley)		2014
22.44c	Donny Thompson (Canyon Springs)	22.2	2004	22.31	*Javon McKinley (Centennial)		2015
22.44	*Christopher Byers (Roosevelt)		2014	22.32	*Connor Edwards (Chaparral)		2015
22.44	**James Nool (Great Oak)			22.33	*Christopher Byers (Roosevelt)		2014
				22.34c	Patrice Houston (Indio)	22.1	1991
				22.34c	Michael Moore (Canyon Springs)	22.1	2004
				22.34c	James Carter (Canyon Springs)	22.1	2005
				22.34c	Seon Tenney (Rancho Verde)	22.1	2005
				22.34c	Andrew Jacobson (Vista del Lago)	22.1	2005
Wind-Aided:							
20.39	*Michael Norman (Vista)		2015	22.34c			
21.06	Rodney Storrs (Santiago)		2009	22.34c			
21.11	*Jovonte Slater (Vista)		2010	22.34c			
21.13	Marshall Johnson (Notre Dame)		1999				
21.13	Bryan Adams (Roosevelt)		2009				
21.19	Ennis Jones (North)		2006				
21.19	**Cole Dubots (Vista)		2015				
21.21	Reggie Wyatt (La Sierra)		2009				
21.22	Kenny Jackson (Elsinore)		2009				
21.39	Nevin Gutierrez (North)		2007				

210 yards

21.3 Don Lebow (North)

220 yards (Straight)

20.8 John James (Penis)
 20.9 Jerry McCullough (Poly)
 20.9 Tom Scott (Palm Springs)
 21.0 Garry Crystal (Coachella)
 21.1 John Holbrook (Norte Vista)
 21.1 Leevan Roberts (North)
 21.3 Marshall Anderson (Poly)
 21.3 Joe Williamson (Poly)
 21.4 Bob Skiver (Poly)
 21.5 Jerry Varnell (Poly)
 21.5 Dick Stone (Poly)

400 meters

45.19 *Michael Norman (Vista)
 46.13 Reggie Wyatt (La Sierra)
 46.34 Tyree Washington (La Sierra)
 46.79 Nevin Gutierrez (North)
 46.87 **Reggie Wyatt (North)
 47.47 Derrick Johnson (Notre Dame)
 47.52 Ken Moon (Corona)
 47.56 Darrell Willis (Norco)
 47.59 *Bernard Quinn (Vista)
 47.60 Ennis Jones La Sierra)
 47.77 Anthony Daniels (Canon Springs)
 47.93 LaSalle Hughey (Rubidoux)
 47.95 Bryan Adams (Roosevelt)
 47.99 Sean Burd (Great Oak)
 48.01 Derek Johnson (Notre Dame)
 48.04 Ennis Jones (North)
 48.06+ Chris Harper (Arlington) 48.2y
 48.06 Paul Robertson (Rancho Verde)
 48.06 Tyler Brown (La Quinta)
 48.18 Terence Naraez (Canyon Springs)
 48.18 Deondrae Brooks (Vista)
 48.21 Derek Favorite (Centennial)
 48.22 C.J. Reed (Poly)
 48.29 *Chris Wilcox (Roosevelt)
 48.31 Justin Porter (Vista)
 48.32 **Tyler Brown (La Quinta)
 48.33 Jason Campbell (North)
 48.38 David Angulo (Cathedral City)
 48.41 Nick Mc Cullom (Perris)
 48.41 Matthew Williams (Vista del Lago)
 48.44 Bryan Howard (Canyon Springs)
 48.44 Chris Massey (Valley View)
 48.44c Rex Butler (West Valley) 48.3
 48.48 Jared Lewis (Poly)
 48.48 *Justin Porter (Vista)
 48.53 *Damion Marshall (Great Oak)
 48.56+ Bruce Kitchen (Poly) 48.7y
 48.60 Immanuel Hutchinson (San Jacinto)
 48.61 Kenneth Anderson (Roosevelt)
 48.65 *Jovonte Slater (Vista)
 48.65 *Connor Edwards (Chaparral)
 48.66+ Art Gilmore (Poly) 48.8y
 48.69 Matt Tyson (Roosevelt)
 48.69 Winston Sterling (Valley View)
 48.70 Chauncey Young (North)
 48.70 Claudell Walter (North)
 48.75+ Dan Gormley (Ramona) 48.9y
 48.77 *Brett Moulton (Santiago)
 48.80 David Williams (Elsinore)
 48.80 **Anthony Reyes (Elsinore)
 48.81 Lew Dunn (North)
 48.83 Thomas Long (Corona)
 48.85+ Roger Aldridge (North) 49.0y
 48.85+ Larry Dean (Moreno Valley) 49.14y
 48.89 Garrett Biggers (North)

48.90 Bubba Luna (Great Oak) 2010
 48.92 Mike Lyles (Rancho Verde) 2013
 48.93 Louis Amestoy (Banning) 1989
 48.93 Marshall Johnson (Notre Dame) 1999
 48.96 **Isaiah Cunningham (Rancho Verde) 2015
 48.99 Brandon Ruffin (Santiago) 2011
 1964 49.02 Derrick Jackson (Moreno Valley) 2010
 1957 49.04 Marcus Graham (North) 2001
 1966 49.05+ Greg Thomas (Poly) 49.2y 1980
 1959 49.05+ Dick Stone (Poly) 49.2y 1965
 1967 49.05 Ruben Danielson (Rancho Verde) 2010
 1968 49.06 Oliver Brown (Palm Springs) 1988
 1953 49.10 Bobby Nava (Perris) 1988
 1961 49.11 Jabin Sambrano (Great Oak) 2008
 1939 49.12 Richard Lay (Norte Vista) 1987
 1955 49.14c Keith Neal (Poly) 49.0 1984
 1966 49.14c Angello DeWitt (Indio) 49.0 1986
 49.14c Avionne James (Perris) 49.0 2002
 49.14 *Willie Contreras (North) 2010
 49.15+ Kenny Simmons (Moreno Valley) 49.3y 1977
 2015 49.15 *Evan Tyler (Roosevelt) 2014
 2009 49.18 Carly Bledsoe (Banning) 2001
 1995 49.18 *Josh Mitchell (Roosevelt) 2009
 2006 49.22 Eddie Johnson (Arlington) 1997
 2007 49.24c Troy Collins (Hemet) 49.1 1989
 2000 49.24c Tristan Taylor (King) 49.1 2004
 2004 49.25+ John Davis (Ramona) 49.4y 1965
 1981 49.25+ Field (Indio) 49.4y 1972
 2011 49.25 *Maxx Mills (Great Oak) 2008
 2005 49.25 Kenny Brown (Poly) 2010
 2002 49.27 Tyler Slavin (Roosevelt) 2010
 1991 49.29 Dante Reese (Canyon Springs) 1994
 2009 49.29 Curtis Baxter (San Jacinto) 2007
 2011 49.33 Jamal James (Jurupa Valley) 1998
 1999 49.33 Scott Eden (Temescal) 1999
 2006 49.33 Edgar Ramirez (Coachella Valley) 2015
 1980 49.35c Jerry Vernell (Poly) 49.5y 1955
 2009 49.35 Jesse Ooten (Rancho Verde) 2007
 2012 49.38 David Tones (La Quinta) 1999
 2012 49.40 DeAndre Thornton (Arlington) 2014
 2013 49.41 Ramon Marshall (Rancho Verde) 2009
 1993 49.42 Metters (Ramona) 49.5y 1969
 1996 49.42 Chuck Whitehead (Elsinore) 1989
 2015 49.42 Dane Hurd (Rancho Verde) 2006
 2006 49.44c Arnold Maier (Palm Springs) 49.3 1981
 2010 49.44c Danny Harris (Perris) 49.3 1983
 1993 49.44c Aaron Westbrook (North) 49.3 2007
 2002 49.47 Kevin Gueste (Moreno Valley) 1991
 1998 49.48 Riley Warren (Rubidoux) 1992
 2012 49.56 Maxx Mills (Great Oak) 2009
 1994 49.58 Derek Banks (Rubidoux) 1992
 1999 49.58 *Kyle Garner (Vista) 2012
 2001 49.58 Travis Thomas (King) 2013
 1995 49.60 **Thomas Graham (Roosevelt) 2015
 2005 49.61 *Jarett Carter (Heritage) 2014
 2014 49.64 *Solomon Ponomarev (Lakeside) 2014
 1954 49.65+ Alexander (Corona) 49.8y 1969
 2011 49.65+ Bob Gates (Banning) 49.8y 1986
 2010 49.65 Jason Carodine (Moreno Valley) 1999
 2010 49.67 Frank Fleming (Perris) 1995
 2015 49.67 Jarrett Carter (Heritage) 2015
 1956 49.69 Nat Tucker (Corona) 1983
 2012 49.71 Nate Koch (Temecula) 2005
 2012 49.74c Charles Denton (West Valley) 49.6 2005
 1997 49.74 Max Mills (Great Oak) 2007
 1999 49.75+ Don Lebow (North) 49.9y 1970
 1964 49.79 *Tyler Slavin (Roosevelt) 2009
 2012 49.80 Michael Lyles (Rancho Verde) 2013
 2009 49.81 Robbie Edwards (Hemet) 1990
 2015 49.81 Evan White (Great Oak) 2013
 1982 49.81 Bakari Fant (Rancho Verde) 2008
 1994 49.82 Anthony Spencer (Vista del Lago) 2006
 1967 49.81 Caleb Miller (Canyon Springs) 2010
 1978 49.82 *Dre McIntosh (Great Oak) 2012
 2012 49.82 Leran Hutchings (Roosevelt) 2011

49.83	Randy Bishop (Canyon Springs)		1993	50.36	*Joe Quinonez (Elsinore)		2010
49.83	Jose Cancholla (Indio)		1999	50.36	*Mohsin Sabuin (King)		2015
49.84c	Nick McCulloch (Perris)	49.7	1998	50.37	Andre Bernard-Joseph (Roosevelt)		2015
49.84	*** Anthony Reyes (Elsinore)		2014	50.39	Will Jerkins (Rancho Verde)		2006
49.85+	Willis Jones (Poly)	50.0y	1955	50.39	*Arnie Quintanilla (Valley View)		2015
49.86	*Caleb Miller (Canyon Springs)		2009	50.40	Marvin Epps (King)		2010
49.90	Brian Coan (Poly)		2006	50.44c	Jeremiah Willies (Perris)	50.3	2002
49.90	Willie Contreras (North)		2011	50.44c	Sterling Winston (Valley View)	50.3	2011
49.93	Andy Woods (North)		1983	50.45	Jose Hernandez (Norte Vista)		1993
49.93	Kenny Anderson (Roosevelt)		2010	50.46	Rashad Bracy (Arlington)		1998
49.95+	Danny Frey (Corona)	50.1y	1954	50.46	Rendall Jacob (Vista)		2008
49.95+	Daniel (Hemet)	50.1y	1976	50.47	Jermaine Johnson (San Jacinto)		1996
49.95+	Austin (Perris)	50.1y	1979	50.48	Patrick Daniels (Paloma Valley)		2008
49.96	Dante Holland (North)		2008	50.49	Joey Delgado (Coachella Valley)		2003
49.96	Lazaro Marin (Roosevelt)		2015	50.52	Greg Hollingsworth (Temecula)		2001
49.99	Alex Barwinski (Canyon Springs)		1999	50.53	Alberto Zatarain (Palm Springs)		2007
49.99	Allen Young (Temescal)		2006	50.53	Steve Norton (La Sierra)		2008
50.00	* A'Mari Howland (Canyon Springs)		2014	50.51	Isaiah Thomas (Indio)		2014
50.01	James Rodriguez (Palm Springs)		2014	50.54c	Kenny Johnson (Canyon Springs)	50.4	1990
50.01+	Johnson (Palo Verde)	50.30y	1978	50.54c	Matt Stanford (Poly)	50.4	2002
50.02+	Coleman (Palm Springs)	50.2y	1976	50.54	Chris Taylor (Perris)		2006
50.02	Mark Krause (Nome Dame)		1981	50.54	Paul Robertson (Rancho Verde)		2007
50.04c	Walker (Ramona)	49.9	1970				
50.04c	Derek Gordon (Canyon Springs)	49.9	1991				
50.04	Quentin Galloway (JW North)		2014				
50.04	**Anthony Easter (Roosevelt)		2015				
50.05+	Tony DeWitt (Indio)	50.2y	1984	1:48.56	Immanuel Hutchinson (San Jacinto)		2011
50.05	* Kevin Hatchet (Great Oak)		2014	1:51.44	*Isaac Cortes (Great Oak)		2015
50.05+	Fair (Corona)	50.2y	1978	1:51.51	**Brett Moulton (Santiago)		2011
50.06	Jordan Randolph (Valley View)		2014	1:51.56	* Jeremiah Bias (Vista del Lago)		2014
50.07	Bryan Phan (Mesa)		2015	1:51.59	Ruben Danielson (Rancho Verde)		2010
50.08	Eric Green (Norco)		1991	1:51.76	Isaiah Thompson (Sherman Indian)		2013
50.09	Josh Potter (Murrieta)		2009	1:51.78	Kevin Gonzalez (Vista)		2012
50.10	Erick Ramos (Hemet)		2015	1:51.81	*Ray Noble (Valley View)		2010
50.12	*Justin Martinez (Rancho Verde)		2012	1:51.83	Robert Frichtel (Hemet)		1996
50.13	Jayson Boyd (North)		2001	1:51.87	*Emmanuel Ngula (Vista del Lago)		2008
50.13	Joel Casillas (Rancho Verde)		2007	1:51.95	Cobie Chavez (Temescal Canyon)		2015
50.15+	John Laster (Palm Springs)	50.3y	1955	1:52.12	Omar Solis (Vista)		2013
50.15+	Gary Smith (Hemet)	50.3y	1965	1:52.47	Edgar Cobian (La Sierra)		2012
50.15+	Richard Grout (North)	50.3y	1972	1:52.53	Troy Collins (Hemet)		1989
50.15	Xavier Thomas (Indio)		2012	1:52.63	Nathan Torres (King)		2013
50.16	Mike Howe (North)		1981	1:52.7+	Elmore Ohly (Coachella)	1:53.4y	1962
50.16	Cavan Bluit (Rancho Verde)		2015	1:52.71	Porter Reddish (Vista)		2013
50.16	Xavion Steele (Tahquitz)		2015	1:52.77	**Edgar Cobian (La Sierra)		2010
50.17	Chaio Winters (Santiago)		2015	1:52.8	Jesse Cota (Coachella)		1980
50.17	Jeremiah Bias (Vista del Lago)		2015	1:52.82	Josh Silva (Corona)		2015
50.19	Ahmed El-Daggeg (Beaumont)		2002	1:53.10	*Steve Norton (La Sierra)		2007
50.20	CJ Walsh (Vista)		2013	1:53.2+	David Edds (Banning)	1:53.9y	1976
50.21	Tyler MacDonald (Beaumont)		2010	1:53.22	Michael Hewitt (Great Oak)		2012
50.21	Luke Cunningham (Woodcrest Christian)		2011	1:53.28	Ian Ritchie (Murrieta)		2003
50.22	Justin Martinez (Rancho Verde)		2013	1:53.33	Raul Arcos (Corona)		2008
50.22	* Christopher Byers (Roosevelt)		2014	1:53.38	Raul Serratos (Moreno Valley)		1986
50.24c	Shawn Casteel (Rubidoux)	50.1	1991	1:53.42	Dontell Holland (North)		2009
50.24c	Joel Casillas (Rancho Verde)	50.1	2008	1:53.43	*Nelson Quintana (Great Oak)		2015
50.24	Pierre Harris (San Jacinto)		2015	1:53.62	Clint Coon (Hemet)		1997
50.25+	Johnny James (Perris)	50.4y	1964	1:53.7+	Wayne Lemmons (Poly)	1:54.4y	1956
50.25+	Daniel (Hemet)	50.4y	1975	1:53.98	Brandon Shaw (Rancho Verde)		1999
50.25+	Wilcox (Penis)	50.4y	1980	1:54.0+	Monty Felix (Poly)	1:54.7y	1966
50.27	Kephyan Sheppard (Palm Springs)		1996	1:54.08	Joel Cota (Indio)		2003
50.27	Jacob Roth (Santiago)		2004	1:54.39	Aaron Potts (Roosevelt)		2012
50.27	Bernard Quinn (Vista)		2012	1:54.45	Christian Rojas (Canyon Springs)		2004
50.28	Jason Watkins (Arlington)		1995	1:54.66	Mike O'Boyle (Hemet)		1986
50.28	Dino Sloan (La Sierra)		2010	1:54.68	Dylan Knight (La Sierra)		2006
50.29	Aaron Anderson (North)		1989	1:54.75	Doug Frichtel (Hemet)		1995
50.29	Joe Kaylor (Paloma Valley)		2009	1:54.89	*Caleb Potts (Roosevelt)		2009
50.29	*Alex Larson (Linfield)		2013	1:54.9+	Larry Dean (Moreno Valley)	1:55.6y	1978
50.32	Erik Dvoran (Rancho Verde)		2003	1:55.07	Ricardo Villalobos (Ramona)		1995
50.32	Talmadge Jackson (Temecula)		2006	1:55.09	David Branch (Woodcrest Christian)		2007
50.32	Anthony Ceja (Perris)		2012	1:55.1+	Mark Fricker (Hemet)	1:55.8y	1978
50.33	Charles Ntekim (Murrieta)		2003	1:55.11	Alex Aguilar (Norte Vista)		1991
50.34	Jeremy Marino (Great Oak)		2012	1:55.24	* Nick Doan (Great Oak)		2014
50.35+	Miller (Palm Springs)	50.5y	1965	1:55.36	Ryan R Tienke (Poly)		2006
50.35+	Watson (Palo Verde)	50.5y	1973	1:55.44	David Ramirez (Rubidoux)		1991
50.35+	Conterras (Coachella)	50.5y	1973	1:55.5+	John Burns (Ramona)	1:56.2y	1965
50.36	Talmadge Jackson (Chaparral)		2005	1:55.51	Kellen Acosta (Murrieta)		2003
				1:55.54	Eric Larios (Corona)		2006

800 Meters

1:55.54	Abner Salvador (Great Oak)		2014	1:57.77	Noe Ramirez (Vista)		2009
1:55.55	*Andrew Boebinger (King)		2015	1:57.77	*Freddy Martinez (Perris)		2015
1:55.61	Scott Gardner (Arlington)		1984	1:57.78	Nick Skillern (Palm springs)		2011
1:55.63	*Spencer Dodds (Great Oak)		2015	1:57.81	*James Williams (Vista del Lago)		2013
1:55.66	Carlos Facio (Corona)		1995	1:57.8+	Barron (Coachella)	1:58.5y	1973
1:55.70	Juan Saucedo (North)		1998	1:57.82	Tony Jones (North)		1985
1:55.74	Scott Breithaupt (Murrieta)		2003	1:57.85	Steve Gladwell (Norco)		1990
1:55.78	Tyler Owen (Vista)		2009	1:57.87	Cliff Curtis (Elsinore)		1991
1:55.81	Juan Canchola (Indio)		1999	1:57.87	*Danny Aquino (Mesa)		2013
1:55.89	Fernando Cerda (Corona)		2010	1:57.87	Andrew Boebinger (King)		2014
1:56.00	Abel Tijerina (Indio)		2011	1:57.90	Stehen Foster (Poly)		2005
1:56.05	Andy Perezchica (Cathedral)		2003	1:57.93	Brandon Kerr (Canyon Springs)		1989
1:56.14	Jeff Green (Temecula)		2000	1:57.97	Alex Cisneros (Poly)		2012
1:56.16	*Garrett Mullennix (Vista)		2013	1:57.99	Drew Dalton (Vista)		2010
1:56.18	Junior Rodriguez (Rancho Verde)		2003	1:58.0	Anthony Adamucci (Temecula)		2002
1:56.25	Angel Sigeti (Murrieta)		2008	1:58.02	Aurelio Roman (Temecula)		1994
1:56.28	David Haskell (Elsinore)		1989	1:58.03	Oscar Pallido (Perris)		2003
1:56.28	Bennett Harris (Chaparral)		2011	1:58.09	Parker Schamun (Vista)		2010
1:56.29	Josh Mejia (Perris)		2005	1:58.10	*Chase Williams (Corona)		2009
1:56.3+	LeRoy Weed (Coachella)	1:57.0y	1938	1:58.11	Benard Njuki (Roosevelt)		2011
1:56.30	Irving Moreno (Poly)		1998	1:58.16	Supervoid Mack (Citrus Hill)		2012
1:56.34	Joseph Jauregui (Valley View)		2012	1:58.18	*** Solomon Fountain (Great Oak)		2014
1:56.37	Carlos Cota (Indio)		1981	1:58.18	Brandon Randall (Roosevelt)		2015
1:56.4+	Jeffredo (Coachella)	1:57.1y	1977	1:58.21	Dylan Owen (Vista)		2015
1:56.41	Frank Lemus (Coachella)		1992	1:58.25	Chris Malloy (Vista)		2015
1:56.43	Spencer Knight (La Sierra)		2007	1:58.29	*Jason Spatter (Corona)		2015
1:56.44	Carlos Duran (Vista)		2009	1:58.32	Kevin Norton (Norte Vista)		2003
1:56.55	John Baldaray (Arlington)		1997	1:58.33	Jared Drinkard (La Sierra)		2009
1:56.55	Jeremiah Bias (Vista del Lago)		2015	1:58.35	*Tyler Janes (King)		2015
1:56.57	*David Spangler (Hemet)		2011	1:58.37	*Stefon Young (Palm Springs)		2009
1:56.66	Thomas Polhill (Temecula)		2006	1:58.37	Evan Renck (Poly)		2014
1:56.67	Brian Harris (Murrieta)		2004	1:58.38	Brandon Joseph (Poly)		2015
1:56.68	Tyler MacDonald (Beaumont)		2010	1:58.4	Rick Hormel (Hemet)		1986
1:56.70	Tyler Rackleff (Great Oak)		2010	1:58.41	Zach Selgado (Chaparral)		2004
1:56.73	Dustin Russell (Temecula)		2002	1:58.42	Ian Ritchie (Murrieta Valley)		2002
1:56.80	Chris Gonzalez (Perris)		1981	1:58.47	Jimmy Gauger (Corona)		2012
1:56.9	Marco Zaragoza (Vista del Lago)		2011	1:58.47	* Austin Chavez (Palm Springs)		2014
1:56.91	Matt Kern (La Sierra)		2002	1:58.50	Stephan May Great Oak)		2007
1:56.91	Nelson Maravilla (Desert Hot Springs)		2004	1:58.50	Allen McBride (Arlington)		2008
1:56.92	James Hawkins (Palm Desert)		2006	1:58.51	John Nelson (Arlington)		1984
1:56.97	*David Luna (Indio)		2013	1:58.51	Andrew Ramirez (Corona)		2014
1:56.98	Alex Orozco (La Quinta)		2013	1:58.55	Stephen Foster (Poly)		2004
1:57.0+	Sinclair (Perris)	1:57.7y	1935	1:58.56	Willie Contreras (North)		2011
1:57.01	Carlos Ortega (Vista)		2007	1:58.57	Geron Craig (Corona)		2005
1:57.03	Jovani Hernandez (Canyon Springs)		2010	1:58.57	Matt Smith (Vista)		2013
1:57.15	Solomon Demeko-Ousman (Heritage)		2014	1:58.58	*Kyle Warrick (Roosevelt)		2012
1:57.17	Erick Juarez (Norte Vista)		2015	1:58.58	** Carlos Moya (Roosevelt)		2014
1:57.19	Brad Baldwin (Centennial)		1998	1:58.60	Justin Miller Centennial)		1997
1:57.22	Austin Mckell (King)		2010	1:58.60	Blake Dieda (Murrieta Valley)		2005
1:57.23	Nick Childers (Great Oak)		2009	1:58.6+	Leon Gilmore (Poly)	1:59.3y	1954
1:57.24	Andre Brown (Canyon Springs)		2002	1:58.61	Bryan Covington (Great Oak)		2007
1:57.29	Danny Guy (La Sierra)		2002	1:58.63	Jesse Brooks (Woodcrest Chr)		2010
1:57.3+	Richard Grout (North)	1:58.0y	1972	1:58.65	Danny Guy (La Sierra)		2003
1:57.3+	Escarsega (Perris)	1:58.0y	1979	1:58.66	Segos Manyo (Indio)		2003
1:57.32	Kevin Vega (San Jacinto)		2011	1:58.7+	Stoud (Perris)	1:59.4y	1920
1:57.33	Ryan Rigali (Great Oak)		2010	1:58.7	Erik Gilbert (Norte Vista)		1994
1:57.34	**Julian Robles (Roosevelt)		2015	1:58.73	Heladio Sanchez (Paloma Valley)		2002
1:57.35	Brett Campfield (Temecula)		2004				
1:57.39	Armando Lerma (Indio)		1993				
1:57.4+	Peyton (Beaumont)	1:58.1y	1973				
1:57.4+	M. Lewis (Perris)	1:58.1y	1974				
1:57.40	Jose Rodriguez (Rancho Verde)		2002	3:50.6	Mark Fricker (Hemet)		1977
1:57.40	Trevor Smith (Arlington)		2008	3:52.89	Raul Serratos (Moreno Valley)		1986
1:57.46	Julian Hernandez (Corona)		2012	3:56.09	Robert Frichtel (Hemet)		1996
1:57.51	*Carlos Ortega (Vista)		2008	3:57.29	Joel Cota (Indio)		2003
1:57.57	Brandon Berz (King)		2013	3:59.0'	Cruz Gallegos (Centennial)		1992
1:57.6	Tony Croson (Temescal)		2000	4:00.4	Alex Zamora (Coachella)		1989
1:57.69	**Branden Randall (Roosevelt)		2013	4:01.29	Irvin Moreno (Poly)		1997
1:57.7+	J. Cooke (Corona)	1:58.4y	1966	4:01.71	Jerry Toussaint (Norco)		1985
1:57.71	Tim Lumpkin (Murrieta Valley)		1998	4:02.36	Alfonso Ibane (Arlington)		1996
1:57.71	Matt Gluck (Murrieta Valley)		1999				
1:57.72	Stefon Young (Palm Springs)		2010				
1:57.72	Jonathan Lopez (Roosevelt)		2009				
1:57.76	*Casey Cruz (La Quinta)		2015				
1:57.77	Chris Layman (Corona)		2000				

1600 meters

4:06.4+	Mark Fricker (Hemet)		4:21.98	David Luna (Indio)	2014
4:06.48	*Isaac Cortes (Great Oak)	4:07.9y	4:22.05	** Robbie Gleason (Great Oak)	2014
4:07.50+	Raul Arcos (Corona)		4:22.19	Michael Munoz (Murrieta Valley)	2005
4:09.31	*Spencer Dodds (Great Oak)	4:08.94y	4:22.29	Rondie Gibbs (Rubidoux)	1994
4:09.58	Spencer Knight (La Sierra)		4:22.34	Troy Collins (Hemet)	1989
4:09.61	*Cole Spencer (Great Oak)		4:22.43	* Austin Chavez (Palm Springs)	2014
4:09.88	Dylan Knight (La Sierra)		4:22.54	Evan Dougherty (La Quinta)	2012
4:10.32	Robert Frichtel (Hemet)		4:22.59	Chris Sanchez (Indio)	2010
4:10.63	Karson Fronk (Great Oak)		4:22.7	James Pendergraph (Norte Vista)	1991
4:10.71	*Tyler Janes (Great Oak)		4:22.76	Robert Frost (Hemet)	1996
4:11.41	Raul Serratos (Moreno Valley)		4:22.76	Hector Hernandez (Canyon Springs)	2014
4:11.45	* Nicholas Doan (Great Oak)		4:22.77	*Tyler Huntley (North)	2010
4:11.57	Nick Woolf (Roosevelt)		4:22.81	*Garrett Mullennix (Vista)	2013
4:11.91	*David Luna (Indio)		4:22.93	Carlos Ramirez (King)	2015
4:11.93+	Lane Werley (King)	4:13.41y	4:22.96	Troy Nelson (La Sierra)	1985
4:12.77	Porter Reddish (Vista)		4:23.01	Noah Macias (Cathedral City)	2015
4:13.18	Aaron Potts (Roosevelt)		4:23.09	*Aaron Potts (Roosevelt)	2011
4:13.43	Kyle Warrick (Roosevelt)		4:23.20	Marcos Avila (Beaumont)	1997
4:13.6+	Larry Conard (Corona)	4:15.1y	4:23.22	Clayton Dunn (Moreno Valley)	2002
4:13.98	Brett Campfield (Temecula)		4:23.23+	*Julian Hernandez (Corona)	4:24.77y
4:14.50	Joel Cota (Indio)		4:23.26	Trevor Henson (Paloma Valley)	2011
4:14.70	Cruz Gallegos (Centennial)		4:23.30	Willy Carillo (Moreno Valley)	1992
4:14.73	Brandon Messerly (Great Oak)		4:23.38	*Juan Ambriz (JW North)	2015
4:14.78	* Cobie Chavez (Temescal)		4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y
4:15.44	Noe Ramirez (Vista)		4:23.45	*Nelson Quintana (Great Oak)	2015
4:15.55	Victor Delgado (Beaumont)		4:23.48	Alex Lopez (Great Oak)	2013
4:15.88+	Matt Kern (La Sierra)	4:17.36y	4:23.6	Marco Ocequera (Rubidoux)	1989
4:16.18	Drew Dalton (Vista)		4:23.77	David McDonald (Vista)	2008
4:16.37+	Emmanuel Ngula (Vista del Lago)	4:17.86y	4:23.88	Alan Cuevas (Corona)	2010
4:17.07	Steve Norton (La Sierra)		4:23.96	*Zachary Castor (Paloma Valley)	2013
4:17.20	Alfonso Ibarra (Arlington)		4:23.99	Chase Williams (Corona)	2009
4:17.43	Kellen Acosta (Murrieta)		4:24.00	Ryan Gallagher (Temecula)	1997
4:17.94	Jake Jeanson (Woodcrest Christian)		4:24.0	Robert Garcia (Canyon Springs)	1989
4:18.01	*Nathan Torres (King)		4:24.2+	Wayne Lemmons (Poly)	4:25.7y
4:18.14	Edgar Cobian (La Sierra)		4:24.26	Zach Marx (Santiago)	2006
4:18.35	Brandon Randell (Roosevelt)		4:24.27	Owen Tyler (Vista)	2008
4:18.49	*Michael Gauger (Corona)		4:24.41	* Gilbert Robles (Corona)	2014
4:18.83	Isaiah Thompson (Sherman Indian)		4:24.50	*AJ Hutchinson (Canyon Springs)	2001
4:18.67	Josh Mejia (Perris)		4:24.53	Connor Pastoor (Murneta Valley)	2007
4:18.8	Marco Zaragoza (Vista del Lago)		4:24.70	**Omar Caro (Norte Vista)	2011
4:18.9+	Mike Melendez (Norco)	4:20.4y	4:24.76	Kevin Vega (San Jacinto)	2010
4:18.99	Irvin Moreno (Poly)		4:24.79	Ian Enriquez (Corona)	1994
4:19.02	Jerry Toussaint (Norco)		4:24.92	Jonathan Carrillo (Shadow Hills)	2012
4:19.06	Chris Malloy (Vista)		4:25.01	Jose Blanco Canyon Springs)	2006
4:19.13	Chris Layman (Corona)		4:25.04	Cliff Curtis (Elsinore)	1992
4:19.33	Chase Welch (Vista)		4:25.04	Beto Larias (Beaumont)	2003
4:19.81	Alex Zamora (Coachella)		4:25.12	Angel Guerrero (Rancho Verde)	2002
4:19.81	Matt Brown (Corona)		4:25.18	Jared Forte (Elsinore)	2011
4:19.87	*Mario Salazar (Indio)		4:25.2	Rick Hormel (Hemet)	1986
4:20.07	*Omar Solis (Vista)		4:25.23	Tanner Long (Mesa)	2013
4:20.19	Tyler Huntley (North)		4:25.26	Immanuel Hutchinson (San Jacinto)	2011
4:20.40	*Ray Noble (Valley View)		4:25.26	Zack Castor (Paloma Valley)	2014
4:20.51	Nelson Maravilla (Desert Hot Springs)		4:25.35	Brandon Berz (King)	2013
4:20.59	Sergio Trujillo (Rubidoux)		4:25.36	Matt Phares (Canyon Springs)	2008
4:20.62	Jonathan Lopez (Roosevelt)		4:25.38	Victor Ortiz (Rubidoux)	2003
4:20.71	David Haskell (Elsinore)		4:25.40	Mark Castro (North)	1982
4:20.9	Andy Marshall (Temecula)		4:25.40	Jack Balder (Great Oak)	2013
4:20.95	Oscar Ayala (Great Oak)		4:25.42	Thomas Polhill (Temecula)	2006
4:20.98	Patrick Milloy (Murrieta Valley)		4:25.52	Julian Lopez (Roosevelt)	2009
4:21.01	Antonio Jimenez (Rubidoux)		4:25.52	*Ruben Danielsen (Rancho Verde)	2009
4:21.07+	Kaden Lapham (Great Oak)	4:22.59y)	4:25.53	Joshua Massey (Santiago)	2010
4:21.13	** Isaac Cortes (Great Oak)		4:25.55	*Jeomar Muro (Vista)	2012
4:21.18	Shawn Sleeper (Paloma Valley)		4:25.67	Joey Cornejo (Indio)	2001
4:21.18	* Josh Silva (Corona)		4:25.69	Jesse Brooks (Woodcrest Chr)	2010
4:21.20	*Alex Orozco (La Quinta)		4:25.7	Carlos Handler (Temescal)	1999
4:21.25	Anthony Adamuci (Temecula)		4:25.71	Kevin Arnold (Murrieta Valley)	2001
4:21.3	Brandon Kerr (Canyon Springs)		4:25.75	Mueen Ghoury (Rubidoux)	2011
4:21.46	Brenden Emery (Great Oak)				
4:21.5+	Martin (Ramona)	4:23.0y			
4:21.5+	Casey Perley (Indio)	4:23.0y			
4:21.52	*** Solomon Fountain (Great Oak)				
4:21.57	Julian Hernandez (Corona)				
4:21.92	*John Hernandez (Vista)				

3000 meters

8:28.8'	Cruz Gallegos (Centennial)	1992
8:32.85	Antonio Jimenez (Rubidoux)	2003
8:37.4'	Rondie Gibbs (Rubidoux)	1994
8:44.5	Steve Strehlow (Norco)	1982
8:44.7	Marco Ocequera (Rubidoux)	1989

8:44.9	Raul Serratos (Moreno Valley)		1985	9:24.7	Raul Serratos (Moreno Valley)		1985
8:46.32	Patrick Swick (Chaparral)		2003	9:24.87	***Raymon Ornelas (Roosevelt)		2015
8:46.81	Chris Layman (Corona)		2000	9:24.91	Karson Fronk (Great Oak)		2011
8:46.89	Brett Campfield (Temecula)		2003	9:24.01	*Daniel Gonzalez (King)		2015
8:49.3	Anthony Flores (Murrieta)		1999	9:25.48	Omar Caro (Norte Vista)		2013
8:49.6'	Ryan Gallagher (Temecula)		1997	9:25.66	** Tony Robinson (Great Oak)		2014
8:50.11	Ian Enriquez (Corona)		1994	9:26.13	Kellen Acosta (Murrieta)		2002
8:52.2	Simon Mudd (Poly)		1994	9:26.6+	Charles Rednick (Sherman)	9:29.9y	1978
8:54.0	Koinva (Sherman)		1987	9:27.11	Chris Sanchez (Indio)		2010
8:54.9	Alex Zamora (Coachella)		1989	9:27.4	Brandon Messerly (Great Oak)		2012
8:55.89	Alfonso Ibarra (Arlington)		1996	9:27.5+	Luis Terronis (Indio)	9:30.8y	1979
8:56.3	Aaron Thompson (Norco)		1991	9:27.63	Julian Lopez (Roosevelt)		2009
8:57.2'	Luis Sandoval (Coachella)		1992	9:27.75	Eddie Carrillo (Great Oak)		2012
8:58.05	Nicholas Jacaques (Hemet)		1997	9:27.76	Robert Garcia (Canyon Springs)		1990
8:59.1	Joe Vickers (Moreno Valley)		1985	9:27.83	Eric George (Corona)		2014
8:5 9.5'	Rafael Castro (San Jacinto)		1992	9:27.88	Alex Muricio (Rubidoux)		1999
9:00.48	Manual Andrade (Coachella Valley)		1996	9:28.0	Carlos Handler (Temescal)		1999
9:00.9'	James Pendergraph (Norte Vista)		1991	9:28.52	Kevin Arnold (Murrieta)		2001
9:02.3'	Kevin Bean (Norco)		1991	9:28.80	Anthony Merado (Murrieta)		2004
9:02.21	Adam Sidoti (La Sierra)		2005	9:28.94	Connor Pastoor (Murrieta)		2007
9:03.4	Hugo Rios (Indio)		1985	9:29.08	* Kyle Brown (Elsinore)		2014
9:03.9	Matt Brown (Corona)		1996	9:29.28	Gus Arce (Corona)		1987
9:05.5	Jerry Toussaint (Norco)		1985	9:29.34	Julian Hernandez (Corona)		2012
				9:29.35	Chris Layman (Corona)		2000
				9:29.6	Alfonso Ibarra (Arlington)		1996
				9:29.7+	Ron Bezenah (Rubidoux)	9:33.0y	1978
				9:29.91	Joe Casco (King)		2013
				9:29.97	Breden Emery (Great Oak)		2012
				9:30.2+	Mike Lohr (Hemet)	9:33.5y	1976
				9:30.61	Robert Lopez (Santiago)		2013
				9:30.63	** Robbie Gleeson (Great Oak)		2014
				9:30.82	Irving Moreno (Poly)		1997
				9:30.95	Rick Hormel (Hemet)		1986
				9:31.18+	Jim Walker (Palm Springs)	9:34.51y	1983
				9:31.42	L. Koinva (Sherman)		1987
				9:31.48	Nezanet Woldai (Valley View)		2009
				9:31.6	Joey Pacheco (Canyon Springs)		2001
				9:31.62	*Brandon Berz (King)		2012
				9:31.68	Garrett Williams (Corona)		2012
				9:31.71	* Andres Vizcarra (Beaumont)		2014
				9:31.96	Luis Sandoval (Coachella)		1992
				9:31.62	Kevin Bean (Norco)		1991
				9:32.39	* Liam Brooks (Corona)		2014
				9:32.57	Tyler Huntley (North)		2011
				9:32.58	Christian Rodriguez (Elsinore)		2014
				9:32.73	**Kyle Brown (Elsinore)		2013
				9:32.8+	Jim Winn (Arlington)	9:36.0y	1993
				9:32.81	Joel Cota (Indio)		2003
				9:33.18	Victor Delgado (Beaumont)		2009
				9:33.22	Emilio Nunez (Valley View)		2013
				9:33.27	James Pendergraph (Norte Vista)		1991
				9:33.47	Raefel Castro (San Jacinto)		1992
				9:33.54	Ricardo Nevarez (Cathedral City)		2010
				9:33.96	Nicholas Jacques (Hemet)		1997
				9:34.29	Dillon Emery (Great Oak)		2014
				9:34.3	Joe Vickers (Moreno Valley)		1985
				9:34.32	Ankur Joshi (Indio)		2007
				9:34.60	Manual Andrade (Coachella Valley)		1995
				9:35.21	* Luis Ramos (Rubidoux)		2014
				9:35.23	Kaden Lapham (Great Oak)		2013
				9:35.29	Chase Welch (Vista)		2008
				9:35.42	Kevin Chamberlain (Great Oak)		2012
				9:35.62	Daniel Gonzalez (King)		2014
				9:35.76	Patrick Milloy (Murrieta)		2006
				9:35.82	Aaron Potts (Roosevelt)		2012
				9:36.5+	Steve Strehlow (Norco)	9:39.9y	1982
				9:36.58	* Christian Lopez (Vista del Lago)		2014
				9:36.66	Evan Dougherty (La Quinta)		2012
				9:36.77	Cyrus Bastani (Corona)		2004
				9:36.87	* Trevor Knaus (Vista)		2014
				9:36.91	Hugo Rios (Indio)		1985
				9:37.4	Ben Barragon (Valley View)		2011
				9:37.79	*Kevin Chamberlain (Great Oak)		2011
				9:37.90	Connor Thurmond (Chaparral)		2014
				9:38.0	Joseph Aguilar (Arlington)		2011

3200 meters

8:53.21	Lane Werley (King)		2011				
8:53.3+	Steve Alvarez (Coachella)	8:56.4y	1977	9:29.97	Breden Emery (Great Oak)		2012
8:56.2+	Mark Fricker (Hemet)	8:59.3y	1977	9:30.2+	Mike Lohr (Hemet)	9:33.5y	1976
8:59.45	*Cole Spencer (Great Oak)		2015	9:30.61	Robert Lopez (Santiago)		2013
9:02.90	Cruz Gallegos (Centennial)		1992	9:30.63	** Robbie Gleeson (Great Oak)		2014
9:04.68	*Omar Caro (Norte Vista)		2012	9:30.82	Irving Moreno (Poly)		1997
9:05.16	Antonio Jimenez (Rubidoux)		2003	9:30.95	Rick Hormel (Hemet)		1986
9:05.18	Dylan Knight (La Sierra)		2007	9:31.18+	Jim Walker (Palm Springs)	9:34.51y	1983
9:05.04	*David Luna (Indio)		2013	9:31.42	L. Koinva (Sherman)		1987
9:05.57	Drew Dalton (Vista)		2010	9:31.48	Nezanet Woldai (Valley View)		2009
9:05.86	Nick Doan (Great Oak)		2014	9:31.6	Joey Pacheco (Canyon Springs)		2001
9:06.0+	Mike Melendez (Norco)	9:09.2y	1979	9:31.62	*Brandon Berz (King)		2012
9:06.59	Noe Ramirez (Vista)		2009	9:31.68	Garrett Williams (Corona)		2012
9:07.09	Spencer Knight (La Sierra)		2006	9:31.71	* Andres Vizcarra (Beaumont)		2014
9:07.95	Patrick Millo (Murrieta Valley)		2005	9:31.96	Luis Sandoval (Coachella)		1992
9:08.28	Nick Woolf (Roosevelt)		2012	9:31.62	Kevin Bean (Norco)		1991
9:08.65	Brian Baker (Beaumont)		2003	9:32.39	* Liam Brooks (Corona)		2014
9:09.10	*Spencer Dodds (Great Oak)		2015	9:32.57	Tyler Huntley (North)		2011
9:09.22	Rondie Gibbs (Rubidoux)		1994	9:32.58	Christian Rodriguez (Elsinore)		2014
9:12.86	Branden Randall (Roosevelt)		2015	9:32.73	**Kyle Brown (Elsinore)		2013
9:13.25	Bryce Rausa (Vista)		2010	9:32.8+	Jim Winn (Arlington)	9:36.0y	1993
9:13.79	Jack Balder (Great Oak)		2013	9:32.81	Joel Cota (Indio)		2003
9:13.8+	Ralph Gallegos (Coachella)	9:17.0y	1970	9:33.18	Victor Delgado (Beaumont)		2009
9:14.79	Brett Campfield (Temecula)		2004	9:33.22	Emilio Nunez (Valley View)		2013
9:16.12	Ryan Gallagher (Temecula)		1997	9:33.27	James Pendergraph (Norte Vista)		1991
9:17.91	Alan Cuevas (Corona)		2010	9:33.47	Raefel Castro (San Jacinto)		1992
9:18.08	Jake Jeanson (Woodcrest Christian)		2009	9:33.54	Ricardo Nevarez (Cathedral City)		2010
9:18.09	Gabriel Hernandez (Rubidoux)		1998	9:33.96	Nicholas Jacques (Hemet)		1997
9:18.1	Ian Enriquez (Corona)		1995	9:34.29	Dillon Emery (Great Oak)		2014
9:18.40	*Michael Conart (Woodcrest Christian)		2015	9:34.3	Joe Vickers (Moreno Valley)		1985
9:18.68	*Michael Gauger (Corona)		2010	9:34.32	Ankur Joshi (Indio)		2007
9:18.84	Marco Ocequera (Rubidoux)		1989	9:34.60	Manual Andrade (Coachella Valley)		1995
9:19.49	Raul Arcos (Corona)		2008	9:35.21	* Luis Ramos (Rubidoux)		2014
9:19.63	David Aguilar (Corona)		2013	9:35.23	Kaden Lapham (Great Oak)		2013
9:20.04	Trevor Henson (Paloma Valley)		2011	9:35.29	Chase Welch (Vista)		2008
9:21.07	Tyler Janes (King)		2015	9:35.42	Kevin Chamberlain (Great Oak)		2012
9:21.75	Kyle Warrick (Roosevelt)		2013	9:35.62	Daniel Gonzalez (King)		2014
9:22.34	Matt Brown (Corona)		1996	9:35.76	Patrick Milloy (Murrieta)		2006
9:22.46	Josh Silva (Corona)		2015	9:35.82	Aaron Potts (Roosevelt)		2012
9:22.50	*Porter Reddish (Vista)		2012	9:36.5+	Steve Strehlow (Norco)	9:39.9y	1982
9:22.74	Mike Munoz (Murrieta Valley)		2006	9:36.58	* Christian Lopez (Vista del Lago)		2014
9:23.00	David McDonald (Vista)		2008	9:36.66	Evan Dougherty (La Quinta)		2012
9:23.07	Steven Crum (Santiago)		2007	9:36.77	Cyrus Bastani (Corona)		2004
9:23.29	*Isaac Cortes (Great Oak)		2015	9:36.87	* Trevor Knaus (Vista)		2014
9:24.12	Jayden Emerson (Hemet)		2015	9:36.91	Hugo Rios (Indio)		1985
9:24.28	David McCutcheon (Murrieta)		2008	9:37.4	Ben Barragon (Valley View)		2011
9:24.43	Jonathan Lopez (Roosevelt)		2009	9:37.79	*Kevin Chamberlain (Great Oak)		2011
9:24.5	Anthony Flores (Murrieta)		1999	9:37.90	Connor Thurmond (Chaparral)		2014
9:24.7+	Scott Foreman (Ramona)	9:28.0y	1966	9:38.0	Joseph Aguilar (Arlington)		2011

9:38.05	Anthony Mercado (Murrieta)	2002	14.51	David Williams (Santiago)	2009
9:38.53	Doug Palmer (Beaumont)	2013	14.52	Jovan Grady (Rancho Verde)	2002
9:39.0	Adam Sidoti (La Sierra)	2005	14.53	Anthony Verret (Perris)	1986
9:39.08	**Jeremy Beck (Roosevelt)	2013	14.54c	Kelly (Perris)	14.3 1976
9:39.51	Michael Hewitt (Great Oak)	2012	14.54c	Norris (Coachella)	14.3 1978
9:39.70	*Hector Hernandez (Canyon Springs)	2013	14.54	Avery Anderson (North)	1990
9:39.77	Pedro Sandoval (Rubidoux)	2014	14.54	Ryan Woods (La Quinta)	2007
9:39.83	Zach Marx (Santiago)	2006	14.55	Gus Ibarra (La Quinta)	2003
9:39.86	*Marco Zaragoza (Vista del Lago)	2010	14.58	Mike Powers (Chaparral)	2008
9:39.86	Carlos Ramirez (King)	2014	14.58	Elvis Pompa (Corona)	2014
9:39.9	Robert Frost (Hemet)	1996	14.59	William Shropshire (North)	1988
9:39.97	Marcos Avila (Beaumont)	1997	14.60	Kenny Shaw (Hemet)	2005
			14.60	Kenny King (Canyon Springs)	2006
			14.60	Duane Soloman (Great Oak)	2012
			14.61	Mike Powers Chaparral	2007
			14.62	Kurt Siebert (Norco)	2000
			14.64c	Larry Prielipp (Corona)	14.4 1964
			14.64c	Steve Mack (Palo Verde)	14.4 1968
			14.64c	K. Jones (Perris)	14.4 1974
			14.64c	Sam Bryant (Palo Verde)	14.4 1983
		2011	14.65	Tyrone Thomson (Ramona)	2001
		2008	14.65	Leandre Butler (Rubidoux)	2003
		2004	14.65	Nick Rack (Vista)	2015
		2009	14.65	Bernard Erby (North)	1982
		2011	14.66	Dupree Gant (Centennial)	2002
		2007	14.70	Brian Thompson (Valley View)	2003
		2010	14.71	Todd King (Poly)	1984
		2013	14.73	Tom Chatham (Poly)	14.5 1956
		2013	14.74c	Carl Butler (Palo Verde)	14.5 1959
		2009	14.74c	LaRue Palmer (North)	14.5 1970
		2004	14.74c	C. Sweeney (Perris)	14.5 1974
			14.74c	Love (Palo Verde)	14.5 1978
			14.74c	Richie Cox (Palo Verde)	14.5 1984
			14.74	Namar Burton (Vista)	2007
		1976	14.75	Corey Corder (Murrieta)	2009
		1979	14.75	John Cusey (Temecula Valley)	2013
			14.76	Mark McCall (Corona)	1989
			14.76	Mike Graf (Vista)	2012
			14.77	Leran Hutchings (Roosevelt)	2011
			14.78	Bradley Alexander (Canyon Springs)	2015
			14.79	Ben Ijah (Murrieta)	2010
			14.80	Michael Hernandez (Valley View)	2005
			14.80	*Jonte Turner (Indio)	2010
			14.81	Scott Melatti Centennial	2002
			14.82	Phil Martin (Canyon Springs)	2004
			14.82	Chris Lawson (Great Oak)	2007
			14.84c	Neil Smith (Poly)	14.6 1965
			14.84c	Ramon Alvarado (Coachella)	14.6 1979
			14.84c	Ronnell Lawson (Canyon Springs)	14.6 1991
			14.84c	Ehrin Enriquez (Norco)	14.6 1999
			14.84	Anthony Anderson (Canyon Springs)	2007
			14.85	Brett Turnage (Moreno Valley)	2000
			14.85	Orlando Wallace (Cathedral City)	2015
			14.86	Jeremy Burns (Perris)	2005
			14.89	Aaron Paisley (Murrieta Valley)	2013
			14.90	Sam Jeter (King)	2007
			14.91	Micahel Games (Norte Vista)	1997
			14.93	Stone O'Reily (Hemet)	1997
			14.93	Matthew Kirkendall (Heritage)	2013
			14.93	Teryan Brown (Tahquitz)	2015
			14.94c	Taylor (North)	14.7 1972
			14.94c	Hamilton (Palm Springs)	14.7 1973
			14.94c	George Woods (Rubidoux)	14.7 1989
			14.94c	Clarence Hogan (North)	14.7 1980
			14.94	Joran Bean (Palo Verde)	2000
			14.95	Josh Jeter (King)	2012
			14.97	Tony Torres (Santiago)	2009
			14.97	Soloman Ijah (Murrieta Valley)	2011
			14.97	Sammy Roberts (Beaumont)	2014
			14.98	Casey Zimmerman (Temecula)	1998
			14.98	Mike Hernandez (Valley View)	2006
			14.98	Jonathan Williams (Roosevelt)	2010
			14.99	Todd Clark (Centennial)	1991

3000m Steeplechase

10:18.13	Austin Langley (La Sierra)	2003
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5000 meters

14:31.57	Lane Werley (King)	2011
14:56.88	Raul Arcos (Corona)	2008
15:05.24	Cyrus Bastani (Corona)	2004
15:09.61	Omar Gonzalez(Centennial)	2009
15:11.37	Michael Gauger (Corona)	2011
15:15.83	Dylan Knight (La Sierra)	2007
15:18.76	Alan Cuevas (Corona)	2010
15:21.78	David Aguilar (Corona)	2013
15:29.97	Joe Casco (King)	2013
15:46.23	Patrick Mynes (Corona)	2009
15:46.83	Daniel Wilcox (Corona)	2004

Marathon

2:41.17	Mike Lohr (Hemet)	1976
2:43.01	Louie Terrones (Indio)	1979

110m High Hurdles

13.82	Jeff Garrison (North)	2001
1314c	Dan Jones (Palo Verde)	13.6 1972
13.84c	Mike Harris (Indio)	13.6 1974
13.94c	Roger Moody (Corona)	13.7 1964
13.97	Robert Williams (Ramona)	2005
14.01	Chris Chrisman (Poly)	1981
14.06	Danny Harris (Perris)	1983
14.08	Dylan Nielson (Palm Desert)	2006
14.09	Chris Johnson Arlington)	2001
14.13	*Torrey Atkins (Heritage)	2014
14.14c	Robert Bonds (Poly)	13.9 1960
14.14	Brandon Howard (La Sierra)	2005
14.16	Ken Shaw (San Jacinto)	2007
14.16	*Koty Burton (La Quinta)	2015
14.27	Kiethyon Moten (Indio)	2012
14.32	Bruce Dunams (North)	1993
14.32	Jason Williams (Notre Dame)	2000
14.34c	Will Ector (Palo Verde)	14.1 1970
14.37	Darion Williams (Vista)	2012
14.38	Peter Manu (Vista)	2014
14.41	Ronald Howard (North)	2002
14.41	*Jazz Trice (Chaparral)	2005
14.42	Chris Johnson (Arlington)	2000
14.42	Jeremy Thornburg (Cathedral City)	2000
14.42	Austin Hill (Roosevelt)	2010
14.43	Chris Navarro (Vista)	2010
14.43	Darion Williams (Vista)	2011
14.44c	Vince Rivas (Coachella)	14.2 1967
14.44c	Stone (Perris)	14.2 1977
14.44	Jonte Turner (Indio)	2011
14.45	Tony Crutchfield (North)	2008
14.45	Nick Abboud (King)	2015
14.47	Randy Brown (Canyon Springs)	1998
14.48	William Brown (Perris)	2005
14.50	Donny Thompson (Canyon Springs)	2004
14.51	Jon Cooper (Palo Verde)	1999

Wind-Aided:

14.04	* Torrey Atkins (Heritage)		2014	38.32	Roman Alvarado (Coachella)		1979
14.12	Jonte Turner (Indio)		2011	38.44	James Austin (Perris)		1979
14.17	*Jazz Trice (Chaparral)		2005	38.44c	Ray Valdivia (Corona)	38.2	1979
14.20	Austin Hill (Roosevelt)		2010	38.84c	Covey (Hemet)	38.6	1976
14.21	Darion Williams (Vista)		2012	38.84c	Thegg Brown (Poly)	38.6	1982
14.24c	William Brown (Perris)	14.0	2005	39.04c	Stone (Perris)	38.8	1977
14.24	*Kiethyon Moten (Indio)		2011	39.24c	Holmes (Ferris)	39.0	1976
14.28	Dylan Nielson (Palm Desert)		2006	39.30	Love (Palo Verde)		1978
14.30	Duane Soloman (Great Oak)		2012	39.38	Heldorn (Perris)		1983
14.31	Peter Manu (Vista)		2014	39.54c	Freeman (Indio)	39.3	1982
14.32	Ryan Muir (San Jacinto)		2015	39.64c	Wilcox (Ferris)	39.4	1980
14.36	Brian Thompson (Valley View)		2003	39.64c	Erby (North)	39.4	1982
14.40	*Jonte Turner (Indio)		2010				
14.41	Ronald Howard (North)		2002				
14.42	Tony Crutchfield (North)		2008				
14.44c	Jovan Grady (Rancho Verde)	14.2	2002	35.02	Reggie Wyatt (La Sierra)		2009
14.51	Mike Powers (Chaparral)		2008	35.90	**Reggie Wyatt (North)		2007
14.51	* Orlando Wallace (Cathedral City)		2014	36.30	Jeff Garrison (North)		2001
14.56	*Alex Gillison (Palm Springs)		2013	36.59	Mickey Grimes (Canyon Springs)		1995
14.58	Chris Lawson (Great Oak)		2007	37.26	Duane Soloman (Great Oak)		2012
14.58	*Ricky Wisdom (La Quinta)		2013	37.28	Zach Lewis (Ramona)		2012
14.60	Corey Corder (Murrieta)		2009	37.29	Austin Hill (Roosevelt)		2010
14.63	LeAndre Butler (Rubidoux)		2003	37.60	Ryan Muir (San Jacinto)		2015
14.64	Leran Hutchings (Roosevelt)		2011	37.62	Dylan Nielson (Palm Desert)		2006
14.65	George Woods (Rubidoux)		1989	37.74c	Jeremy Thornburg Cathedral City)		2000
14.68	Sammy Roberts (Beaumont)		2014	37.77	Kurt Siebert (Norco)		2000
14.70	Dupree Gant (Centennial)		2002	37.96	Leran Hutchings (Roosevelt)		2011
14.70	Phil Martin (Canyon Springs)		2004	38.04	Keithyon Moten (Indio)		2012
14.71	Aaron Paisley (Murrieta Valley)		2013	38.05	Chris Lawson (Great Oak)		2007
14.73	Jonathon Williams (Roosevelt)		2010	38.09	Andre Bernard-Joseph (Roosevelt)		2015
14.73	Mike Graf (Vista)		2012	38.11	Ronald Howard (North)		2002
14.74c	Jonathon Harrison (Hemet)	14.5	2002	38.12c	Richie Cox (Palo Verde)	38.1y	1984
14.74	* Galin Swearingen (La Quinta)		2014	38.13	Robert Williams (Ramona)		2005
14.77	Sam Jeter (King)		2007	38.16	Bradley Alexander (Canyon Springs)		2015
14.82	Keston Roach (King)		2011	38.24	A.J. Mendez (Palo Verde)		2000
14.84	Matt Kirkendall (Heritage)		2013	38.27	Ken Shaw (San Jacinto)		2007
14.88	Shane Greene (Hemet)		2007	38.28	David Williams (Santiago)		2009
14.88	*Sammy Roberts (Beaumont)		2013	38.31	William Shropshire (North)		1988
14.89	Jacob Rennick (Mesa)		2015	38.37	Elvis Pompa (Corona)		2014
14.90	Mickey Grimes (Moreno Valley)		1994	38.40	Anthony Verret (Perris)		1986
14.91	**Josh Jeter (King)		2010	38.40	Darion Williams (Vista)		2012
14.91	Aaron Woods (Heritage)		2013	38.43	*Jonte Turner (Indio)		2010
14.93	Michael Wright (Norco)		2015	38.44c	Bruce Dunams (North)	38.2	1993
14.94c	Rah Valdivia (Corona)	14.7	1979	38.44	Kyle Hansen (Chaparral)		2005
14.95	Jake Deavers (Lakeside)		2008	38.48	Josh Jeter (King)		2012
14.95	Jaeson David (Vista del Lago)		2009	38.48	Aaron Woods (Heritage)		2013
14.95	Josh Jeter (King)		2012	38.54c	Richard Williams (Ramona)	38.3	2004
14.98	William Lopez (Perris)		2007	38.54	Peter Manu (Vista)		2014
14.99	Curtis Gomez (Murrieta)		2010	38.59	* Galin Swearingen (La Quinta)		2014
14.99	John Cusey (Temecula Valley)		2013	38.60	Tanner Henry (Corona)		2011
				38.62	Jeremy Burns (Perris)		2005
				38.69	Jordan McFadden (Great Oak)		2015
				38.70	Jaeson Davis (Vista del Lago)		2009
				38.71	* Torrey Atkins (Heritage)		2014
				38.74	*Jake Porter (King)		2011
				38.80	Mike Graf (Vista)		2012
				38.84	Chauncey Young(North)		1997
				38.77	Miles Chapman (Desert Hot Spr)		2006
				38.79	Andre McCullough (King)		2009
				38.86	Aaron Webber (Banning)		1991
				38.87	Demetrius Munelyn (Elsinore)		1985
				38.88	Joe Quinonez (Elsinore)		2011
				38.89	Jahari Selmon (North)		2010
				38.90	Andre McCargo (Murrieta)		1998
				38.90	Kyman Bailey (North)		2012
				38.90	Nick Abboud (King)		2015
				38.94c	Avery Anderson (North)	38.7	1990
				38.96	Jazz Trice (Chaparral)		2006
				38.97	Faithfulness Adebayo-ige (Roosevelt)		2014
				38.99	* Anthony Butts (Ramona)		2014
				38.99	Orlando Wallace (Cathedral City)		2015
				39.00	Ramzy Ali (La Sierra)		2014
				39.02	Scott Melatti (Centennial)		2002
				39.04	Jacob Porter (King)		2012
				39.06	Casey Zimmerman (Temecula)		1998

300m Inter. Hurdles (36")

120 Yd 42" High Hurdles

14.5	Robert Bonds (Poly)		1960				
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180 Yd Low Hurdles

18.5	Dan Jones (Palo Verde)		1972				
18.7	Mike Harris (Indio)		1973				
18.8	Robert Bonds (Poly)		1960				
19.0	Larry Thompson (Ramona)		1971				
19.1	Roger Moody (Corona)		1963				
19.1	Jim Holmes (Ramona)		1962				
19.1	Roger Aldridge (North)		1968				

220 Yd Low Hurdles

23.8	House (Poly)		1915				
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330 Yd Low Hurdles (30")

35.52	Danny Harris (Perris)		1983				
36.25	Chris Chrisman (Poly)		1981				
36.50	Sebron Flenough (Perris)		1983				
38.13	Sam Bryant (Palo Verde)		1983				

39.08	Ricky Hernandez (Valley View)		2004	39.96	Anthony Butts (Ramona)		2015
39.09	Justin Ramsey (Perris)		2004	39.97+	Dave Christian (Norco)	40.20y	1990
39.11	Matthew Coaxum (Citrus Hill)		2010	39.97	*Tanner Henry (Corona)		2010
39.13	*Jay Turner (Indio)		2010	39.98	Tyrell Washington (Desert Hot Springs)		2011
39.14	Tevin Newborn (San Jacinto)		2011	39.98	*Weston Brown (Murrieta Valley)		2013
39.15	Chris Johnson (Arlington)		2000	39.98	Dominique Maiden (Temecula Valley)		2015
39.17	Robert Taylor (La Sierra)		2010	39.99	Alexander Morse (Temecula)		2010
39.20	Antoine Adkins (Moreno Valley)		1992	39.99	Dominick Miller (Vista del Lago)		2011
39.24	Tim Sebastian (North)		2006	40.00	Larry Williams (Vista)		2013
39.24	Billy Britt (Elsinore)		2010	40.02	*Anthony Elam (Roosevelt)		2012
39.27	Milton Williams (Rancho Verde)		2014	40.02	William Moore (Palm Springs)		2013
39.28	Randy Brown Canyon Springs		1997	40.03	Dominic Andrews (Perris)		1992
39.30	Koty Burton (La Quinta)		2015	40.03	Greg Davis (San Jacinto)		2001
39.32	Dante Reese (Canyon Springs)		1994	40.03	Jazz Trice (Chaparral)		2004
39.32	Matt Kirkendall (Heritage)		2013				
39.33	Danny Hollingsworth (San Jacinto)		2000				
39.36	Jonathan Williams (Roosevelt)		2010				
39.38	Matt Giesler (Palm Springs)		2003	49.78	Reggie Wyatt (La Sierra)		2009
39.38	*Zach Holbert (Hemet)		2012	50.10	**Reggie Wyatt (North)		2007
39.41	Ricie Gilmore (Rubidoux)		1992				
39.41	Mason MacKinnon (Norco)		1995				
39.41	**Torrey Atkins (Heritage)		2013				
39.42	Brian Thompson (Valley View)		2003	40.53	Vista		2015
39.44c	Chris Cauley (Perris)	39.2	1988	41.01	Roosevelt		2011
39.44	Quintin Workman (Temecula Valley)		2015	41.12	North		2007
39.45	Casey Birchard (Murrieta)		2007	41.33	Great Oak		2014
39.45	*Mathew Williams (Vista del Lago)		2011	41.39	Perris		1983
39.47	LeAndre Butler (Rubidoux)		2003	41.41	Rancho Verde		2009
39.47	*Blake Bergstrom (King)		2013	41.41	Roosevelt		2010
39.48	Cinque Powell (North)		1993	41.47	Roosevelt		2013
39.51	Mike Powers (Chaparral)		2008	41.51	Canyon Springs		1993
39.50	Delvonte Deary (La Sierra)		1999	41.57	Santiago		2008
39.52	Sam Jeter (King)		2007	41.64	Great Oak		2013
39.54c	Nick Neal (North)	39.3	2001	41.66	North		2006
39.54c	Carl McGargo (Murrieta)	39.3	2007	41.66	Roosevelt		2012
39.55	*Chris Keele (Vista)		2009	41.73	North		2008
39.55	Nick Rack (Vista)		2015	41.73	Rancho Verde		2008
39.56	Michael Wright (Norco)		2015	41.76	Vista		2013
39.56	**Cameron Samuel (Rancho Verde)		2015	41.80	Rubidoux		1990
39.58	Tony Crutchfield (North)		2008	41.81	Roosevelt		2009
39.64c	Chris Schouten (Hemet)	39.4	2002	41.83	Great Oak		2012
39.64	Teddy McCord (Perris)		2011	41.89	Roosevelt		2015
39.64c	***Koty Burton (La Quinta)		2013	41.90	Canyon Springs		1994
39.66	Kevin Powell (Beaumont)		2004	41.93	Vista		2011
39.70	Matt Boudreau (Murrieta)		2009	41.95	Rancho Verde		2015
39.74c	Vashon Sudds (Rubidoux)	39.6	1994	41.96	Canyon Springs		1995
39.74	Gus Ibarra (La Quinta)		2003	42.03	Great Oak		2009
39.74c	Robert Williams (Ramona)	39.6	2005	42.04	Norte Vista		2001
39.75	Jason Williams (Notre Dame)		2000	42.05	Mesa		2015
39.77	Senghor Joseph (Poly)		2013	42.06	Temecula		2005
39.79	Dj Moore (Vista)		2011	42.06	Vista		2012
39.79	*Jack Miller (Corona)		2012	42.07	Great Oak		2011
39.80	Aaron Wright (Canyon Springs)		1996	42.09	Rancho Verde		2012
39.82	*Jaeon Davis (Vista del Lago)		2008	42.11	Great Oak		2008
39.82	Michael Brown (Corona)		2011	42.17	Vista		2010
39.84	Israel Johnson (Beaumont)		1986	42.18	Palm Springs		2015
39.84	DeAndre Watson (La Sierra)		1995	42.19	Rubidoux		1991
39.84c	Nate Koch (Temecula)	39.7	2005	42.20	Perris		1982
39.85	Chris Alexander (Temecula)		1990	42.20	Great Oak		2010
39.85	Jamie Anderson (Poly)		1991	42.20	Rancho Verde		2013
39.85	Brandon Howard (La Sierra)		2005	42.24	Roosevelt		2014
39.85	Alex Morse (Temecula)		2010	42.32	Rancho Verde		2014
39.86	Ronnell Lawson (Canyon Springs)		1991	42.33	Elsinore		2009
39.86	Mike Powers (Chaparral)		2007	42.34c	Norte Vista	42.2	1995
39.86	Tre Taylor (Vista)		2007	42.34c	Temecula	42.2	1999
39.87	Khyner White (King)		2010	42.34	Rancho Verde		2005
39.90	Ron Howard (Moreno Valley)		2001	42.34	Vista		2009
39.91	Joshua Moxley (Moreno Valley)		2010	42.35	Canyon Springs		2002
39.93	Josh Ramirez (Chaparral)		2001	42.36	Rancho Verde		2010
39.94	Jeremy Burns (Perris)		2003	42.37	Canyon Springs		1996
39.94	Ben Suescan (La Sierra)	39.8	2004	42.38	Poly		1980
39.94	Namar Burton (Vista)		2007	42.41	Poly		1981
39.94	Curtis Gomez (Vista)		2010	42.42	La Quinta		2014
39.95	Ramon Marshall (Rancho Verde)		2009	42.42	King		2015
39.95	Alberto Rodriguez (San Jacinto)		2013	42.46	Rubidoux		1992
				42.53	Moreno Valley		2010

400m Intermediate Hurdles (36")

49.78	Reggie Wyatt (La Sierra)	2009
50.10	**Reggie Wyatt (North)	2007

4 x 100m Relay

40.53	Vista	2015	
41.01	Roosevelt	2011	
41.12	North	2007	
41.33	Great Oak	2014	
41.39	Perris	1983	
41.41	Rancho Verde	2009	
41.41	Roosevelt	2010	
41.47	Roosevelt	2013	
41.51	Canyon Springs	1993	
41.57	Santiago	2008	
41.64	Great Oak	2013	
41.66	North	2006	
41.66	Roosevelt	2012	
41.73	North	2008	
41.73	Rancho Verde	2008	
41.76	Vista	2013	
41.80	Rubidoux	1990	
41.81	Roosevelt	2009	
41.83	Great Oak	2012	
41.89	Roosevelt	2015	
41.90	Canyon Springs	1994	
41.93	Vista	2011	
41.95	Rancho Verde	2015	
41.96	Canyon Springs	1995	
42.03	Great Oak	2009	
42.04	Norte Vista	2001	
42.05	Mesa	2015	
42.06	Temecula	2005	
42.06	Vista	2012	
42.07	Great Oak	2011	
42.09	Rancho Verde	2012	
42.11	Great Oak	2008	
42.17	Vista	2010	
42.18	Palm Springs	2015	
42.19	Rubidoux	1991	
42.20	Perris	1982	
42.20	Great Oak	2010	
42.20	Rancho Verde	2013	
42.24	Roosevelt	2014	
42.32	Rancho Verde	2014	
42.33	Elsinore	2009	
42.34c	Norte Vista	42.2	1995
42.34c	Temecula	42.2	1999
42.34	Rancho Verde		2005
42.34	Vista		2009
42.35	Canyon Springs		2002
42.36	Rancho Verde		2010
42.37	Canyon Springs		1996
42.38	Poly		1980
42.41	Poly		1981
42.42	La Quinta		2014
42.42	King		2015
42.46	Rubidoux		1992
42.53	Moreno Valley		2010

42.54	Vista		2007	43.20	La Quinta		2007
42.55	Valley View		2003	43.20	King		2013
42.57	Canyon Springs		1997	43.21	Cathedral City		2001
42.59	Rancho Verde		2006	43.21	Temecula		2006
42.59	San Jacinto		2006	43.21	Norco		2010
42.65	Valley View		1998	43.21	King		2014
42.67	North		2001	43.21	Citrus Hill		2014
42.69+	Arlington	42.8y	1980	43.24c	Elsinore	43.1	1975
42.69	Vista		2008	43.24c	Indio	43.1	1986
42.71	North		2002	43.24c	Hemet	43.1	2000
42.72	Cathedral City		2002	43.24	Centennial		2010
42.73	Arlington		2014	43.25+	Moreno Valley	43.50y	1978
42.74	North		1982	43.25	Poly		1982
42.74c	La Sierra	42.6	1994	43.25	Palm Desert		1991
42.76	Great Oak		2007	43.25	Corona		2007
42.77	Murrieta		2008	43.25	Cathedral City		2010
42.79+	Moreno Valley	42.9y	1976	43.25	Paloma Valley		2014
42.79	San Jacinto		2007	43.26	Poly		1998
42.81	Norco		1996	43.26	Moreno Valley		2000
42.82	Palm Springs		2010	43.30	Santiago		2015
42.82	Corona		2010	43.31	Norco		2000
42.84c	Norte Vista	42.7	2000	43.31	Citrus Hill		2015
42.84	Poly		2014	43.32	Canyon Springs		2000
42.85	King		2009	43.33	La Sierra		1993
42.87	Perris		1989	43.34c	Rubidoux	43.2	1995
42.87	Canyon Springs		1991	43.34c	Rancho Verde	43.2	1998
42.87	Canyon Springs		1998	43.34c	Valley View	43.2	2000
42.88	Vista		2014	43.34	Centennial		2009
42.90	Moreno Valley		1989	43.34	Valley View		2012
42.91	La Sierra		2005	43.34c	Ramona	43.2	2013
42.91	Elsinore		2015	43.34	Lakeside		2014
42.92	Elsinore		2001	43.35	Beaumont		2013
42.94	Perris		1987	43.35	Heritage		2015
42.94	Corona		1994	43.36	Perris		1980
42.94c	Canyon Springs	42.7	1004	43.36	Moreno Valley		1984
42.95	Valley View		2002	43.36	Poly		1996
42.96	Murrieta		2009	43.36	Vista		2005
42.96	Chaparral		2011	43.36	La Sierra		2012
42.96	Lakeside		2012	43.37	Poly		1986
42.97	Norco		2006	43.39+	Indio	43.5y	1972
42.98	North		2012	43.39	Indio		1993
42.98	Murrieta Valley		2015	43.39	Rancho Verde		2003
42.98	San Jacinto		2015	43.20	Jurupa Valley		1998
42.99	Palm Springs		2011	43.40	Mesa		2014
43.00	Roosevelt		2008	43.42	Canyon Springs		1990
43.00	West Valley		2014	43.42	Cathedral City		2013
43.0	Cathedral City		2014	43.44c	Perris	43.3	1985
43.02	Indio		1983	43.44	Moreno Valley		1995
43.02	Perris		1984	43.44c	Temescal	43.3	2000
43.02	San Jacinto		2005	43.44	Great Oak		2006
43.03	Canyon Springs		2005	43.44	La Sierra		2014
43.04	Norte Vista		1986	43.45	Poly		1985
43.04c	La Sierra	42.9	1995	43.45	Chaparral		2007
43.04	Lakeside		2013	43.46	Moreno Valley		1983
43.05+	Indio	43.2y	1973	43.47	Indio		2011
43.05	Canyon Springs		2009	43.47	La Quinta		2013
43.05	San Jacinto		2010	43.48	Canyon Springs		1999
43.06	Palm Springs		2007	43.48	Centennial		2013
43.08	Poly		2013	43.49+	North	43.6y	1970
43.08	Centennial		2015	43.49+	Perris	43.6y	1970
43.09	Arlington		2001	43.52	Perris		1992
43.09	Santiago		2009	43.53	Canyon Springs		2007
43.09	Canyon Springs		2015	43.53	Chaparral		2012
43.13	Ramona		1987	43.54c	Indio	43.4	1989
43.13	Cathedral City		2011	43.54c	Indio	43.4	1991
43.13	Tahquitz		2015	43.54c	Canyon Springs	43.4	1997
43.14	Perris		1988	43.54c	Perris	43.4	2002
43.14	Valley View		2001	43.54c	Chaparral	43.4	2004
43.15	Notre Dame		1999	43.54	Perris		2012
43.15	Hemet		2001	43.55	Perris		2007
43.15	Rancho Verde		2004	43.55	Palm Springs		2014
43.16	Vista		2006	43.57	Perris		2008
43.16	Vista del Lago		2009	43.57	Ramona		2012
43.17	Moreno Valley		1988	43.57	Santiago		2013
43.18	Corona		2011	43.58	Ramona		1988

43.58	Centennial		1993	1:28.95	Rancho Verde	2008
43.58	Centennial		2002	1:29.00	Rancho Verde	2009
43.59+	Indio	43.7y	1984	1:29.18	Great Oak	2010
43.59	Canyon Springs		2013	1:29.36	Great Oak	2009
43.59	Paloma Valley		2013	1:29.36	Vista	2011
43.61	Elsinore		2000	1:29.81	Roosevelt	2014
43.61	King		2010	1:29.83	North	2008
43.63	North		1992	1:29.90	Rancho Verde	2012
43.63	Elsinore		2004	1:30.13	Canyon Springs	2010
43.63	Corona		2012	1:30.16	Rancho Verde	2013
43.64c	Perris	43.5	2005	1:30.71	San Jacinto	2007
43.64c	Valley View	43.5	2005	1:30.71	Chaparral	2012
43.64c	Vista del Lago	43.5	2011	1:30.73	Vista	2008
43.65	Arlington		1997	1:31.00	Roosevelt	2008
43.65	La Sierra		2008	1:31.16	Chaparral	2008
43.66	Beaumont		2009	1:31.63	Corona	2010
43.67	Elsinore		2014	1:31.85	Santiago	2007
43.69+	Corona	43.8y	1975	1:32.04	Rancho Verde	2014
43.69+	Arlington	43.8y	1975	1:32.54	Vista	2010
43.69+	Perris	43.8y	1979	1:32.6	San Jacinto	2006
43.69	North		1999	1:32.69	Great Oak	2007
43.70	King		2012	1:32.73	Cathedral City	2007
43.70	Corona		2013			
43.72	Indio		2010			

4 x 400m Relay

43.74c	Norco	43.6	1990	3:10.33	Perris	1983
43.74c	Moreno Valley	43.6	2005	3:10.36	North	2006
43.74c	Moreno Valley	43.6	2013	3:11.73	North	2007
43.75	Centennial		2011	3:12.79	Roosevelt	2010
43.75	Heritage		2014	3:13.09	Vista	2015
43.76	Citrus Hill		2010	3:13.75	Rancho Verde	2009
43.77	Moreno Valley		1986	3:14.22	Roosevelt	2009
43.77	King		2008	3:14.41	Roosevelt	2015
43.77	Lakeside		2011	3:14.64	Vista	2013
43.78	Norco		1998	3:14.85	Rancho Verde	2008
43.78	Perris		2011	3:15.57	Great Oak	2011
43.79+	Indio	43.9y	1978	3:15.95	Vista	2012
43.79+	Arlington	43.9y	1979	3:16.38	Vista	2011
43.80	La Sierra		2009	3:17.05	Indio	2011
43.81	Perris		1981	3:17.07	Great Oak	2008
43.82	Citrus Hill		2012	3:17.19	Roosevelt	2008
43.83	La Sierra		2004	3:17.38	Great Oak	2014
43.83	Arlington		2006	3:17.52	North	2008
43.83	San Jacinto		2011	3:17.81	Great Oak	2013
43.88	La Quinta		2008	3:18.40	Vista	2009
43.83	North		2010	3:18.48	Great Oak	2015
43.84c	Indio	43.7	1982	3:18.89	Roosevelt	2011
43.84c	Rancho Verde	43.7	2011	3:18.92	Great Oak	2010
43.84c	Murrieta Valley	43.7	2013	3:18.95	La Sierra	2005
43.84	Coachella Valley		2013	3:19.05	Perris	1982
43.86	North		1997	3:19.05	Great Oak	2012
43.87	Rubidoux		1989	3:19.30	Roosevelt	2014
43.88+	Moreno Valley	44.0y	1977	3:19.33	Great Oak	2009
43.88	Norco		2003	3:19.44	North	2001
43.88	Heritage		2013	3:19.44	North	2001
				3:19.60	Murrieta	2009
				3:19.6+	Arlington	3:20.9y 1980
				3:19.7+	Poly	3:21.1y 1980
				3:19.75	Vista	2010
				3:20.10	Roosevelt	2012
				3:20.14	Rubidoux	1992
				3:20.18	La Sierra	2009
				3:20.44	Vista	2005
				3:20.48	North	1988
				3:20.5	Perris	2002
				3:20.51	Moreno Valley	1990
				3:20.07	Vista	2006
				3:20.88	Rancho Verde	2010
				3:20.89	Vista	2014
				3:20.99	Perris	1989
				3:21.0+	Moreno Valley	3:22.2y 1977
				3:21.00	Rancho Verde	2015
				3:21.03	Moreno Valley	1991
				3:21.20	Rubidoux	1991
				3:21.21	Arlington	1997
				3:21.21	Canyon Springs	2004

4 x 220 Yd Relay

1:28.2	Poly		1954
1:28.5	Poly		1961
1:29.2	Poly		1956
1:30.0	Poly		1949
1:30.6	Poly		1953

4 x 200m Relay

1:26.94	North		2006
1:27.10	Great Oak		2014
1:27.37	Great Oak		2013
1:27.55	Roosevelt		2011
1:27.57	Vista		2013
1:27.65	Great Oak		2012
1:27.95	Great Oak		2008
1:28.10	Roosevelt		2012
1:28.15	Roosevelt		2010
1:28.62	Great Oak		2011

3:21.3+	Hemet		3:22.5y	1976	3:24.87	La Sierra		2007
3:21.59	Great Oak			2007	3:24.88	Palm Springs		1996
3:21.6+	Moreno Valley		3:22.8y	1978	3:24.9	Arlington		1998
3:21.63	North			2012	3:24.9	Rancho Verde		1999
3:21.68	Mesa			2015	3:25.01	La Sierra		2006
3:21.74	Canyon Springs			1997	3:25.18	Poly		2005
3:21.76	Poly			1996	3:25.22	Rancho Verde		2013
3:21.78	Canyon Springs			2010	3:25.25	Valley View		1999
3:21.83	King			2012	3:25.3+	Moreno Valley	3:26.5y	1976
3:21.9+	North		3:23.1y	1970	3:25.39	Cathedral City		2001
3:21.9	Poly			1984	3:25.42	North		1999
3:21.92	San Jacinto			2011	3:25.45	Corona		2004
3:21.92	Roosevelt			2013	3:25.45	Vista del Lago		2011
3:21.94	King			2015	3:25.48	King		2010
3:22.02	Notre Dame			1999	3:25.61	Cathedral City		2000
3:22.02	Rancho Verde			2014	3:25.64	Poly		2014
3:22.10	Vista del Lago			2012	3:25.66	Rubidoux		1993
3:22.4+	North		3:23.6y	1972	3:25.69	Banning		1995
3:22.42	King			2013	3:25.7+	Hemet	3:26.9y	1978
3:22.55	Poly			1995	3:25.73	Temescal Canyon		2015
3:22.6	Valley View			2011	3:25.74	Valley View		2014
3:22.68	Beaumont			2009	3:25.85	Roosevelt		2007
3:22.76	Perris			1981	3:25.90	Vista del Lago		2009
3:22.80	Chaparral			2005	3:26.0+	Corona	3:27.2y	1982
3:22.84	Rancho Verde			2006	3:26.01	Corona		1997
3:22.84	Rancho Verde			2012	3:26.01	Arlington		2000
3:22.89	Perris			2005	3:26.01	Vista de Lago		2013
3:22.89	Chaparral			2012	3:26.12	Palm Springs		1993
3:22.9+	Coachella		3:241y	1973	3:26.17	Rancho Verde		2011
3:23.03	Santiago			2011	3:26.19	Vista Del Lago		2006
3:23.24	Valley View			2012	3:26.23	Jurupa Valley		1998
3:23.25	North			2011	3:26.23	Poly		2006
3:23.33	Canyon Springs			1993	3:26.29	Santiago		2015
3:23.43	San Jacinto			2010	3:26.3	San Jacinto		2009
3:23.45	Santiago			2014	3:26.31	Elsinore		2014
3:23.5+	Palm Springs		3:24.7y	1973	3:26.45	Centennial		1997
3:23.47	Canyon Springs			1991	3:26.5+	Hemet	3:27.7y	1974
3:23.53	Rubidoux			1994	3:26.5+	Perris	3:27.7y	1976
3:23.53	Corona			2015	3:26.51	Poly		1999
3:23.53	Vista			2008	3:26.52	Hemet		1997
3:23.60	Poly			1994	3:26.54	Perris		2013
3:23.68	Indio			2003	3:26.6+	Perris	3:27.8y	1973
3:23.7+	Perris		3:24.9y	1979	3:26.6	Hemet		1995
3:23.77	Vista			2007	3:26.64	Temecula		2011
3:23.8+	Ramona		3:25.0y	1970	3:26.80	La Sierra		2011
3:23.82	Ramona			1985	3:26.80	Murrieta Valley)		2014
3:23.84	JW North			2014	3:26.81	Valley View		2015
3:23.9	Perris			1988	3:26.83	Mesa		2014
3:23.90	Canyon Springs			2009	3:26.90	La Sierra		2014
3:23.95	La Quinta			2015	3:26.98	Poly		2010
3:24.02	La Sierra			2010	3:27.08	Coachella Valley		2013
3:24.08	King			2004	3:27.08	Centennial		2015
3:24.09	La Sierra			2008	3:27.13	Hemet		1985
3:24.02+	Ramona		3:25.4y	1965	3:27.20	Elsinore		2009
3:24.21	Canyon Springs			1996	3:27.25	Woodcrest Chr		2010
3:24.25	Canyon Springs			2003	3:27.36	Santiago		2004
3:24.31	Valley View			2010	3:27.37	San Jacinto		1995
3:24.34	Perris			1984	3:27.49	Elsinore		2010
3:24.34c	North		3:23.2	1997	3:27.54	Poly		2012
3:24.38	Canyon Springs			1999	3:27.58	Notre Dame		2000
3:24.40	Murrieta			2003	3:27.76	La Sierra		2004
3:24.4	Canyon Springs			1994	3:27.80	Poly		2001
3:24.44	Poly			1993	3:27.85	Moreno Valley		1985
3:24.49	Corona			1995	3:27.85	Chaparral		2004
3:24.50	King			2011	3:27.85	Vista del Lago		2015
3:24.6+	Hemet		3:25.8y	1975	3:27.8	Indio		1983
3:24.68	Rancho Verde			2007	3:27.92	Elsinore		1990
3:24.7+	Indio		3:25.8y	1972	3:27.93	Corona		1994
3:24.73	Rancho Verde			2005	3:27.94	Moreno Valley		2000
3:24.74	King			2014	3:27.94	Vista del Lago		2014
3:24.76	Valley View			1997				
3:24.76	San Jacinto			2006				
3:24.80	Canyon Springs			2002				
3:24.80	Corona			2014				
3:24.8	Poly			1998				

Sprint Medley

3:26.37	Great Oak							2012
3:26.60	Rancho Verde							2008

3:27.49	Rancho Verde	2009	10:31.81	La Sierra	2011
3:29.80	Rancho Verde	2010	10:31.87	Murrieta	1999
3:30.53	La Sierra	2008	10:32.02	Canyon Springs	2002
3:31.05	Great Oak	2014	10:32.46	King	2010
3:31.49	La Sierra	2012	10:34.39	TemeculaValley	1997
3:31.72	Vista Del Lago	2007	10:35.68	La Sierra	2010
3:31.81	Valley View	2010	10:35.69	La Sierra	2008
3:32.52	Great Oak	2011	10:35.86	Vista	2007
3:33.06	Valley View	2012	10:37.62	King	2013
3:33.18	Valley View	2011	10:39.56	Woodcrest Chr	2009
3:33.76	Rancho Verde	2003	10:40.22	Roosevelt	2011
3:34.10	Roosevelt	2011	10:40.35	Elsinore	2014
3:34.25	Great Oak	2015	10:40.68	Great Oak	2011
3:34.27	Roosevelt	2008	10:41.72	Murrieta Valley	2004
3:35.01	Great Oak	2013	10:42.42	Arlington	1996
3:35.31	Roosevelt	2009	10:42.83	Indio	2003
3:35.66	Vista del Lago	2009	10:43.65	Roosevelt	2008
3:35.79	Roosevelt	2010	10:43.86	Elsinore	1989
3:36.06	Corona	2015	10:44.23	Temecula Valley	1994
3:36.54	Great Oak	2010	10:45.06	Indio	2013
3:37.30	Roosevelt	2013	10:45.64	Vista	2005
3:37.52	Cathedral City	2003			

4 x 800m Relay

7:37.09	Great Oak	2015
7:41.20	Vista	2013
7:42.81	Great Oak	2014
7:42.99	Murrieta	2003
7:44.90	La Sierra	2007
7:49.05	Corona	2015
7:53.36	Great Oak	2012
7:53.79	North	2007
7:54.21	Great Oak	2010
7:57.49	Temecula	2002
7:58.50	Vista	2011
7:59.93	Great Oak	2007
8:01.00	Roosevelt	2015
8:01.1	La Sierra	2006
8:02.25	Vista	2015
8:02.77	North	2006
8:03.04	Corona	2012
8:03.7	Rancho Verde	1999

Distance Medley

10:01.79	La Sierra	2007
10:05.35	Great Oak	2015
10:07.21	Great Oak	2014
10:07.73	Vista	2013
10:08.52	Vista	2012
10:09.50	Great Oak	2012
10:11.26	Vista	2010
10:13.17	Corona	2015
10:15.78	Great Oak	2010
10:16.05	Murrieta	2003
10:19.24	Great Oak	2013
10:19.64	King	2015
10:22.27	La Sierra	2005
10:22.67	La Sierra	2006
10:23.27	La Sierra	2012
10:23.98	Vista	2009
10:25.12	Vista	2015
10:25.36	Murrieta Valley	2007
10:25.43	La Sierra	2003
10:25.49	Roosevelt	2012
10:25.82	Roosevelt	2015
10:26.95	King	2012
10:27.43	Murrieta	2006
10:28.17	Corona	2014
10:29.68	Corona	2010
10:30.27	Murrieta	2002
10:30.62	Corona	2008
10:31.46	King	2014
10:31.71	King	2011

4 x Mile Relay

17:35.94	La Sierra	2007
18:00.85	Corona	2008
18:01.79	Roosevelt	2009
18:01.87	Great Oak	2011
18:02.6	Indio	1980
18:02.70	Vista	2010
18:05.27	Corona	2010
18:08.71	Temecula	2003
18:09.51	Murrieta Valley	2006
18:13.39	Vista	2008
18:15.64	Murrieta Valley	2007
18:15.65	Corona	2004
18:18.45	Corona	2009
18:21.68	La Sierra	2009
18:29.73	La Sierra	2006
18:31.77	Great Oak	2009
18:40.40	King	2009
18:42.07	Rubidoux	2004
18:42.23	Corona	2007

4 x 1600m Relay

17:20.37	Roosevelt	2012
17:21.11	Great Oak	2014
17:21.44	Great Oak	2015
17:32.95	Great Oak	2012
17:33.53	King	2013
17:39.20	Corona	2015
17:39.40	Great Oak	2013
17:43.05	Roosevelt	2009
17:51.32	Roosevelt	2015
17:54.13	Roosevelt	2013
17:54.20	Elsinore	2014
17:55.59c	Great Oak	2011
17:56.41c	Vista	2010
17:57.47	La Sierra	2005
17:58.65	Roosevelt	2011
17:58.97c	Corona	2010
17:59.64	King	2015
18:01.88	Corona	2014
18:02.02	Indio	2014
18:03.1	Valley View	2011
18:09.28c	Murrieta Valley	2007
18:09.30	Corona	2011
18:09.51	Murrieta Valley	2006
18:10.29	Beaumont	2014
18:10.63	Murrieta Valley	2005
18:10.84	King	2012
18:12.07c	Corona	2009
18:14.20	Indio	2015
18:15.28c	La Sierra	2009

18:16.76	King	2011	6-8	Terry Whitfield (Palo Verde)	
18:17.14	Rubidoux	2003	6-8	Damon Jackson (Perris)	1998
18:17.94	Corona	2013	6-8	Jeff Midget (La Sierra)	2001
18:20.13	King	2014	6-8	Jayson Boyd (North)	2001
18:20.41	Temecula	2003	6-8	Josh Gibson (Canyon Springs)	2003
18:22.27	Valley View	2010	6-8	Tim Sebastian (North)	2005
18:22.99	La Sierra	2014	6-8	Ryan Swafford (Vista)	2008
18:23.71	Mesa	2014	6-8	Michael Albrecht (King)	2009
18:24.68	La Sierra	2003	6-8	**Wes Coffey (Palm Desert)	2013
18:25.32c	Great Oak	2009	6-8	Nolan Kelly (Corona)	2013
18:25.56	La Quinta	2013	6-8	Taelin Webb (Roosevelt)	2014
18:26.44	Beaumont	2013	6-7.75	Nathan White (Hemet)	1994
18:27.78	Santiago	2010	6-7	Tom Quast (San Jacinto)	1962
18:27.92	Beaumont	2003	6-7	Adams (Palo Verde)	1974
18:29.09	Indio	2012	6-7	Chris Lowery (Canyon Springs)	1990
18:29.21	King	2009	6-7	Anthony Preyear (La Sierra)	1994
18:29.73	La Sierra	2006	6-7	Marty Fonseca (Murrieta)	1994
18:30.20	Roosevelt	2014	6-7	Aaron Masters Hemet	1994
18:30.47	Vista	2013	6-7	Kyle Batiste (Poly)	1995
18:31.70	La Sierra	2007	6-7	Tim Dunlap (San Jacinto)	1997
18:34.0	Elsinore	1992	6-7	Josh Law (Beaumont)	1999
18:34.69	Mesa	2013	6-7	Lance Gonzales (Murrieta)	2005
18:35.50	Elsinore	2011	6-7	Brett McGregor (Murrieta)	2007
18:35.71c	Corona	2007	6-7	Nick Ross (Vista)	2007
18:35.90	Temecula	1999	6-7	**Daniel Adame (Murrieta)	2011
18:38.32	Rubidoux	2013	6-7	Nathaniel Williams (Chaparral)	2014
18:38.53	Murrieta Valley	2001	6-7	Tanner Behrens (Corona)	2014
18:38.63	Rubidoux	2014	6-6.5	Tom Banks (Poly)	1990
18:38.84	Hemet	1994	6-6.25	Anthony Soriano (Roosevelt)	2013
18:39.79	Cathedral City	2010	6-6	Roenicke San Jacinto)	1957
18:40.25	La Sierra	2008	6-6	Simpson (Banning)	1975
18:40.77	Vista	2009	6-6	Don Harris (North)	1981
18:41.32	Beaumont	2015	6-6	Tom Ward (Moreno Valley)	1984
18:41.47c	King	2010	6-6	Paul Fitzgerald (Hemet)	1986
18:42.31	Roosevelt	2010	6-6	Steve Wesolek (Arlington)	1988
18:44.08	La Quinta	2012	6-6	Mike Torres (Norco)	1991
18:44.59	Corona	1994	6-6	Malik Wyrick (Indio)	1992
18:44.72	Paloma Valley	2011	6-6	Jasper Williams (Rubidoux)	1993
18:45.43	Santiago	2013	6-6	Clayton Flemlister (Canyon Springs)	1993
18:45.58	Corona	2012	6-6	Jimmy Devine (Ramona)	1995
18:48.54	Great Oak	2007	6-6	Damian Bolin (Palo Verde)	1995
18:50.60	Beaumont	2010	6-6	Paul Ruvolo (Norte Vista)	1995
18:52.81	Roosevelt	2008	6-6	Andre Clayton (Norte Vista)	1997
18:53.00c	Great Oak	2010	6-6	Jamar Thymes (Norco)	1999
18:53.36	Santiago	2008	6-6	James Johnson (San Jacinto)	1999
18:53.43	La Sierra	2011	6-6	Jovan Grady (Rancho Verde)	2001
18:55.02	Elsinore	2013	6-6	Marvin Lea (King)	2001
18:56.28	Arlington	1996	6-6	Pierre Campbell (Banning)	2002
18:56.59	Chaparral	2013	6-6	Josh Roth (Santiago)	2004
18:58.72	Corona	2002	6-6	Jacob Nelson (San Jacinto)	2005
			6-6	Dominick Hemphill (Rancho Verde)	2005
			6-6	Miek Hernandez (Valley View)	2006
			6-6	Brandon Brown (Rancho Verde)	2007
			6-6	Tyquiese Anthony (Chaparral)	2008
			6-6	*Daniel Champion (Cathedral City)	2009
			6-6	Troy Watkins (Woodcrest Chr)	2010
			6-6	Nick Taylor (Murrieta)	2010
			6-6	Quincy Enuwa (Rancho Verde)	2010
			6-6	Terrance Graves (Roosevelt)	2010
			6-6	*Diego Felix (Coachella Valley)	2012
			6-6	Darion Williams (Vista)	2012
			6-6	Ishmael Stevenson (Great Oak)	2013
			6-6	Justin McKinley (Vista)	2013
			6-6	*Ryan Lauder milk (King)	2015
			6-6	Nate Kelly (Vista)	2015
			6-6	Tyler Burson (West Valley)	2015
			6-5.25	Scott Johnson (Norco)	1986
			6-5.25	Ricardo Aguilar (CSDR)	1986
			6-5	Susano Zepeda (Indio)	1984
			6-5	Hosea Love (Elsinore)	1957
			6-5	Tyronne Owens (Palm Desert)	1989
			6-5	Corey Kelley (Canyon Springs)	1992
			6-5	Raul Martinez (Centennial)	1993
			6-5	Tyrone Thompson (Ramona)	2001
			6-5	Wayne West (Arlington)	2006

High Jump

7-3	Avery Anderson (North)	1991	6-6		
7-3	Nick Ross (Vista)	2009	6-6		
7-0.25	Skylar Lacour (Rancho Verde)	2009	6-6		
6-11	Sam Bryant (Palo Verde)	1983	6-6		
6-11	Chris Olsson-ONeill (Rubidoux)	1991	6-6		
6-10	Preston Norman (Rancho Verde)	1999	6-6		
6-10	Doug Smith (West Valley)	2000	6-6		
6-10	Justin Nelson (Murrieta Valley)	2001	6-6		
6-10	Lance Soderberg (Centennial)	2002	6-6		
6-10	Donny Thompson (Canyon springs)	2004	6-6		
6-9	Cliff Curtis (Elsinore)	1991	6-6		
6-9	Mike Vasilie (Temecula)	1993	6-6		
6-9	Justin Nelson (Murrieta)	2002	6-6		
6-9	Nick Gregory (Chaparral)	2009	6-5.25		
6-9	** Elijah Hughes (JW North)	2014	6-5.25		
6-8.25	Lars Anderson (Corona)	1978	6-5		
6-8	Chris Harper (Arlington)	1980	6-5		
6-8	Danny Gallegos (Indio)	1980	6-5		
6-8	Steve Jones Arlington)	1982	6-5		
6-8	Matt Curtis (Elsinore)	1986	6-5		
6-8	George Woods (Rubidoux)	1989	6-5		

6-5	Tim Sebastian (North)	2006	15-0	Rodney Mabry (Temecula)	1997
6-5	*Quincy Enunwa (Rancho Verde)	2009	15-0	Ben Shelton (Centennial)	1998
6-5	Nnamdi Agude (Santiago)	2011	15-0	Andrew Lottig (Great Oak)	2014
6-5	*Marcus Williams (Roosevelt)	2013	15-0	Garrett Hansen (Santiago)	2014
6-4.5	David Moore (Palm Springs)	1955	15-0	* Tim Morphew (Great Oak)	2014
6-4.5	Mike Plinski (Corona)	1993	14-10	Austin Prince (Murrieta)	2008
6-4.5	B.J. Stewart (Norco)	1996	14-9	*Ryan Utnchmer (Chaparral)	2005
6-4	Columbus Calvert (Poly)	1959	14-9	Matt Davis (Elsinore)	2009
6-4	Jon Vaughn (Corona)	1966	14-9	Cory Pittman (Great Oak)	2012
6-4	Hollowell (Perris)	1970	14-9	Nick Weisheit (Roosevelt)	2012
6-4	Dave Nugent (Norco)	1973	14-8	Miles Reynolds (Hemet)	1991
6-4	Hammond (Hemet)	1976	14-7	Tim Morphew (Great Oak)	2015
6-4	Gary West (Arlington)	1979	14-6	Dopp (Corona)	1971
6-4	Jeff Livsay (Norco)	1984	14-6	Berry Leake (Corona)	1979
6-4	Nate Tucker (Corona)	1985	14-6	Rocky Wilson (Indio)	1979
6-4	Ken Leonard (Rubidoux)	1986	14-6	Marc Amesse (Elsinore)	1991
6-4	King (Beaumont)	1987	14-6	John Eckhardt (Hemet)	1993
6-4	David Guillermo (Palm Springs)	1989	14-6	Armando Duran (Nome Vista)	1995
6-4	Craig Smith (Temecula)	1990	14-6	Jeff Schneider (Murrieta)	1996
6-4	Jim Nolland (Elsinore)	1990	14-6	Josiah Douglas (Murrieta)	1995
6-4	Mark Greenwood (Canyon Springs)	1992	14-6	Duncan Johnson (Temecula Valley)	1998
6-4	Antoine Adkins (Rubidoux)	1992	14-6	Eddie Becker (Temescal Canyon)	1998
6-4	Scott Smith (Centennial)	1992	14-6	Steve Pease (Temescal Canyon)	1998
6-4	Chris Morrison (Norte Vista)	1992	14-6	Sam Ungeheier (Elsinore)	2001
6-4	Anderson (Poly)	1993	14-6	Carlos Sanchez (Paloma Valley)	2001
6-4	Tim Leffel (Hemet)	1995	14-6	Matt Saul (Temecula)	2003
6-4	Kurt Lomas (San Jacinto)	1995	14-6	Alex Lohman (Murrieta)	2005
6-4	Curtis Harrison (Banning)	1995	14-6	Jake Johnson (Temecula)	2006
6-4	Brad Ackley (Murrieta Valley)	1996	14-6	Myles McDowell (Murrieta)	2006
6-4	Dustin Riley (Woodcrest Christian)	1996	14-6	*Austin Woods (Canyon Springs)	2009
6-4	Max Saddler (Banning)	1996	14-6	Stephen Brown (Great Oak)	2010
6-4	Roman Herring (Arlington)	1996	14-6	Colin Cassady (Vista)	2012
6-4	Boyd Jensen (La Sierra)	1996	14-6	Andre Elmore (Roosevelt)	2013
6-4	Keith Thedford (Canyon Springs)	1997	14-6	Leonard Becarra (Santiago)	2014
6-4	Andy Haven (Palm Desert)	1997	14-4	Jeff Massey (Chaparral)	2001
6-4	Carlisle (Temecula)	1997	14-4	Christian Esplana (Roosevelt)	2015
6-4	Brad Ackley (Murrieta Valley)	1997	14-3	Eric Willis (Temescal Canyon)	2001
6-4	Rand Scheider (Murrieta Valley)	1998	14-3	*Colin Cassady (Vista)	2011
6-4	Jay Milliner (Poly)	1999	14-3	Jonathan Villafior (Vista)	2011
6-4	Jason Duckworth (North)	1999	14-3	Clint Suppe (Roosevelt)	2013
6-4	Chris Alsina (Beaumont)	2004	14-3	Marcos Zavaleta (King)	2015
6-4	Smith (Canyon Springs)	2004	14-2	Roger Heldoom (Perris)	1983
6-4	John Chea (La Quinta)	2005	14-2	Jarrod McGuire (Murrieta Valley)	2001
6-4	Robert Williams (Ramona)	2005	14-2	Jose Olague (Chaparral)	2008
6-4	Carrington Matthews (King)	2005	14-1	Larry Thompson (Ramona)	1970
6-4	Damone Bentley (North)	2005	14-0	Barry Gilfry (Corona)	1964
6-4	Jonathan Lacour (Rancho Verde)	2006	14-0	Ed Grondahl (Ramona)	1971
6-4	Jeremy West (Perris)	2006	14-0	Gonzales (Coachella)	1979
6-4	Malek Walls (Canyon Springs)	2010	14-0	Tony Young Coachella)	1984
6-4	Soloman Ijah (Murrieta)	2011	14-0	Scott Hanes (Ramona)	1987
6-4	Travis Schulte (Poly)	2013	14-0	James Guillermo (Palm Springs)	1989
6-4	*Roberts Sammy (Beaumont)	2013	14-0	Frank Ayers (Corona)	1990
6-4	* Tanner Torrez (Hemet)	2014	14-0	Aaron Bishop (Poly)	1990
6-4	* Nathan Fruehe (Great Oak)	2014	14-0	Nick Karr (Temescal)	1997
6-4	*Nick Kane (Great Oak)	2015	14-0	Duncan Johnson (Temecula)	1998
6-4	Johnnie Young (Rancho Verde)	2015	14-0	Tim Patino (Elsinore)	1998
6-4	Dominique Maiden (Temecula)	2015	14-0	Derrick Rathbone (Hemet)	1998
6-4	Cameron Eakins (Vista)	2015	14-0	Josh Colburn (Murrieta)	1999
6-4	Damon Dubots (Vista)	2015	14-0	Rithy Vong (Esinore)	2000
			14-0	Eric Witts (Elsinore)	2000
			14-0	Calvin Davis (Rubidoux)	2001
			14-0	Nathan Skankey (Murrieta)	2002
			14-0	Devin Duncan (Poly)	2003
			14-0	Devin Bergquist (Canyon Springs)	2003
			14-0	Chris Miyake (Murrieta)	2003
			14-0	Ian Peterson (Vista)	2007
			14-0	Tyler Wallace (Chaparral)	2008
			14-0	*Will Foody (King)	2011
			14-0	George Goodwin (Poly)	2012
			14-0	Nicholas Weisheit (Roosevelt)	2013
			13-9	Steve Nugent (Norco)	1976
			13-9	Buc Longmore (Elsinore)	1985
			13-9	Tom Petri (Poly)	1997
			13-9	Mark Johnston (King)	2005
			13-9	*Sean Stone (Great Oak)	2008

Pole Vault

16-6.5	Peter Chapman (Murrieta Valley)	2012	14-0	Devin Duncan (Poly)	2003
16-0	Richard Levenson (Elsinore)	2011	14-0	Devin Bergquist (Canyon Springs)	2003
16-0	*Shane Atkinson (Great Oak)	2013	14-0	Chris Miyake (Murrieta)	2003
15-9	Matt Mathis (Norte Vista)	1999	14-0	Ian Peterson (Vista)	2007
15-9	Levi Walker (Hemet)	2001	14-0	Tyler Wallace (Chaparral)	2008
15-9	Devin Rexroat (Norco)	2005	14-0	*Will Foody (King)	2011
15-8	Jon Vaughn (Corona (16-5?))	1966	14-0	George Goodwin (Poly)	2012
15-8	Heath Fulk (Norte Vista)	1991	14-0	Nicholas Weisheit (Roosevelt)	2013
15-7	*Myles McDowell (Murrieta)	2005	13-9	Steve Nugent (Norco)	1976
15-6	Dustin Wert (Great Oak)	2014	13-9	Buc Longmore (Elsinore)	1985
15-6	Ryan Polakiewicz (Great Oak)	2015	13-9	Tom Petri (Poly)	1997
15-5.25	Vic Diaz (Rubidoux)	1967	13-9	Mark Johnston (King)	2005
15-0	Brett Updike (Temecula)	1996	13-9	*Sean Stone (Great Oak)	2008

13-9	Bryar Yup (Vista)	2013	23-9.5	Kenny Johnson (Canyon Springs)	1974
13-9	Kyle Gunnell (Corona)	2013	23-8	Mike Harris (Indio)	1974
13-9	*Nathan Sukhov (Murrieta Valley)	2013	23-8	Nick Ross (Vista)	2009
13-9	Jonah Heath (Chaparral)	2014	23-7	Al Washington (Poly)	1966
13-9	*Asa Martin (Great Oak)	2015	23-6.5	Chris Milan (Great Oak)	2012
13-7	* Daniel Mukasa (King)	2014	23-6.25	Clay Hall (Palm Springs)	1982
13-7	Clayton Booth (Vista)	2014	23-6	JaMar Moore (Rubidoux)	1991
13-6	Bruner (Indio)	1977	23-6	Erik Vann (Canyon Springs)	1996
13-6	Vierra (Moreno Valley)	1976	23-4.5	Tony Williams (Indio)	1984
13-6	Owen (Indio)	1976	23-4.25	Lafayette Waters (Murrieta Valley)	2014
13-6	Wilson (Indio)	1976	23-4	Art Lilly (Perris)	1965
13-6	Don Flint (Norco)	1974	23-4	Mickey Grimes (Canyon Springs)	1995
13-6	Dave Nugent (Norco)	1973	23-3.25	Jared Lewis (Poly)	1994
13-6	Louie Romero (Indio)	1978	23-3.25	Ronald Howard (North)	2002
13-6	Jarret Johnson (Perris)	1984	23-3	Mike Howe (North)	1981
13-6	Roger Hallett (Hemet)	1984	23-3	Derron Smith (Banning)	2010
13-6	Troy Parr (Perris)	1986	23-2.25	Dave Janoski (Corona)	1992
13-6	Brent Benson (Corona)	1985	23-1.5	B.J. Stewart (Norco)	1996
13-6	Tim Dry (Elsinore).	1985	23-1.25	Jonathan Williams (Temecula)	2006
13-6	Doug Weber (Poly)	1986	23-1	Simpson (Banning)	1975
13-6	Jeff Wall (Norco)	1990	23-1	Lee Harper (Indio)	1988
13-6	Don Killian (Norte Vista)	1991	23-0	Vince Craghead (Rubidoux)	1971
13-6	Peter Anderson (Elsinore)	1992	23-0	Ryan Swafford (Vista)	2008
13-6	Brad Scott (Corona)	1992	23-0	**Quentin Taylor (Palm Springs)	2011
13-6	Sal Duran (Norte Vista)	1992	22-11.75	Kincaid (Perris)	1975
13-6	Eric Stanfield (Elsinore)	1993	22-10.5	Earnest Clark (North)	1984
13-6	Gilbert Amesse (Elsinore)	1993	22-10.5	Kenny Jackson (Elsinore)	2009
13-6	Mason McKinnon (Norco)	1994	22-10.25	Avery Anderson (North)	1991
13-6	Mike Ganet (Centennial)	1995	22-10.25	Billy Keys (North)	2002
13-6	Schimer (Murrieta)	1996	22-9.75	Jason Churchhill (Palm Springs)	1999
13-6	Tim Patinbo (Elsinore)	1997	22-9.75	* Nick Fisher (Gret Oak)	2014
13-6	Levi Walker (Hemet)	1999	22-9.5	Ron Oastes (Hemet)	1965
13-6	Troy Reynolds (Hemet)	1999	22-9	Nathan Campbell (Perris)	1989
13-6	Nathan Carman (West Valley)	1999	22-9	***Trevor Webb (Vista)	2009
13-6	Bobbie Hudson (Rubidoux)	2000	22-8.75	Brad McGee (Indio)	1981
13-6	Matt Ungeheier (Elsinore)	2001	22-8.75	Troy Watkins (Woodcrest Chr)	2010
13-6	Devin Bergguist (Canyon Springs)	2002	22-8.25	*Jordan Testerman (Vista)	2015
13-6	Chris Miyake (Murrieta)	2002	22-8	Nathan Irvin (Poly)	1998
13-6	Nick Ham (Temecula)	2002	22-8	Justin Nelson (Murrieta)	2002
13-6	Jake Defter (Chaparral)	2004	22-8	*Terance Narvaez (Canyon Springs)	2011
13-6	Steve Hoskinson (Poly)	2005	22-8	* CJ Alumbres (Vista)	2014
13-6	Matt Jones (Rancho Verde)	2006	22-7.75	Silas Hale (Poly)	1982
13-6	Pavel Mineukou (King)	2006	22-7.5	Ron Haines (Corona)	1984
13-6	Chris Schaal (Vista)	2007	22-7.25	Marquise Strange (Cathedral City)	1998
13-6	Ryan Sibley (King)	2007	22-7.25	Marcus Logan (North)	2004
13-6	Josh Brewton (Rubidoux)	2007	22-7	Trewitt (Elsinore)	1939
13-6	Ian Peterson (Vista)	2008	22-7	Main Mitchell (Temecula)	1995
13-6	Thomas Hamm (Poly)	2008	22-7	Brian Majors (Canyon Springs)	2001
13-6	Sean Stone (Great Oak)	2009	22-7	Jermaine Pate (North)	2002
13-6	Dee Davis (Great Oak)	2010	22-7	Davon Mercer (Murrieta)	2005
13-6	Clint Suppe (Roosevelt)	2011	22-6.75	Wilford Weischedel (Perris)	1948
13-6	Jon Barnes (King)	2011	22-6.25	C Stuart (Corona)	1974
13-6	*Randy Werkheiser (Elsinore)	2011	22-6.25	Josh Gibson (Canyon Springs)	2003
13-6	Avery Chung (Chaparral)	2013	22-6.25	Jesse Ooten (Rancho Verde)	2008
13-6	Aleksei Watson (Elsinore)	2014	22-5.75	OT Sabo (La Sierra)	2005
13-6	Cameron Brock (King)	2014	22-5.75	Kevin Kim (Santiago)	2015
13-6	Daniel Mukasa (King)	2015	22-5.25	Spencer Gray (Poly)	2010
13-6	*Zach Green (Poly)	2015	22-5.25	D.J. Redd (Paloma Valley)	2011
13-6	Jeff Robbins (Poly)	2015	22-5	Robert Cotton (Indio)	1983
13-6	*Alex Cha (Vista)	2015	22-5	Greg Davis (San Jacinto)	2001
			22-4.75	Ellison (Poly)	1940
			22-4.75	Nathan Arvin (Poly)	1999
			22-4.75	John Byrd (Arlington)	2009
			22-4.5	James Scott (Banning)	1984
			22-4.5	Malek Walls (Canyon Springs)	2010
			22-4.25	Orshawante Bryant (Rubidoux)	1996
			22-4.25	Myles Williams (Perris)	2011
			22-4	Jlmal Cumberbatch (Temecula)	2003
			22-3.5	Nick Neal (North)	2001
			22-3	Tony Young (Coachella)	1984
			22-3	Brandon Tedrow (Beaumont)	1999
			22-3	Theartis Grigsby (Vista)	2012
			22-2.75	Lou Welfel (La Sierra)	1993
			22-2.5	Wilson (Poly)	1931
			22-2.5	Curtis Proctor (Poly)	1994

Long Jump

25-3	Bobby Bonds (Poly)	1964			
24-10.5	Jovonte Slater (Vista)	2011	22-4.5	James Scott (Banning)	1984
24-5	Chris Harper (Arlington)	1980	22-4.5	Malek Walls (Canyon Springs)	2010
24-5	Mike Anderson (Rubidoux)	1983	22-4.25	Orshawante Bryant (Rubidoux)	1996
24-4.25	Verle Sorgen (Poly)	1949	22-4.25	Myles Williams (Perris)	2011
24-3	Bob Britt (Poly)	1962	22-4	Jlmal Cumberbatch (Temecula)	2003
24-3	Tyree Washington (La Sierra)	1995	22-3.5	Nick Neal (North)	2001
23-11.75	Joe Williamson (Poly)	1961	22-3	Tony Young (Coachella)	1984
23-11.5	*DJ Lloyd (Vista)	2008	22-3	Brandon Tedrow (Beaumont)	1999
23-11	Mario Montgomery (Banning)	1979	22-3	Theartis Grigsby (Vista)	2012
23-11	Quincy Franks (Perris)	1980	22-2.75	Lou Welfel (La Sierra)	1993
23-10.5	Jimmy Devine (Ramona)	1995	22-2.5	Wilson (Poly)	1931
			22-2.5	Curtis Proctor (Poly)	1994

22-2	Kevin Nolen (Norte Vista)	1990	47-10.25	Dyvod Hammond (Hemet)	1991
22-2	Corey Merrill (Palm Springs)	1992	47-8.5	Clayton Fleminster (Perris)	1993
22-2	**Nick Fisher (Great Oak)	2013	47-5.25	Myles Williams (Perris)	2011
22-1.5	Strange (Indio)	1978	47-4	Erik Vann (Canyon Springs)	1996
22-1.5	*Nick Talor (Vista)	2009	47-2	Paul Turner (Indio)	2009
22-1.25	Kale Novak (Murrieta Valley)	2012	47-0.75	Anthony Verret (Perris)	1985
22-1.25	Isaiah Manley (Santiago)	2014	46-10.25	Johnnie Young (Rancho Verde)	2015
22-1	George Woods (Rubidoux)	1989	46-9.25	Eric Nowell (Perris)	2006
22-1	Larry Jones (Canyon Springs)	1991	46-9	Walter Whitaker (Vista)	2011
22-1	Shamori Walker (Moreno Valley)	1993	46-8.25	Robert Cotton (Indio)	1983
22-1	Willie Baker (Norte Vista)	1997	46-8	Malek Walls (Canyon Springs)	2010
22-1	Brandon Tedrow (Beaumont)	1999	46-7	Jama1 Cumberbatch (Temecula)	2003
22-0.75	Angelo DeWitt (Indio)	1986	46-6.75	Manuel Santiago (King)	2008
22-0.5	Kyltone Jack (Canyon Springs)	1992	46-6.5	Rick Wood (Moreno Valley)	2000
22-0.5	Nate Koch (Temescal)	2003	46-6.25	Kyjione Jack Canyon Springs)	1992
22-0.5	Adam Luckey (Murrieta)	2005	46-6	Jovan Grady (Rancho Verde)	2002
22-0.25	Tim Williams (Rubidoux)	1985	46-4.25	Michael Howe (North)	1981

Wind-Aided:

24-11.75	Jovonte Slater (Vista)	2011	46-4.25	*Lorenzo Burns (Linfield)	2015
24-5	Mike Howe (North)	1981	46-4	Orshawante Bryant (Rubidoux)	1996
23-9.75	Kyjione Jack (Canyon Springs)	1992	46-3.5	Henry Vildosola (Woodcrest Chr)	2010
23-8.25	Simpson (Banning)	1975	46-1	Jeff Strange (Indio)	1983
23-7.5	**Ervin Simmons (Murrieta)	2009	46-0.5	B.J. Stewart (Norco)	1996
23-6	Derron Smith (Banning)	2010	46-0.25	Stanton Gibson (Ramona)	2002
23-4	Dave Janoski Corona)	1992	46-0.25	Julius Tate (Santiago)	2007
23-3.5	Nathan Irvin (Poly)	1998	46-0	Andy Pfeifle (Hemet)	1982
23-2.5	* CJ Alumbres (Vista)	2014	46-0	Larry Jones (Canyon Springs)	1990
23-2.25	Nick Ross (Vista)	2009	46-0	Phillip Craig (Banning)	2002
23-2	OT Sabo (La Sierra)	2005	45-11.5	Cullen Sullivan (Poly)	2012
23-2	Jonathan Williams (Temecula)	2006	45-9.75	Dion Beckton (Rancho Verde)	2012
23-0.25	Calvin Grissom (La Sierra)	1994	45-9.5	Isaiah Manley (Santiago)	2014
22-10.75	Lance Gonzales (Murrieta Valley)	2005	45-9.5	* Nick Fisher (Great Oak)	2014
22-10.5	Jon Greenwalt (Elsinore)	2010	45-9.25	Fraancea Brown (Rancho Verde)	1999
22-8.75	***John Byrd (Arlington)	2006	45-9	Aaron Smith (Canyon Springs)	1991
22-8.5	Marcus Logan (North)	2004	45-8	Devon Vinson (Santiago)	2015
22-8.5	Chase Aaronson (Palm Springs)	2007	45-7.75	Milan Ford (Centennial)	1994
22-8	Jeremy Wesst (Perris)	2008	45-7.25	Jimmy Devise (Ramona)	1995
22-8	Ricky Wright (Palm Springs)	2015	45-7	Aaron Harris (Canyon Springs)	1989
22-7.5	Rodney Storrs (Santiago)	2007	45-7	Nathan Irvin (Poly)	1999
22-7	Curtis Bonapart (Poly)	2005	45-6	*Jovonte Slater (Vista)	2010
22-6.5	Lance Gonzalez (Murrieta)	2004	45-4.25	Dominick Hines (Poly)	2006
22-6.5	Jesse Ooten (Rancho Verde)	2007	45-4.25	Stephon Williams (Roosevelt)	2012
22-6.5	Josh Como (Rancho Verde)	2006	45-4	Nnamdi Agude (Santiago)	2011
22-6.5	Malek Walls (Canyon Springs)	2010	45-3.5	Dave Janoski (Corona)	1992
22-6.25	Chris Samuel (Rancho Verde)	2004	45-3.5	*Jordan Austin (Canyon Springs)	2013
22-6	Eric Nowell (Perris)	2006	45-3.25	Jedaki Hill (Chaparral)	2014
22-6	Larry McCan (Indio)	2015	45-3	King (Beaumont)	1987
22-5	Tribble (Indio)	1975	45-3	John Peoples (Palm Desert)	1989
22-5	Danny Foster (Centennial)	2002	45-3	*Quincy Enunwa (Rancho Verde)	2009
22-5	**Bryan Thompson (Rancho Verde)	2015	45-2.75	Jim Chojnacki (Cal Lutheran)	2009
22-4.5	*Kameron Green (Great Oak)	2010	45-2.5	Michael Hernandez (Valley View)	2005
22-4.5	Matt Galloway (Elsinore)	2015	45-1.75	Petty (Hemet)	1985
22-4	Adam Luckey (Murrieta Valley)	2005	45-1.75	Lenny Williams (Corona)	1983
22-4	**Maverick Metoyer (Vista)	2013	45-1.75	JaMar Moore (Rubidoux)	1991

Triple Jump

50-3.5	Josh Como (Rancho Verde)	2006	45-0.75	Chris Davis (Rancho Verde)	2012
50-1.25	* CJ Alumbres (Vista)	2014	44-11.75	Ron Haines (Corona)	1985
49-9.5	Kenny Johnson (Canyon Springs)	1991	44-11.5	Joshua Rennick (Mesa)	2015
49-8	Nick Ross (Vista)	2009	44-11	Tyronne Owens (Palm Desert)	1989
49-7.25	Tim Williams (Rubidoux) (49-7.5w)	1985	44-10.5	Andre Hunt (Moreno Valley)	2008
49-6	Chris Benard (Santiago)	2008	44-10	*William Armour (Vista)	2011
49-0.25	Curtis Wilson (Rancho Verde)	2009	44-10	Rio Rodriguez (Poly)	2012
48-10.25	*Solomon Ijah (Murrieta)	2010	44-9.5	*Darren Bailey (Temecula Prep)	2008
48-7.75	Aaron Berry (Perris)	2015	44-9	Aaron Masters (Hemet)	1994
48-6.75	Ryan Swafford (Vista)	2008	44-9	Stevie Will (King)	2009
48-4.5	Clay Hall (Palm Springs)	1982	44-8.5	*Anthony Hollins (Perris)	2011
48-3.5	Larry Jones (Canyon Springs) (indoor)	1991	44-8.25	Ralph Johnson (Hemet)	1988
48-3	Norris (Coachella)	1978	44-8.25	Ray Warhop (Arlington)	1995
48-1	Shamori Walker (Moreno Valley)	1993	44-8.25	*Adrienne Jackson (Vista)	2013
48-0.5	JR McCoy (Rubidoux)	1989	44-8	Tony Williams (Indio)	1984
48-0.5	Nick Taylor (Vista)	2010	44-8	Aaron Anderson (North)	1988
47-11.75	Staton Gibson (Ramona)	2003	44-8	Nosy Karasoulas (Elsinore)	1988

44-7.5	William Ibekwe (Norco)	2005	57-2.5	Hank Behrens (San Jacinto)	1999
44-7	Jeremy Meyerett (Rubidoux)	1993	56-11.5	Jordan Davis (Elsinore)	2015
44-6.75	*Kyle Ambat (Ramona)	2014	56-9.25	Desmond Clark (Rancho Verde)	2004
44-6.75	*Isaac Grimes (Rancho Verde)	2015	56-7.5	Adam Simler (Hemet)	2003
44-6.5	Jared Lewis (Poly)	1995	56-5	Charles Smith (Poly)	1955
44-6.5	Justin Nelson (Murrieta)	2001	56-3.25	Peyton (Beaumont)	1975
44-6	JJ Eddington (Perris)	1984	56-2.5	Brandis Dew (Hemet)	2004
44-6	William Shropshire (North)	1988	56-1.5	Jeremy Sutherland (Palm Springs)	2005
44-6	*Shane Stanton (Mesa)	2012	56-1	Picky Youngquist (Temescal)	2005
44-5.75	Eric Bello (Corona)	2000	55-11.25	Malone (Moreno Valley)	1977

Wind -aided:

50-6.75	Curtis Wilson (Rancho Verde)	2009	55-9.75	Phister (Poly)	1973
50-0.25	Nick Ross (Vista)	2009	55-9	Charles Martin (Poly)	1955
49-9.25	Josh Como (Rancho Verde)	2006	55-7	Robert Malone (King)	2006
49-7.5	Tim Williams (Rubidoux)	1985	55-6.5	George Allen (Rubidoux)	1991
49-1.25	Ryan Swafford (Vista)	2008	55-6	Kris Kirk (Elsinore)	2010
49-1	Nick Taylor (Vista)	2010	55-5.75	Rico Stubbs (Elsinore)	2013
49-0	Chris Benard (Santiago)	2008	55-4.5	Jeff Tavashati (Murrieta)	2009
47-7	Jovan Grady (Rancho Verde)	2002	55-3.25	Kyle Strawn (Great Oak)	2011
47-6	Johnnie Young (Rancho Verde)	2015	55-3	Henry Stevens (Banning)	1995
47-4.75	Paul Turner (Indio)	2009	55-0.5	Randy Patterson (Banning)	2000
47-3.5	Jeremy West (Perris)	2008	55-0	Siuva O'Reilly (Hemet)	1995
47-3	Aaron Berry (Perris)	2015	54-11.5	Louie Romero (Indio)	1978
46-9.5	Henry Vildosola (Woodcrest Chr)	2010	54-11.25	Desmond Clark (Rancho Verde)	2003
46-8.25	Malek Walls (Canyon Springs)	2010	54-10.5	Tevita Stevens (Hemet)	2005
46-8	Joshua Rennick (Mesa)	2015	54-10	Dennis Smith (Hemet)	1985
46-7	Jamal Cumbertach (Temecula)	2003	54-9.5	Sonny Soto (Ramona)	1990
46-2	Tim Sebastian (North)	2006	54-7.5	W. Palmer (Ramona)	1982
46-1.5	*Nick Fisher (Great Oak)	2014	54-6.5	Tanner Harrah (Temecula)	2005
45-11.75	Devin Ray (West Valley)	2014	54-5.5	CJ Francis (La Sierra)	2004
45-11.25	Adrienne Jackson (Vista)	2014	54-3.75	*Corey Whitaker (Vista)	2011
45-11	Jeremy West (Perris)	2008	54-3	Shane Wiley (Hemet)	1986
45-10.5	Jedkai Hill (Chaparral)	2014	54-2.75	Chris Witcher (La Sierra)	2004
45-10.25	*Jacob Zandi (Murrieta Valley)	2015	53-11.5	Danny Negrete Centennial)	2001
45-5	Anthony Hollins (Perris)	2012	53-11.5	Rosario Salazar North)	1989
45-3	Lafayette Waters (Murrieta Valley)	2014	53-11	Matt Gomez (Rubidoux)	2000
45-3	Ricky Wright (Palm Springs)	2015	53-11	Jose Sida (Hemet)	2007
45-1.5	*William Armour (Vista)	2011	53-10	Omar Valenzuela (La Quinta)	2015
45-1	Jonathon Hawkins (Rancho Verde)	2004	53-9	Greg Berry (Elsinore)	1986
45-0.5	Kenneth Whitmore (Rancho Verde)	2004	53-9	Westley Siebdrath (La Quinta)	2015
45-0	*David Irving (San Jacinto)	2010	53-8	Zach Ricketts (Poly)	2002
			53-7	Nate Dandridge (Valley View)	2001
			53-7	Kyle Moshkin (La Sierra)	2007
			53-6.5	*Matthew O'Hara (Poly)	2011
			53-6	Matt Stewart (Santiago)	2014
			53-5	Smutty Diecks (Poly)	1994
			53-5	Arturo Murillo (Ramona)	2009

Shot Put

69-7.25	Nick Ponzio (Great Oak)	2013
67-1.5	Joe Canavan (Palm Desert)	2007
63-11.5	Jake Knight (Rubidoux)	2001
62-5.25	Spencer Moorman (San Jacinto)	2010
61-8	Hank Kraychir (San Jacinto)	1979
61-3.75	Gene Clark (North)	1970
61-0.25	Jared Morgan (La Quinta)	2002
61-0	Corey Whitaker (Vista)	2012
60-11	Derek Kurkowski (Canyon Springs)	1997
60-10.75	Oscar Rodriguez (Palm Desert)	2004
60-9.75	Larry Richards (Poly)	1961
60-6.75	Leighton Heape (Palm Springs)	2002
60-4.25	John Chamberlain (Poly)	1958
60-3.75	Tim Oesterling (Ramona)	1966
60-2.5	Ed White (Indio)	1965
60-2	Matt Wiley (Hemet)	1989
59-8.5	Arren Roberson (Desert Hot Sp)	2010
59-7.75	Moises Ramos (Coachella Valley)	2011
59-7.5	Steve Fite (San Jacinto)	1961
59-5.75	*Lawrence O'Hara (Poly)	2013
58-9	Gabe Torre (Notre Dame)	1992
58-9	Rovann Cleveland (Rubidoux)	1999
58-3	Mike Savicky (Corona)	2001
58-2	Coleman Johnson (Poly)	1994
57-11.75	Kyle Nelthorpe (Poly)	2003
57-11.75	Justin Barlow (Great Oak)	2013
57-9	Steve Dufner (Hemet)	1972
57-8.5	Greg Garza (Indio)	2003
57-8.5	Matt O'Hara (Poly)	2012

Discus

200-3	Jared Morgan (La Quinta)	2002
198-1	Gabe Torre (Notre Dame)	1992
192-4	John Gallagher (Palm Desert)	1989
191-1	Greg Garza (Indio)	2003
188-10	Jason Rider (Murrieta)	2001
188-7	Hank Kraychir (San Jacinto)	1979
187-8	Nick Ponzio (Great Oak)	2013
187-0	Jared Morgan (La Quinta)	2001
184-4	Josh Rider (Murrieta)	2000
184-3	Brandis Dew (Hemet)	2005
183-8	Matt Lahti (Murrieta Valley)	2006
182-3	Coleman Johnson (Poly)	1994
182-0	Matt Gomez (Rubidoux)	1999
181-0	Omar Valenzuela (La Quinta)	2015
177-7	Rick Youngquist (Temescal)	2005
177-2	Jordan Davis (Elsinore)	2015
176-8	Kris Kirk (Elsinore)	2010
175-5	Jacob Castilow (Elsinore)	2012
175-4	Sapule Ta'amilo (Vista)	2012
174-8	*Seth Knowlton (Great Oak)	2015
174-6	Eldon Milholland (Hemet)	1965
174-1	Jake Knight (Rubidoux)	2001
173-10	Kyle Strawn (Great Oak)	2011
173-3	Matt Wiley (Hemet)	1989
171-10	DeAndre Reed (Rancho Verde)	2006

171-4	Nick Johnson (Cathedral City)	2005	157-4	Fernando Cordero (San Jacinto)	1992
171-2	Paul Bradley (Cathedral City)	2003	157-4	Brock Lasky (Poly)	2005
170-5	*Corey Whitaker (Vista)	2011	157-3	Charles Bochart (Elsinore)	2010
169-9	*Sapule Ta'amilo (Vista)	2011	157-1	Matt Hauffen (Norte Vista)	2010
169-5	Kendrick McDaniel (Indio)	1995	157-0	Andre Abrams (Perris)	1990
169-1	*David Potts (Roosevelt)	2015	156-9	Tony Stello (Canyon Springs)	1990
168-11	Kyle Moshkin (La Sierra)	2007	156-7	Ryan Tucker (Corona)	2001
168-5	Emil Mejares (Vista)	2010	156-6	Suia O'Reilly (Hemet)	1995
168-4	Cody Lynn (Paloma Valley)	2008	156-6	Greg Harris (Corona)	1996
167-9	Chris Witcher (La Sierra)	2004	156-6	Fernando Rodriguez (Elsinore)	2014
167-3	Jacob Underwood (Desert Chr-Bermuda D.)	2006	156-5	*Aaron Jeglin (San Jacinto)	2009
167-0	John McBride (La Sierra)	2010	156-4	Bobby Vail (Palm Springs)	1999
166-11	Jorge Alvarez (San Jacinto)	1993	156-4	Shaun Dech (Elsinore)	2013
166-3	Nick Nelthorpe (Poly)	2001	156-3	Jason Allison Canyon Springs)	1995
166-3	*Austin Elmore (Poly)	2005	156-3	Gavin Coath (Hemet)	2013
166-3	Dakarai Deramus (Roosevelt)	2015	156-2	Dan Anady (Hemet)	1978
166-2	Adam Medina (Canyon Springs)	2003	156-2	Mike Edge (Indio)	1987
166-1	Warden Bowen (Murrieta)	1993	156-2	Ryan Dannewitz (San Jacinto)	2008
165-6	Jesus Villarino (San Jacinto)	1997	156-0	Jeremy Fernandez (La Sierra)	2004
165-6	Brandon Sedlaczek (La Quinta)	2015	155-11	*Brock Wallander (Vista)	2015
165-4	Richard Valenti (Palm Desert)	2006	155-10	Curtis Romano (Vista)	2008
165-2	Jeremy Sutherland (Palm Springs)	2005	155-10	Spencer Moorman (San Jacinto)	2010
165-2	Wade Jones (Hemet)	2009	155-9	Jim Smith (Elsinore)	1993
164-10	Randy Leaphart (Poly)	1993	155-9	Kartiaire Young (La Sierra)	2014
164-7	Rhodes (Moreno Valley)	1978	155-7	Doonie Carlos (Rubidoux)	2003
164-6	Randy Patterson (Banning)	2000	155-7	Marcus Pallares (Norte Vista)	2008
164-5	Jose Sida (Hemet)	2007	155-6	Steve Hymer (Temescal)	1995
164-5	Caleb Wood (Beaumont)	2011	155-5	Justin Slater (La Sierra)	2007
164-4	Jeff Finger (San Jacinto)	1979	155-3	Richard Wallace (Norco)	1977
164-0	Mark Sumler (Indio)	2012	154-10	Mounga Tevita (Vista)	2014
163-9	Mike Cronshagen (Palm Springs)	2006	154-8	Terry Dowell (West Valley)	2000
163-9	Jeff Tavishati (Murrieta)	2009	154-6	Greet (Ramona)	1985
163-8	Al Faamalisili (Norte Vista)	1992	154-5	Andrew Sterndale (Chaparral)	2005
163-5	Adam Medina Canyon Springs)	2002	154-5	Eric DeVries (Hemet)	2007
163-3	Dan Estrada (Norco)	1991	154-2	Jon Perona (Elsinore)	1989
163-1	Greg Berry (Elsinore)	1986	154-0	Nick Cullen-Carroll (San Jacinto)	2006
163-0	Leighton Heape (Palm Springs)	2002	154-0	Justin Barlow (Great Oak)	2013
162-6	Derek Kurkowski (Canyon Springs)	1997	153-10	Marcos Villegas (Murrieta Valley)	2015
162-4	Brandon Alcanter (King)	2011	153-9	Colby Buttner (Norco)	1993
162-2	Tama Finau (Mesa)	2015	153-7	Shawn Mack (Paloma Valley)	2011
162-1	Matt Stewart (Santiago)	2014	153-6	Steve Nord (Hemet)	1981
162-0	Michael Payne (Murrieta Valley)	2013	153-6	*Josiah Ricciardi (Hemet)	2015
161-11	Chris Lucker (La Sierra)	2001	153-5	Cameron Lyman (Perris)	1988
161-9	Mike Haig (Norco)	1989	153-3	Brandon Haskett (San Jacinto)	1999
161-9	Skyler Pray (Great Oak)	2010	153-2	*Ben Echeverria (Corona)	2012
161-9	Aaron Jeglin (San Jacinto)	2010	153-1	Joe Canavan (Palm Desert)	2007
161-6	Cody Lynn (Paloma Valley)	2007	153-0	Moises Barragan (Palm Springs)	2009
161-4	Eduardo Garcia (Rubidoux)	2006	153-0	Matt O'Hara (Poly)	2012
161-3	Sonny Soto (Ramona)	1991	152-10	Bregman (Hemet)	1998
161-2	Andrew Misipeka (Chaparral)	2004	152-10	Grant Cleary (Vista)	2013
161-0	Andre Evans (Corona)	2010	152-10	Chris Whitscher (La Sierra)	2003
160-8	Lucas Miranda (Hemet)	1996	152-9	Henry Stevens (Banning)	1995
160-8	Zekai Wu (Roosevelt)	2013	152-8	Tim Garcia (Moreno Valley)	1986
160-7	Tevita Stevens (Hemet)	2005	152-8	Andrew Sterndale (Chaparral)	2004
160-7	Jordan Brawley (Citrus Hill)	2014	152-8	*Charles Bochart (Elsinore)	2009
160-6	Paul Staub (Hemet)	1980	152-7	Chreis Gura (Beaumont)	2013
160-5	Anthony Avina (Lakeside)	2010	152-6	Ricci (Moreno Valley)	1977
160-3	Ryan Gann (Corona)	2009	152-5	Brandon Harris (Rancho Verde)	2000
160-2	Padric Higgins (Norco)	1989	152-5	Gavin Gomes (Hemet)	2012
160-2	Bobbie Schwandt (La Sierra)	2005	152-4	Jake Cole (Hamilton)	2005
159-11	Tony Tuala (Temescal)	2003	152-4	Tristan Corwin (Elsinore)	2014
159-10	Alatorre (Indio)	1980	152-4	Tevita Mounga (Vista)	2015
159-8	Andy Richards (Hemet)	2006	152-3	Ricky Rhay (Poly)	1992
159-5	Chris Stevens (Hemet)	1998	152-2	Keith Kelly (Corona)	1987
159-1	Gabriel Vargas (Vista del Lago)	2010	152-2	Greg Robinson (Temescal)	1998
158-10	Westley Siebdrath (La Quinta)	2015	152-2	Joseph Young (Santiago)	2010
158-9	Alan Heidrich (Beaumont)	1994	152-1	Lee Felmley (Norco)	1987
158-9	Jean-Paul Afif (Temecula Valley)	1998	152-1	Ben Echevarria (Corona)	2013
158-9	Patrick Clifford (Chaparral)	2013	152-1	Dell Campbell (King)	2004
158-5	*Lawrence O'Hara (Poly)	2013	152-1	Sergio Hernandez (Cathedral City)	2014
158-4	Armando Ceja (Xavier Prep)	2012	151-11	Patrick Afif (Temecula)	2001
157-10	Alan Bash (Norco)	1977	151-10	*Jacob Costilow (Elsinore)	2011
157-10	Marcos Cordenas (Moreno Valley)	1998	151-8	Steven Hardy (Beaumont)	2001
157-8	*Andres Henry (Heritage)	2015	151-8	Jeff Tavashati (Murrieta)	2008
157-5	Tyler Cisneros (Palm Springs)	2007	151-7	*Jaquan Scott (La Sierra)	2011

151-6	Oscar Rodriguez (Palm Desert)	2004
151-5	*Mark Sumler (Indio)	2011
151-5	Donnell Toliver (Vista)	2013
151-4	Brett Brown (Corona)	1991
151-4	CJ Hicks (Hemet)	2015
151-3	Walter McNeil (Jurupa Valley)	1997
151-2	Lucia (Indio)	1982
151-1	Lucas Miranda (Hemet)	1994
151-0	Rosario Salazar (North)	1989
151-0	Jason Byrd (Temecula)	1996
150-11	PJ Bradley (Cathedral City)	2002
150-11	Andrew Misipeka (Chaparral)	2005
150-10	Nandho Rodriguez (Elsinore)	2014
150-9	*Rogelio Moreno (San Jacinto)	2011
150-9	Rico Stubbs (Elsinore)	2013
150-8	Ernesto Alvarez (San Jacinto)	1996
150-8	Barnes (King)	2002
150-8	Chris Harris (Canyon Springs)	2005
150-7	Dave Mundt (Norco)	1985
150-7	CJ Hicks (Hemet)	2014
150-6	Tim Garcia (Moreno Valley)	1984
150-6	John Ryan (Murrieta Valley)	1999
150-5	Garen Holmes (Norco)	1997
150-5	Roberto Reyes (Ramona)	2012
150-4	Jorge Cervantes (Indio)	2010
150-3	Christopher Brown (Desert Hot Springs)	2014
150-2	Adam Simler (Hemet)	2003
150-1	Daniel Mendez (La Sierra)	2006
150-0	L Ortiz (Corona)	1977
150-0	Eichelmann (Indio)	1976

Decathlon

5865	Chris Campbell (Poly)	1995
5864	Louie Romero (Indio)	1978
5545	Jack Reed (Indio)	1975
5343	Gilbert Amesse (Elsinore)	1993
4984	Shamori Walker (Moreno Valley)	1993
4789	Jeremy Luginbill (Poly)	1996
4764	Kevin Duncan (Poly)	2003
4694	David Pefley (West alley)	2000
4677	Eric Whitman (Poly)	2002
4577	Frank Almaraz (Banning)	2003
4519	Nathan Irvin (Poly)	1997
4512	Eric Whitman (Poly)	2003
4488	Kevin Gatrost (Elsinore)	2013
4358	Devin Duncan (Poly)	2002

GIRLS ALL-TIME BEST MARKS LIST

100 yards

		12.13	***Audriana Holloway (Vista)	2011
		12.13	Jasmyne Graham (Rosoevelt)	2015
11.0	Renee Chambers (Poly)	1979 12.14c	Antionette Winston (Perris)	11.9 1979
11.0	Shelly McDade (Norte Vista)	1979 12.14c	Ashanti Phannix (Moreno Valley)	11.9 1998
11.0	Robin Shelton (Corona)	1982 12.14c	April Henderson (San Jacinto)	11.9 1999
11.1	Lisa Winston (North)	1978 12.14	Angie Lindsey (Canyon Springs)	2001
11.1	Pauline Marag (Palm Springs)	1981 12.14	*Jordyn Smith (Corona)	2015
11.2	Pam Streeter (North)	1975 12.15	Breanca Fleming (Great Oak)	2007
11.2	Jamie Brown Canyon Springs)	1993 12.16	Bobbi Jones (Indio)	1984
11.2	Shania Edwards-Hambrick (Moreno Val)	1993 12.16	Jade Miller (Great Oak)	2013
11.3	Denise Woodward (Hemet)	1982 12.16	*Jaela Williams (Roosevelt)	2014
11.3	J Keeton (Corona)	1983 12.16	***Sydney Reid (King)	2015
11.3	Tanya Antuina (Norte Dame)	1983 12.18	Kim Burress (Temescal)	1999
11.3	Robin Shelton oreno Valley)	1983 12.19	Shanee Somerville (Palm Springs)	1991
11.53	Alicia Howard (Valley View)	1997 12.19	*India Webb (Vista)	2013
11.59	Thompson (Rudidoux)	1982 12.19	Doni Evans (Centennial)	2015
11.4	Ingrid Brown (La Sierra)	1984 12.20	Jessica Branker-Sanchez (Temescal)	2001
11.4	Seruaia Strange (Indio)	1986 12.21	Nettie Scott (Corona)	2010
11.4	Yvette McCullough (Arlington)	1986 12.21	Taisyn Crutchfield (Roosevelt)	2014
11.4	Keisha Morgan (Canyon Springs)	1990 12.24c	Nativa Johnson (Moreno Valley)	12.0 2004
11.4	Latoya LeJav (Canyon Springs)	1993 12.24	*Tia Parish (King)	2015
11.4	Theodosha_Rivers (Rancho Verde)	1995 12.25	Alicia Howard (Valley View)	1997
11.4	Jessica Branker-Sanchez (Temescal)	2000 12.26	**Diamonique Brogan (Heritage)	2013
11.66	Ingrid James (Ramona)	1988 12.28	**Kiarra Baker (Roosevelt)	2010
11.5	La Deanna Reynolds (Poly)	1982 12.29	Serma Strange (Indio)	1985
11.5	Bobbi Jones (Indio)	1984 12.29	Ranisha Delone (Rancho Verde)	2001
11.5	Kathy Lynaugh (Arlington)	1984 12.30	*Audriana Holloway (Mesa)	2013
11.6	Visa Boatman (Arlington)	1981 12.30	*Rahni Shakir (Vista)	2013
11.6	Christy Slaughter (Poly)	1990 12.31	Jenna Tomlin (Paloma Valley)	2002
11.6	Joanna Hayes (North)	1993 12.31	**Yazmin Taylor (Roosevelt)	2010
11.6	Marlene White (Norco)	1993 12.32	*Sharidan Sharpe (Centennial)	2010
11.6	Ashanti Phamux (Moreno Valley)	1996 12.32	**Ugochi Ogbunamiri (Notre Dame)	2011
11.6	Lenzy (Canyon Springs)	1999 12.32	*M'fon Ibekewe (JW North)	2014
11.6	Zaneta Robbs (Temecula)	2000 12.33	Taylor Matthews (Rancho Verde)	2012
Wind-Aided:		12.34	Celine Fleming Canyon Springs)	1989
11.4	Milauskas (Palm Springs)	1987 12.34c	Dejuana Stachell (Beaumont)	12.1 1997

100 meters

		12.34c	Maude Best (Banning)	12.1 1997
		12.34c	Jesscia Williams (La Sierra)	12.1 1999
11.61	Madinah Ali (Canyon Springs)	1995 12.34c	Candace Wilson (La Sierra)	12.1 1999
11.62	Lonshay Bradford (Elsinore)	2015 12.34c	DeTuana Satchel (Banning)	12.1 1999
11.64	Courtne Davis (Roosevelt)	2015 12.34c	Wilson (Hemet)	12.1 2000
11.67	Tracee Thomas (North)	1999 12.34c	Katie Christianson (La Quinta)	12.1 2000
11.67	Nicole Denby (North)	2000 12.34c	Hannah Francescon (Temecula)	12.1 2005
11.68	*Amanda Van Buren (Vista)	2015 12.35	Orlisha Henlon (King)	2002
11.73	Ashlee Brown (North)	2001 12.35	Ogonna Agu (Hemet)	2006
11.73	Jessika Hornsby (Rancho Verde)	2007 12.35	Morgan Pope (La Quinta)	2009
11.73	Saravia Richardson (North)	2006 12.35	** Cynamon Stevenson (Great Oak)	2014
11.73	*Asiah Gooden (Rancho Verde)	2009 12.35	***Jillian Goza (Vista)	2015
11.73	Kayla Wilson (La Quinta)	2014 12.36	Lafonda Thompson (North)	2006
11.75	Eboni Sutherland (Centennial)	2013 12.36	**Damatria Willingham (Paloma Valley)	2015
11.79	Alicia King (Rancho Verde)	2007 12.38	**Angela Mitchell (Roosevelt)	2012
11.85	DeAnna Carson (Vista del ago)	2003 12.39	Kamaria Heru (Arlington)	2002
11.85	Ashley Marshall (Rancho Verde)	2011 12.40	Kierra Augster (Vista)	2009
11.90	Michelle Norman (Vista)	2014 12.40	*Kiarra Baker (Roosevelt)	2011
11.91	Dominique Manning (North)	2004 12.40	Sheridan Sharpe (Roosevelt)	2012
11.92	*Alycia Herring (Rancho Verde)	2009 12.40	***Tiona Roberts (Roosevelt)	2015
11.92	Lauren Nichols (Murrieta Valley)	2012 12.41	*Angela Mitchell (Roosevelt)	2013
11.93	Bridgette Williams (North)	2000 12.41	Rickee Varnado (Rancho Verde)	2014
11.97	Jenna Tomlin (Paloma Valley)	2003 12.41	Simone Bucanan (Roosevelt)	2014
12.01	Nicole Hoxie (North)	1997 12.42	Natasha King (North)	1991
12.02	Kaelynn Greene (Roosevelt)	2011 12.43	Christie Slaughter (Poly)	1989
12.03	Theodosha Rivers (Rancho Verde)	1995 12.43	***Breanna Bernard-Joseph (Roosevelt)	2015
12.04	Kameria Heru (Arlington)	2001 12.43	***Mariah Allain (Norte Vista)	2015
12.07	Ashley Perkins (Norco)	2009 12.44	La Deanna Reynolds (Poly)	1984
12.09	Mary Carroll (Coachella)	1982 12.44c	Diane Temple (Notre Dame)	12.2 1995
12.09	*Khala Taylor (Great Oak)	2011 12.44	Jessica Branker-Sanchez (Temescal)	2003
12.11	Unique Anderson (Temescal)	2003 12.44c	Sigueria Spirlin (Valley View)	12.2 2004
12.11	Kimberly Sherrod (Murrieta)	2005 12.44c	Sina Weisemann (Vista)	12.2 2005
12.11	*Dynese Adams (Vista)	2009 12.44	Andi Ross (North)	2006
12.13	Precious Watkins (Rancho Verde)	2007 12.44	Seguria Spirlin (Moreno Valley)	2006
12.13	Jazmine Weatherspoon (Vista)	2009 12.44	** Tia Parrish (King)	2014

12.44	***Alana Wilson (La Quinta)		2015	12.70	***Rahni Shakir (Vista)		2011
12.45	Tanicka Ward (North)		2003	12.70	**Charizma Guzman (King)		2015
12.45	Omonlegbo Ovude (Santiago)		2006	12.70	***Dannae Dyer (Temecula Valley)		2015
12.45	Lovie Burlson (Vista)		2015				
12.46	Ishea Blackshear (North)		1996		Wind-Aided:		
12.46	*Kierra Auguster (Vista)		2008	11.51	Ashlee Brown (North)		2001
12.47	*Ciynamon Stevenson (Great Oak)		2015	11.57	Eboni Sutherland (Centennial)		2013
12.46	Cydney Jones (King)		2012	11.58	Tracee Thomas (North)		1999
12.48	Zona Chandler (Elsinore)		1981	11.58	*Asiah Gooden (Rancho Verde)		2009
12.48	Marjani Maldonado (North)		2006	11.58	*Kayla Wilson (La Quinta)		2013
12.48	Stephanie Brown (Rancho Verde)		2012	11.62	Courtne Davis (Roosevelt)		2015
12.49	Shania Edwards (Moreno Valley)		1993	11.68	Alicia King (Rancho Verde)		2007
12.50	Kiarra Baker (Roosevelt)		2012	11.73	Lauren Nichols (Murrieta Valley)		2012
12.50	*Jazmyne Santiel (Indio)		2015	11.75	*Alycia Herring (Rancho Verde)		2009
12.51	Denise Johnson Corona)		1990	11.77	Ashley Marshall (Rancho Verde)		2011
12.51	Brittany Osborne (Santiago)		2009	11.83	DeAnna Carson (Vista del Lago)		2003
12.52	Deanna Clawson (Hemet)		1991	11.86	*Courtne Davis (King)		2014
12.52	Luckie Carrasco (Vista)		2007	11.87	Nicole Hoxie (North)		1997
12.52	Nachelle Reyes (Rancho Verde)		2011	11.87	Dominique Manning (North)		2004
12.52	Rahni Shakir (Vista)		2014	11.88	Ashley Perkins (Norco)		2009
12.53	Tajshari Johnson (North)		1998	11.90	Kaelyn Greene (Roosevelt)		2011
12.53	Kanisha Cass (Rancho Verde)		2000	11.93	Unique Anderson (Temescal)		2003
12.53	*Kristy Allen (Santiago)		2008	11.93	*Jaela Williams (Roosevelt)		2014
12.54c	Keisha Morgan (Canyon Springs)	12.3	1990	11.95	*Dynese Adams (Vista)		2009
12.54c	Dana Burrell (Corona)	12.3	1995	11.99	Shanee Somerville (Palm Springs)		1991
12.54c	Yvette McCullough (Arlington)	12.3	1986	12.00	Taisyn Crutchfield (Roosevelt)		2014
12.54c	Julia Gray (North)	12.3	1997	12.01	Nicole Denby (North)		1998
12.54	*Nenia Taylor (Norco)		2010	12.03	Natva Johnson (Moreno Valley)		2004
12.54	*Amber Sanford (King)		2009	12.03	Cydney Jones (King)		2012
12.54	Robyn Carroll (Lakeside)		2008	12.03	*Audriana Holloway (Mesa)		2013
12.54	Nechelle Reyes (Rancho Verde)		2011	12.04c	Mary Carroll (Coachella)	11.8	1982
12.54	*Iris Chijioke (Roosevelt)		2011	12.04c	Taryn Foster (Poly)	11.8	1993
12.54	Shebanette Terry (Vista)		2013	12.04	Tanika Ward (North)		2003
12.54	**Bryana Hairston (Mesa)		2014	12.09	Khala Taylor (Great Oak)		2012
12.54	**Tylin Sands (Beaumont)		2015	12.10	Nettie Scott (Corona)		2010
12.54	*Alondra Gonzalez (Norte Vista)		2015	12.10	Jazmine Weatherspoon (Vista)		2009
12.55	**Brandee Rodriguez (Elsinore)		2010	12.10	D'oni Evans (Centennial)		2015
12.55	Duncan Nikia (Murrieta)		2009	12.11	**Ciynamon Stevenson (Great Oak)		2014
12.56	Candice Flemister (Perris)		1991	12.12	Iris Chijioke (Roosevelt)		2012
12.57	Courtney Logan (Indio)		1990	12.13	Breeanca Fleming (Great Oak)		2007
12.57	Alicia Thomas (Ramona)		1992	12.14c	Shania Edwards (Moreno Valley)		1993
12.57	Destiny Tyler (Canyon Springs)		2007	12.16	**Kiarra Baker (Roosevelt)		2010
12.58	Tiyauna Anderson (Murrieta)		2007	12.17	India Webb (Vista)		2014
12.58	*Camille Bowen (Riv Chr)		2009	12.19	**Amber Sanford (King)		2008
12.58	Destannie Chenevert (San Jacinto)		2011	12.21	Destannie Chenevert (San Jacinto)		2011
12.58	*Lillie Rellin (Canyon Springs)		2011	12.21	*Tia Parris (King)		2015
12.58	***Daja Reynolds (Heritage)		2013	12.23	Marjani Maldonado (North)		2008
12.58	Khasya Cunningham (King)		2015	12.24	Stephanie Brown (Rancho Verde)		2012
12.59	*Brandee Rodriguez (Elsinore)		2012	12.24	*Angela Mitchell (Roosevelt)		2013
12.59	*D'Oni Evans (Centennial)		2013	12.25	Ogonna Agu (Hemet)		2006
12.59	*Lovie Burlson (Vista)		2013	12.27	Natasha King (North)		1991
12.60	Kamilah Ali (Moreno Valley)		1989	12.27	Marjani Maldando (North)		2007
12.63	Diane Temple (Norte Dame)		1994	12.29	**Dynese Adams (Vista)		2008
12.64c	Lisa Poole (Perris)	12.4	1982	12.30	***Mariah Allain (Norte Vista)		2015
12.64c	Marie Stamps (Perris)	12.4	1984	12.31	Seguria Spirlin (Moreno Valley)		2006
12.64c	Jamie Brown (Canyon Springs)	12.4	1993	12.31	Deanna Grover (San Jacinto)		2007
12.64c	Debrina Wright (Corona)	12.4	1994	12.33	Diane Temple (Norte Dame)		1994
12.64c	Shanti Oyenuga (Palm Desert)	12.4	1995	12.33	Jessica Banker- Sanchez (Temescal)		2003
12.64c	Kari Snow (Norco)	12.4	2002	12.33	Orlisha Henlon (King)		2003
12.64c	Mercedes Scrivens (Paloma Valley)	12.4	2003	12.33	Kiarra Baker (Roosevelt)		2012
12.64c	Brison (North)	12.4	2004	12.37	Camille Bowen (Riv Christian)		2010
12.64c	LaQuesha Robinson (La Sierra)	12.4	2004	12.38	Morgan Pope (La Quinta)		2009
12.64c	Chalon Conley (Arlington)	12.4	2004	12.38	Ashleigh Wells (Roosevelt)		2009
12.64c	Edwards (Canyon Springs)	12.4	2004	12.38	**Uwakmfon (m'fon) Ibekwe (North)		2013
12.64	**Ashley Marshall (Rancho Verde)		2009	12.38	Rahni Shakir (Vista)		2014
12.65	Diamonique Pate (Rancho Verde)		2008	12.38	***Alana Wilson (La Quinta)		2015
12.65	Starlynn Singleton (Mesa)		2013	12.38	**Tylin Sands (Beaumont)		2015
12.66	***Lydia Buggs (Vista)		2014	12.39	Sheridan Sharpe (Roosevelt)		2012
12.67	Unique Lewis (Hemet)		1989	12.41	Amber Hegwood (Poly)		2008
12.67	**Destiny Longmire (Rancho Verde)		2014	12.41	**Alexis Sutherland (Corona)		2015
12.67	Bryana Hairston (Mesa)		2015	12.42	Tiyauna Anderson (Murrieta)		2007
12.67	**Alexis Sutherland (Corona)		2015	12.42	**Diamonique Brogan (Heritage)		2013
12.69	Shammeen Dawson (Perris)		2001	12.43	Morgan Pope (La Quinta)		2008
12.70	Nikki Horton (Canyon Springs)		1989	12.43	*Atiya Strange (Indio)		2012
12.70	Norma Esqueda (La Quinta)		2001	12.44c	Dorris Williams (Poly)	12.2	1985

12.44c	Kellye Lazarus (King)	12.2	2004	24.63	* Courtne Davis (King)	2014
12.44	Andi Ross (North)		2006	24.66	Ogonna Agu (Hemet)	2006
12.45	*Asha Greene (Vista)		2008	24.68	Julia Gray (North)	1995
12.45	*Alexis League (La Sierra)		2012	24.68	Cydney Powell (Corona)	2014
12.45	*Simone Buchanan (Roosevelt)		2013	24.70	Cydney Jones (King)	2012
12.45	* Khasya Cunningham (King)		2014	24.70	Loryn Nichols (Murrieta Valley)	2012
12.46	Amanda Gonzalez (Corona)		2014	24.71	Jade Miller (Great Oak)	2013
12.46	Sumaiyah Sullivan (Jurupa Valley)		2015	24.73	Ashley Marshall (Rancho Verde)	2011
12.47	**Taylor Matthew (Rancho Verde)		2010	24.75	Akia Armstrong (Roosevelt)	2013
12.47	Robyn Carroll (Lakeside)		2008	24.79	Taylor Smith (Roosevelt)	2015
12.47	***Nenia Taylor (Norco)		2008	24.81	Shanee Somerville (Palm Springs)	1991
12.48	Luckie Carrasco (Vista)		2007	24.83	***Amber Munerlyn (Santiago)	2010
12.49	Jasmine Seymour (Paloma Valley)		2007	24.83	Lonshay Bradford (Elsinore)	2015
12.51	Moriah Jubray (Centennial)		2005	24.84	Ashanti Phannix (Moreno Valley)	1998
12.51	Cydney Powell (Corona)		2014	24.85	*Taisyn Crutchfield (Roosevelt)	2013
12.52	*Amber Lambert (Corona)		2011	24.87+	Renee Chambers (Poly)	25.01y 1979
12.52	Kate Rodriguez (Elsinore)		2013	24.87	Emily Cooper (Vista del Lago)	2010
12.52	Dystiny Johnson (Great Oak)		2014	24.89	Kim Burress (Temescal)	1999
12.52	***Sydney Reid (King)		2015	24.89	Precious Watkins (Rancho Verde)	2006
12.53	*Camille Davis (North)		2010	24.89	*Dynes Adams (Vista)	2009
12.53	***Danae Dyer (Temecula Valley)		2015	24.90	Nettie Scott (Corona)	2010
12.54	Omonlego Avbude (Santiago)		2005	24.92	Tamika Ward (North)	2001
12.54	*Cydney Jones (King)		2011	24.94c	Ashlee Brown (North)	24.7 2001
12.54	**Imiendei Adegbe (Santiago)		2015	24.94	Lorraine King (North)	2004
12.55	Moriah Jubrey (Centennial)		2003	24.95	*Angela Mitchell (Roosevelt)	2013
12.55	Paige Miller (Rancho Verde)		2006	24.96	Lafonda Thompson (North)	2006
12.55	**Brandee Rodriguez (Elsinore)		2010	24.97	India Webb (Vista)	2014
12.55	*Charmane Hammond (Perris)		2011	25.00	Michelle Norman (Vista)	2014
12.55	Jennifer Van Wey (Linfield)		2009	25.02	*Simone Buchanan (Roosevelt)	2013
12.56	**Sharidan Sharpe (Centennial)		2010	25.04c	Raynisha Delone (Rancho Verde)	24.8 1999
12.57	Heather Brown (Notre Dame)		2003	25.04c	Shelese Ruffin (Beaumont)	24.8 2004
12.57	***Jaszmyne Santiel (Indio)		2013	25.08	Gayle Hunter (North)	2003
12.59	Unique Lewis (Hemet)		1989	25.11	Ashleigh Wells (Roosevelt)	2009
12.59	Shanti Oyenuga (Palm Desert)		1997	25.14c	Bizzle (North)	24.9 2000
12.60	Djuara Jackson (Arlington)		2005	25.14c	Jennifer Steen (La Sierra)	24.9 2000
12.60	Ashley Perkins (Norco)		2007	25.15	**Uwakmfon (M'fon) Ibekwe (North)	2013
12.61	J Keeton (Corona)		1983	25.18	Jamie Brown (Canyon Springs)	1993
12.61	Dana Burrell (Corona)		1997	25.20	Jazmine Weatherspoon (Vista)	2009
12.61	*Sarai Reyes (Indio)		2013	25.20	**Kiara Baker (Roosevelt)	2010
12.61	Precious Watkins (Rancho Verde)		2004	25.21	Breeanca Fleming (Great Oak)	2007
12.61	Regina Sheffield (Paloma)		2015	25.24c	Kamoria Heru (Arlington)	25.0 2000
12.62	Nikki Horton (Canyon Springs)		1989	25.24	Iris Chijioke (Roosevelt)	2012
12.62	Brittany Osborne (Santiago)		2009	25.26	Rochelle Reese (Corona)	1988
12.62	Kieana Morrison (North)		2008	25.28	Audriana Holloway (Mesa)	2014
12.62	Hanna Francescon (Temecula)		2008	25.32	Orlisha Henlon (King)	2003
12.62	*Rahni Shakir (Vista)		2013	25.33	**Alexis Sutherland (Corona)	2015
12.63	Kristen Johnston (Great Oak)		2007	25.34c	Ogonna Agu (Hemet)	25.1 2004
12.63	***Kimberly Evans (Temecula Valley)		2015	25.34	*Kaelynn Greene (Roosevelt)	2010
12.64	***Azalea Guanajuato (Cathedral City)		2015	25.34	*Mariah Mora (Mesa)	2013
12.65	*Michelle Akanji (Santiago)		2012	25.34	*Tia Parrish (King)	2015
12.66	Robin Shelton (Moreno Valley)		1983	25.35	Denise Johnson (Corona)	1990
12.66	Alondra Gonzalez (Norte Vista)		2015	25.35	Kim Sherrod (Murrieta)	2006
				25.36	*Amber Sanford (King)	2009
				25.39	Sumaje Howard (Rancho Verde)	2013
				25.42	**Sharidan Sharpe (Centennial)	2010
				25.42	Mercy Akanji (Santiago)	2013
				25.43	Kanisha Cass (Rancho Verde)	2000
				25.44	Alisia Thomas (Ramona)	1992
				25.44	April Henderson (San Jacinto)	25.2 1999
				25.44c	Dominique Manning (North)	25.2 2004
				25.45	* Khasya Cunningham (King)	2014
				25.47	Stephanie Brown (Rancho Verde)	2012
				25.47	Amanda Gonzalez (Corona)	2014
				25.49	Nicole Denby (North)	1998
				25.49	Morgan Pope (La Quinta)	2009
				25.49	Taylor Matthews (Rancho Verde)	2012
				25.51	La Deanna Reynolds (Poy)	1984
				25.51	Jessica Banker-Sanchez (Temescal)	2003
				25.52	***Mariah Allain (Norte Vista)	2015
				25.53	Angie Ned (Rancho Verde)	2001
				25.55	* Aaliyah Crawford (Citrus Hill)	2014
				25.59+	Lianne Peterson (Palm Springs)	25.5y 1990
				25.59	Nativa Johnson (Moreno Valley)	2004
				25.59	***Sydney Reid (King)	2015
				25.60	Tiyauna Anderson (Murrieta)	2007
23.28	Tracee Thomas (North)		1999	25.42		
23.68	*Alycia Herring (Rancho Verde)		2009	25.43		
23.72	Madinah Ali (Canyon Springs)		1995	25.44		
23.79	Eboni Sutherland (Centennial)		2013	25.44		
23.86	*Gabrielle Estell (Rancho Verde)		2010	25.44c		
23.90	Jessika Hornsby (Rancho Verde)		2007	25.45		
24.04	*Kayla Wilson (La Quinta)		2013	25.47		
24.06	Saravia Richardson (North)		2006	25.47		
24.21	Bridgette Williams (North)		2000	25.49		
24.24c	Terica Ned (Rancho Verde)	24.0	1999	25.49		
24.33	*Amanda Van Buren (Vista)		2015	25.49		
24.34	Alicia King (Rancho Verde)		2007	25.51		
24.36	Ashley Perkins (Norco)		2009	25.51		
24.39	Courtne Davis (Roosevelt)		2015	25.52		
24.42	*Akia Armstrong (Roosevelt)		2012	25.53		
24.44	*Asiah Gooden (Rancho Verde)		2009	25.55		
24.46	Theodosha Rivers (Rancho Verde)		1995	25.59+		
24.60	Khala Taylor (Great Oak)		2012	25.59		
24.62	DeAnna Carson (Vista del Lago)		2003	25.59		
24.63	***Audriana Holloway (Vista)		2011	25.60		

200 Meters

25.60	D'oni Evans (Centennial)		2015	23.59	*Amanda Van Buren (Vista)		2015
25.61	Mandrell Anderson (North)		1996	24.16	Courtne Davis (Roosevelt)		2015
25.61	**Ugochi Ogbunamiri (Notre Dame)		2011	24.17	**Alycia Herring (Rancho Verde)		2008
25.62	Lena Bettis (North)		2000	24.28	Julia Gray (North)		1997
25.63	*Kierra Auguster (Vista)		2008	24.30	Alicia King (Rancho Verde)		2007
25.64c	Sigueria Sperlin (Valley View)	25.4	2004	24.40	Shanee Somerville (Palm Springs)		1991
25.64	**Yasmin Taylor (Roosevelt)		2010	24.49	Cyndie Jones (King)		2012
25.64	M'fon Ibekewe (North)		2015	24.53	Cydney Powell (Corona)		2014
25.65	Joanna Hayes (Arlington)		1994	24.66	*Aaliyah Crawford (Citrus Hill)		2014
25.67	Andi Ross (North)		2006	24.66	Jasmyne Graham (Roosevelt)		2016
25.70+	Natsha King (North)		1989	24.74c	Erin Green (North)	24.5	1993
25.70	**Brianna Cole (Santiago)		2009	24.86	Robyn Carroll (Lakeside)		2008
25.72	Christy Slaughter (Poly)		1990	24.89	Kim Burress (Temescal)		1999
25.73	**Shae Anderson (Santiago)		2015	24.90	**Akia Armstrong (Roosevelt)		2011
25.74c	Deanna Clawson (Hemet)	25.5	1991	24.92	Jamie Brown (Canyon Springs)		1993
25.74c	Shanti Oyenuga (Palm Desert)	25.5	1995	24.93	*Iris Chijioke (Roosevelt)		2011
25.74c	Wendy Reed (Canyon Springs)	25.5	1996	24.95	**Uwakmfon (M'fon) Ibekwe (North)		2013
25.74c	LaQuesha Robinson (La Sierra)	25.5	2004	24.95	Taylor Smith (Roosevelt)		2015
25.76	**Tylin Sands (Beaumont)		2015	24.98	Nettie Scott (Corona)		2010
25.77	Shemanette Terry (Vista)		2013	25.01	Cydney Powell (Corona)		2014
25.78	Bobbie Tones (Indio)		1984	25.04	*Amber Sanford (King)		2008
25.78	Alicia Howard (Valley View)		1997	25.10	*Chasity Ducre (Roosevelt)		2013
25.79+	Jackson (North)	25.7y	1976	25.11	*Jasmine Weatherspoon (Vista)		2008
25.79+	Antionette Winston (Perris)	25.7y	1979	25.13	Precious Watkins (Rancho Verde)		2007
25.79	Keisha Morgan (Canyon Springs)		1991	25.15	Audriana Holloway (Mesa)		2014
25.80	Norma Esqueda (La Quinta)		2003	25.15	Taisyn Crutchfield (Roosevelt)		2014
25.80	Chalon Conley (Arlington)		2004	25.16	*Lonshay Bradford (Arlington)		2014
25.80	*Kristian Wright (Canyon Springs)		2010	25.16	Simone Buchanan (Roosevelt)		2014
25.81	Carrie Walls (Canyon Springs)		1996	25.16	***Sydney Reid (King)		2015
25.81	Khasya Cunningham (King)		2015	25.18	**Alexis Sutherland (Corona)		2015
25.83	*Brianna Cole (Santiago)		2010	25.19	*Mariah Mora (Mesa)		2013
25.84c	Erin Green (North)	25.6	1993	25.20	***Khala Taylor (Great Oak)		2009
25.84c	Evandra Owens (Hemet)	25.6	1995	25.22	Morgan Pope (La Quinta)		2008
25.84c	Chaunte Howard (North)	25.6	2000	25.24	***Ashley Marshall (Rancho Verde)		2008
25.85	Camille Williams (Vista)		2010	25.27	Alana Babers (North)		2007
25.85	*Cynamon Stevenson (Great Oak)		2015	25.28	Nativa Johnson (Moreno Valley)		2003
25.86	Ingrid James (Ramona)		1988	25.29	Aganna Agu (Hemet)		2005
25.86	*Jessica Johnson (Centennial)		2009	25.34	Kamaria Heru (Arlington)		2002
25.87	***Dynese Adams (Vista)		2007	25.35	Kierra Auguster (Vista)		2009
25.87	*Sumaje Howard (Rancho Verde)		2012	25.37	Kiarra Baker (Roosevelt)		2012
25.87	***Alana Wilson (La Quinta)		2015	25.38	*Kiarra Greene (Roosevelt)		2010
25.88	*Tori Alemany (Chaparral)		2012	25.38	Khasya Cunningham (King)		2015
25.89	Tasha McNair (Valley View)		2000	25.39	Tenna Tomlin (Paloma Valley)		2002
25.89	Jenna Tomlin (Paloma Valley)		2003	25.39	Camille Bowen (Riv Christian)		2010
25.89	Anthonae Sparks (Valley View)		2007	25.41	Morgan Pope (La Quinta)		2009
25.91	Angie Bizzle (North)		2003	25.44c	Lena Bettis (North)	25.2	2002
25.91	***Mya Marshall (Great Oak)		2014	25.51	Destannie Chenevert (San Jacinto)		2011
25.92	Doris Williams (Poly)		1984	25.52	*Tia Parrish (King)		2015
25.92	Brittany Baltazar (Santiago)		2004	25.54c	Jeanette Martinez (Perris)	25.3	2005
25.92	Hanna Fransescon (Temecula)		2007	25.55	***Alana Wilson (LaQuinta)		2015
25.92	**Brandee Rodriguez (Elsinore)		2010	25.56	**Dynese Adams (Vista)		2008
25.94	*Michelet Smith (Perris)		2012	25.59	*Jaela Williams (Roosevelt)		2014
25.95	*Jasmine Weatherspoon (Vista)		2008	25.60	**Dominique Hinds (Centennial)		2012
25.96	Dashea McLough (Temescal)		2003	25.62	Kate Christianson (La Quinta)		1999
25.96	Danae Dyer (Temecula)		2015	25.64c	Marisa Smith (Valley View)	25.4	2002
25.97	Madjie McIntos (Temecula)		2004	25.64c	Sigueria Spirlin (Moreno Valley)	25.4	2005
25.97	Kristen Johnston Great Oak)		2007	25.64	*Camille Petty (Roosevelt)		2009
25.97	Kierra Auguster (Vista)		2009				
25.97	**Krista Haddock (Hemet)		2013				
25.98	Denise Woodwar (Hemet)		1982				
25.98	Morgan Pope (La Quinta)		2007	54.22	Tracee Thomas (North) indoors		2002
25.98	*Rahni Shakir (Vista)		2013	54.28	Bridgette Williams (North)		2001
26.00	*Shonice Myers (Notre Dame)		2009	54.46	Taylor Smith (Roosevelt)		2015
26.01	Destiny Tyler Canyon Springs)		2007	54.65	Julia Gray (North)		1995
26.03	Maude Best (Banning)		1997	54.69	Ashlee Brown (North)		2000
26.03	Asha Greene (Vista)		2009	54.72	**Gabby Estell (Rancho Verde)		2009
26.04	Celine Fleming (Canyon Springs)		1989	54.96	Khala Taylor (Great Oak)		2012
26.04	Kate Christianson (La Quinta)		1999	55.06	Jade Miller (Great Oak)		2013
26.04c	Leandra Jefferson Centennial)	25.8	1997	55.10	Shalese Ruffin (Beaumont)		2002
26.04c	Esperanza Kilgore (Valley View)	25.8	1998	55.24	Lorraine King (North)		2005
26.04	DeJuanna Satchel (Beaumont)		1998	55.78	***Aaliyah Crawford (Citrus Hill)		2012
26.04	Michelle Akanji (Santiago)		2013	55.81	*Simone Buchanan (Roosevelt)		2013
				56.12	***Alycia Herring (Rancho Verde)		2007
Wind-Aided:				56.25	Lili Calhoun (North)		2003
23.20	Tracee Thomas (North)		1999	56.25	**Uwakmfon (M'fon) Ibekwe (North)		2013

400 meters

56.29	Tamika Ward (North)		2001	58.69	Markisha Lea (King)		2002
56.30	Laura McDowell (La Sierra)		2009	58.69	***Ashley Chruszcz (King)		2015
56.37	*Ericka Nowell (Perris)		2008	58.76	Amanda Hawkins (Palm Springs)		2013
56.47	Lauren Coomber (Mesa)		2014	58.76	*Bria Palmer (JW North)		2014
56.55	**Crystal Tejada (Norte Vista)		2012	58.79	Kristian Wright (Canyon Springs)		2011
56.56	Marti Arguellas (Corona)		1991	58.81+	Robin Pratt (Moreno Valley)	59.16y	1978
56.78	Cydney Powell (Corona)		2014	58.83	Toyona Robinson (Valley View)		1998
56.61	Robyn Carroll (Lakeside)		2008	58.83	Kiah Smythe (Vista)		2007
56.93	Lonshay Bradford (Elsinore)		2015	58.85	***Audriana Holloway (Vista)		2011
56.96	Kayla Wilson (La Quinta)		2014	58.88	**Tarra Rarick (Paloma Valley)		2008
56.97+	Denise Woodard (Hemet)	57.3y	1980	58.88	*Shonice Myers (Notre Dame)		2009
56.98	**Chine Ehiemere (Rancho Verde)		2015	58.89	Hanna Francescon (Temecula)		2008
57.02	Raven Hebert (North)		1998	58.89	**Sarah Sanders (Great Oak)		2013
57.08	Kierstan Kirkland (North)		2005	58.89	***Rylee Kerr (Chaparral)		2015
57.16+	Renee Chambers (Poly)	57.49y	1979	58.94c	Joanna McNichol (Paloma Valley)	58.8	2005
57.17	*Jazmin Retano (Coachella Valley)		2012	58.94	*Michelet Smith (Perris)		2012
57.29	Jessica Johnson (Centennial)		2009	58.95	Laura McDowell (Arlington)		2012
57.32	Shemanette Terry (Vista)		2013	58.96	Lianne Peterson (Palm Springs)		1990
57.34c	***Jayla Walker (La Sierra)		2013	58.96	Tanetta Dismuke (North)		1992
57.37	M'Fon Ibekewe (North)		2015	58.96	Jessica Johnson (Centennial)		2010
57.39	*Taylor Lorack (Temecula)		2011	58.96	Kiara McIntosh (Paloma Valley)		2013
57.40	*Jaylah Walker (La Sierra)		2015	58.98	**Josie Guinn (Vista)		2015
57.44c	Jamie Brown (Canyon Springs)	57.3	1993	59.00	**Kailie Grimes (Beaumont)		2014
57.44	Hanna Francescon (Temecula)		2006	59.01	Camille Williams (Vista)		2010
57.44	*Camille Petty (Roosevelt)		2009	59.02	**Mya Marshall (Great Oak)		2015
57.45+	Gwen Adams (Moreno Valley)	57.7y	1979	59.04c	Denise Hall (Perris)	58.9	1980
57.45	Noelle Abboud (King)		2012	59.04c	Nicole Denby (North)	58.9	1998
57.45	Marisa Smith Valley View		2003	59.04	*Taisyn Crutchfield (Roosevelt)		2013
57.47	*Courtne Davis (King)		2014	59.04	Joy Ngula (Vista del Lago)		2015
57.51	Carrie Walls (Canyon Springs)		1995	59.08	*Janessa Brown (Murrieta)		2010
57.51	Akia Armstrong (Roosevelt)		2013	59.10	***Natalie Skaggs (Poly)		2014
57.55	Sandy Utterback (Poly)		1984	59.10	Dominique Hinds (Centennial)		2014
57.65	**Aaliyah Crawford (Citrus Hill)		2013	59.14c	Dominique Manning (North)	59.0	2002
57.70	***Breanna Bernard-Joseph (Roosevelt)		2015	59.17	Morgan Pope (La Quinta)		2007
57.75	*Dynese Adams (Vista)		2009	59.17	Alyssa Bryant (Great Oak)		2015
57.78	Alana Babers (North)		2007	59.18	Kim Cole (Arlington)		1999
57.79	Kierstan Kirkland (North)		2006	59.20	*Alison Ciling (Mesa)		2015
57.80	*Erin Thompson (Temecula)		2010	59.24	Lanisha Ford (North)		2005
57.81	**Hannah Blache (King)		2013	59.24c	Marisa Smith (Valley View)	59.1	2005
57.81	Regina Bowman (Indio)		2013	59.26	Rachel Strohmeier (Murrieta Valley)		2012
57.84	Michelle Hunt (North)		1998	59.34c	Sheneice Vargas (Elsinore)	59.2	2005
57.94	***Tahlia Adams (Roosevelt)		2015	59.35	Morgan Pope (La Quinta)		2009
58.08	Brittany Bozeman (Rancho Verde)		2007	59.35	**Allie Portis (Great Oak)		2013
58.08	*Dominique Hinds (Centennial)		2013	59.39+	Beck Miller (North)	59.6y	1982
58.14c	Denisha Shaw (Canyon Springs)	58.0	2001	59.39	Liza Pascuito (Murrieta Valley)		2004
58.14c	Jeanette Martinez (Perris)	58.0	2005	59.40	**Jasmine Richards (Great Oak)		2008
58.15	Tasha McNair (Valley View)		2000	59.40	***Krista Haddock (Hemet)		2012
58.17	Erin Green (North)		1993	59.42	Brittany Baltazar (Santiago)		2004
58.17	**Jazmine Harper (Vista del Lago)		2009	59.42	Kylie Dudley (Temecula)		2005
58.18	Kararia Heru (Arlington)		2003	59.43	*Camille Williams (Vista)		2009
58.20	**April Sutton (Roosevelt)		2013	59.44+	Persephone Lowery (Norco)	59.79y	1989
58.25	**Christina Winn (Poly)		2013	59.44	Evondra Owens (West Valley)		1997
58.34	Madji McIntosh (Temecula)		2004	59.45	***Shae Anderson (Norco)		2014
58.34	*Mariah Mora (Mesa)		2013	59.45	*Sasha Jones (Vista del Lago)		2015
58.36	Pauline Maragh (Palm Springs)		1981	59.48	Ronke Odubela (Great Oak)		2012
58.36	Janessa Brown (Murrieta)		2011	59.49+	Shelly Schoenherr (Corona)	59.7y	1983
58.37	Asheigh Wells (Roosevelt)		2009	59.50	Kylie Dudley (Temecula)		2004
58.39	Shebanette Terry (Vista)		2013	59.51	Jemna Tomlin (Paloma Valley)		2001
58.40	Norma Esqueda (La Quinta)		2003	59.54c	Sheria Moses (Ramona)	59.4	1991
58.43	***Miracle Saxson (North)		2015	59.54	Chalonna Williams (La Sierra)		2003
58.44c	Sue Lavendier (Palm Springs)	58.3	1981	59.55	**Bria Palmer (North)		2013
58.46	Jazmin Retano (Coachella Valley)		2013	59.55	Taylor Taite (Mesa)		2015
58.47	Maria Enriquez (Corona)		1994	59.56	*Alexandra Gaskin (Great Oak)		2011
58.47	Shavon Sweet (Perris)		2000	59.56	Abigail Creel (King)		2011
58.48	***Amanda Van Buren (Vista)		2013	59.57	***Ciynamon Stevenson (Great Oak)		2013
58.49	Naquesha Moulton (Arlington)		1995	59.64c	Joy Smith (Moreno Valley)	59.5	1983
58.50	Martiesha Caines (Great Oak)		2013	59.64c	Raven Johnson (Moreno Valley)	59.5	1983
58.53	***Kennedy Storay (Santiago)		2010	59.65	***Ashley Sinkler (Ramona)		2008
58.53	***Kalea Ibara (Poly)		2015	59.67	Keisha Morgan (Canyon Springs)		1990
58.56	**Yasmine Taylor (Roosevelt)		2010	59.67	**Ashley Marshall (Rancho Verde)		2009
58.56	*Kiarra McIntosh (Paloma Valley)		2012	59.68	*Joana Adams (Palm Springs)		2015
58.58	*Sayghe Fornerod (Murrieta)		2010	59.69	Latausha Miles-Mitchell (Murrieta)		2008
58.59	**Akia Armstrong (Roosevelt)		2011	59.71	**Jackie Crowther (Linfield)		2013
58.61	Kaelynn Greene (Roosevelt)		2011	59.73	*Asiah Gooden (Rancho Verde)		2009
58.68	Shynell Foree (La Sierra)		2005	59.73	Mercedes James (Moreno Valley)		2000

59.79	***Clarissa Robles (Santiago)		2009	2:18.22	Rachael Seymour (Great Oak)	2013
59.80	**Erin Thompson (Temecula)		2009	2:18.29	**Josie Guinn (Vista)	2015
59.81	*Ronke Odubela (Great Oak)		2011	2:18.48	*** Alyssa Ungrady (Great Oak)	2013
59.82	Chanel Calhoun (Great Oak)		2011	2:18.56	**Kiyena Beatty (Great Oak)	2015
59.82	***Sierra Carrasco (Patriot)		2012	2:18.60	Haley Dorris (Great Oak)	2014
59.84c	M. Lea (King)		2003	2:18.64	Maria Morales (Poly)	2013
59.84	Nicole Sambrano (Great Oak)		2007	2:18.74	Bayleigh Porter (King)	2013
59.86	*Maryjane Smith (King)		2015	2:18.75	Rami Samoori (North)	1994
59.89	***Hannah Blache (King)		2012	2:18.80	Rebecca Lacy (Elsinore)	1992
59.93	Tesha Wright (Perris)		2000	2:18.81	Lisa Prieto (Rubidoux)	1988
59.93	Collins (North)		1999	2:18.85	Carly Bauer (Great Oak)	2012
59.92	Bria Palmer (North)		2015	2:18.90	Melissa Escamilla (San Jacinto)	2006
59.94c	Kariesse Fontenot (North)	59.8	2004	2:18.97	**Ally Talpash (Great Oak)	2015
59.97	*Dakota Davis (Murrieta)		2011	2:18.98	Shelby Horgan (Temescal)	1996
59.98	Anthonae Sparks (Valley View)		2005	2:19.09	Kaity Malloy (Great Oak)	2010
59.98	Christina Winn (Poly)		2015	2:19.17	Leanne Renner (Temecula)	1996
				2:19.29	Marisol Mendoza (North)	2012
				2:19.4	Eugenias (La Sierra)	1978
				2:19.46	Ashley Helbig (Great Oak)	2014
				2:19.47	*Tammy Kim (Temecula)	2011
				2:19.47	* Chandler Kerr (Chaparral)	2014
				2:19.48	**Michelle McIntosh (Great Oak)	2015
				2:19.53	***Taylore Cantu (Hemet)	2012
				2:19.61	*Shannon Emery (Great Oak)	2010
				2:19.67	Angela Laqneaux (Moreno Valley)	1986
				2:19.69	*Rachel Seymour (Great Oak)	2012
				2:19.7+	Julie Ortman (Poly)	2:20.5y 1978
				2:19.81	**Alex Wiseman (Vista)	2015
				2:19.85	Brittney Reimer (La Quinta)	2008
				2:19.87	**Tarra Rarick (Paloma Valley)	2008
				2:19.92	Carrie Soholt (King)	2008
				2:19.99	Megan McClain (Great Oak)	2011
				2:20.02	Caitlin Coomber (Vista)	2007
				2:20.18	***Nikki Blokzyl (Corona)	2009
				2:20.21	Maryanne Hanks (Murrieta)	2004
				2:20.28	Jennie Higbee (Norco)	1988
				2:20.29	Alexander Malaysia (Corona)	2009
				2:20.32	Wendy Reed (Canyon Springs)	1995
				2:20.41	Carly Bauer (Great Oak)	2010
				2:20.41	Shannon Emery (Great Oak)	2011
				2:20.44	Casey Candelaria (King)	2009
				2:20.46	Jamie Schwab (Murrieta Valley)	2004
				2:20.46	*Baleigh Porter (King)	2012
				2:20.50	Sally Cohenour (Arlington)	1985
				2:20.55	Marie Nguyen (North)	1998
				2:20.56	Chandler Kerr (Chaparral)	2015
				2:20.66	**Chrissy Lapierre (Chaparral)	2011
				2:20.66	Ausrey Wallis (Great Oak)	2015
				2:20.71	Emily Sanchez (King)	2015
				2:20.81	Camille Petty (Roosevelt)	2010
				2:20.86	Ana Valdovino (Coachella Valley)	2011
				2:20.9	Jaime Brederneier (Murrieta Valley)	1999

800 meters

2:05.9	Lynn Hollins (Poly)		1976	2:19.47	*Tammy Kim (Temecula)	2011
2:07.43	***Rylee Penn (Centennial)		2015	2:19.47	* Chandler Kerr (Chaparral)	2014
2:11.04	*Kiarra McIntosh (Paloma Valley)		2012	2:19.48	**Michelle McIntosh (Great Oak)	2015
2:11.91	***Megan Huebner (La Quinta)		2011	2:19.53	***Taylore Cantu (Hemet)	2012
2:11.97	Sheria Moses (Ramona)		1991	2:19.61	*Shannon Emery (Great Oak)	2010
2:12.50	Alicia Williams (Corona)		2014	2:19.67	Angela Laqneaux (Moreno Valley)	1986
2:12.67	Erika Reddish (Vista)		2012	2:19.69	*Rachel Seymour (Great Oak)	2012
2:12.77	***Kalea Ibarra (Poly)		2015	2:19.7+	Julie Ortman (Poly)	2:20.5y 1978
2:12.95	***Laura McDowell (La Sierra)		2009	2:19.81	**Alex Wiseman (Vista)	2015
2:13.51	** Ruth Wiggins (King)		2014	2:19.85	Brittney Reimer (La Quinta)	2008
2:13.59	***Jackie Crowther (Linfield)		2012	2:19.87	**Tarra Rarick (Paloma Valley)	2008
2:13.69	Persephone Lowery (Norco)		1987	2:19.92	Carrie Soholt (King)	2008
2:13.87	** Joy Ngula (Vista del Lago)		2013	2:19.99	Megan McClain (Great Oak)	2011
2:13.99	** Kailie Grimes (Beaumont)		2014	2:20.02	Caitlin Coomber (Vista)	2007
2:14.28	**Karlie Creal (Vista del Lago)		2009	2:20.18	***Nikki Blokzyl (Corona)	2009
2:14.29	Tahlia Adams (Roosevelt)		2015	2:20.21	Maryanne Hanks (Murrieta)	2004
2:14.34	Denean Long (Corona)		1983	2:20.28	Jennie Higbee (Norco)	1988
2:14.39	Destiny Collins (Great Oak)		2015	2:20.29	Alexander Malaysia (Corona)	2009
2:14.5	Liza Pasquito (Murrieta)		2002	2:20.32	Wendy Reed (Canyon Springs)	1995
2:14.62	*Rebecca Morales (Indio)		2012	2:20.41	Carly Bauer (Great Oak)	2010
2:14.64	*Megan McClain (Great Oak)		2010	2:20.41	Shannon Emery (Great Oak)	2011
2:14.68	*Briana Fonseca (Vista del Lago)		2012	2:20.44	Casey Candelaria (King)	2009
2:14.93	*Sandra Flores (La Quinta)		2015	2:20.46	Jamie Schwab (Murrieta Valley)	2004
2:15.05	***April Sutton (Roosevelt)		2012	2:20.46	*Baleigh Porter (King)	2012
2:15.07	Shey Bonghabih (Murrieta)		2003	2:20.50	Sally Cohenour (Arlington)	1985
2:15.15	Kiara McIntosh (Paloma Valley)		2013	2:20.55	Marie Nguyen (North)	1998
2:15.18	Kailie Grimes (Beaumont)		2015	2:20.56	Chandler Kerr (Chaparral)	2015
2:15.27	*Venus Shabgahi (Corona)		2011	2:20.66	**Chrissy Lapierre (Chaparral)	2011
2:15.4	Mary Jo Bogovich (Corona)		1983	2:20.66	Ausrey Wallis (Great Oak)	2015
2:15.43	Amy Rose (Norco)		1995	2:20.71	Emily Sanchez (King)	2015
2:15.63	*Ashley Roberts (Poly)		2010	2:20.81	Camille Petty (Roosevelt)	2010
2:15.67	Ashlee Cervantes (Beaumont)		2008	2:20.86	Ana Valdovino (Coachella Valley)	2011
2:15.86	*Jessica Hilton (Great Oak)		2010	2:20.9	Jaime Brederneier (Murrieta Valley)	1999
2:16.14	Jessica Barnard (Great Oak)		2007			
2:16.21	Tammy Kim (Temecula)		2012			
2:16.44	***Chandler Kerr (Chaparral)		2012			
2:16.55	Lauren Campfield (Great Oak)		2005	4:36.7'	Brigid Freyne (Poly)	1987
2:16.57	Leslie Graciano (Roosevelt)		2013	4:50.4	Sonya Melendez (Indio)	1992
2:16.85	Caitlin Coomber (Vista)		2008	4:50.9'	Ellen Muench (Temescal Canyon)	1994
2:16.91	Alec Stamal (Great Oak)		2009	4:52.29	Shelby Horgan (Temescal Canyon)	1996
2:17.0	*Laura McDowell (Arlington)		2011	4:52.6'	Michelle Paul (Perris)	1985
2:17.17	Joy Ngula (Vista del Lago)		2015	4:55.3	Danielle Pekar (Rubidoux)	1992
2:17.22	Kaitlyn Malloy (Great Oak)		2008	4:56.5'	Claris Fernandez (Corona)	1993
2:17.37	Nina Alvarado (Chaparral)		2008	4:57.2	Persephone Lowery (Norco)	1988
2:17.38	* Lauren Coomber (Mesa)		2013			
2:17.40	Kirsten Lake (Chaparral)		2007			
2:17.43	* Audrey Wallis (Great Oak)		2014			
2:17.47	**Angela Ziff (Temecula)		2012	4:40.34	*Destiny Collins (Great Oak)	2015
2:17.54	***Ally Talpash (Great Oak)		2014	4:44.60	Haley Dorris (Great Oak)	2014
2:17.77	***Josie Guinn (Vista)		2014	4:48.25	Ashley Helbig (Great Oak)	2014
2:17.94	Kylee Martin (Murrieta)		2010	4:48.96	Erika Reddish (Vista)	2012
2:18.0+	Toby Jacober (Moreno Valley)	2:18.8y	1980	4:48.83	Megan Huebner (La Quinta)	2014
2:18.61	April Quaker (Norco)		1986	4:50.26	**Sydney Belus (Great Oak)	2015
2:17.67	* Jana Warrick (Roosevelt)		2013	4:51.25	Liza Pasquito (Murrieta)	2004
2:17.71	Taylor Taite (Mesa)		2015	4:51.35	Adriana Olivas (Centennial)	2012
2:18.04	* Angela Ziff (Temecula Valley)		2013	4:51.98	Marisol Mendoza (North)	2012

4:54.43	Alicia Williams (Corona)	2014	5:12.56	Danielle Pacheco (Temescal)	2000	
4:54.80	*Ashley Roberts (Poly)	2010	5:12.97	Pauline Mandel (Great Oak)	2012	
4:55.32	Brigid Freyre (Poly)	1987	5:13.00	*Miranda Kewley (Great Oak)	2012	
4:55.79	**Evelyn Mandel (Great Oak)	2015	5:13.19	* Audrey Wallis (Great Oak)	2014	
4:55.81	Taylor Taite (Mesa)	2015	5:13.52	** Alexandria Stetkevick (Poly)	2014	
4:56.21	**Kiyena Beatty (Great Oak)	2015	5:13.56	Michelle Paul (Perris)	1985	
4:56.87+	Jessica Hilton (Great Oak)	4:58.60y	2011	5:13.60	Maria Rodriguez (La Sierra)	1999
4:56.99+	Kiara McIntosh (Paloma Valley)	2013	5:13.63	Natalie Schafer (Arlington)	2012	
4:57.89+	Hanna Peterson (King)	4:59.63y	2011	5:14.25	Lauren Campfield (Great Oak)	2005
4:57.85	Shelby Horgan (Temescal)	1995	5:14.29	*Alexis Messerly (Great Oak)	2012	
4:58.33	***Ashley Evans (Corona)	2006	5:14.37	*Kiara McIntosh (Paloma Valley)	2012	
4:59.69	Kristina Taylor (Vista)	2008	5:14.40	*Kim McNamee (Great Oak)	2012	
4:59.98	Ellen Muench (Temescal)	1995	5:14.46	Kelly Thomas (Great Oak)	2015	
5:00.00	** Kailie Grimes (Beaumont)	2014	5:14.47	**Sarah Benson (Vista)	2011	
5:00.16	Tahlia Adams (Roosevelt)	2015	5:14.51	*Alexis Morabe (Great Oak)	2011	
5:01.44	Rebecca Asplund (King)	2010	5:14.51	*Sani Shabgahi (Corona)	2015	
5:01.51	*Anna Johnson (Great Oak)	2010	5:14.52	*Bethany Balady (Vista)	2012	
5:02.54	Samantha Morabe (Great Oak)	2010	5:14.55	Codie Daughtry (Vista del Lago)	2011	
5:03.33+	Shannon Emery (Great Oak)	5:05.10y	2011	5:14.56	Nicaela Hernandez (Vista)	2011
5:03.79	***Rylee Penn (Centennial)	2015	5:14.63	*Briana Fonseca (Vista del Lago)	2012	
5:04.56	***Angela Ziff (Temecula)	2011	5:14.70	Ashley Beechan (Hemet)	2007	
5:04.60	*Pauline Mandel (Great Oak)	2011	5:14.7	Kaity Malloy (Great Oak)	2010	
5:04.62	Alma Escobar (Corona)	2004	5:14.96	Xiang Tak (Chaparral)	2011	
5:05.81	**Brianna Wilson (Linfield)	2014	5:14.96	Chandler Kerr (Chaparral)	2015	
5:04.82	** Ruth Wiggins (King)	2014	5:15.11	*Taylor Walker (Great Oak)	2015	
5:05.29+	Katie Johnson (Great Oak)	5:07.07y	2011	5:15.23	*Melina Hernandez (Indio)	2010
5:05.32	* Jana Warrick (Roosevelt)	2013	5:15.24	**Josie Guinn (Vista)	2015	
5:06.63	**Jackie Crowther (Linfield)	2013	5:15.25	**Fernanda Rodriguez (Rubidoux)	2012	
5:06.66	Alexia Velarde (Marywood-Palm Valley)	2012	5:15.42	**Haley Dorris (Great Oak)	2012	
5:06.82	Lily Seynaeve (Santiago)	2014	5:15.48	**Maiya Larsen (Great Oak)	2013	
5:06.82	*Sandra Flores (La Quinta)	2015	5:15.55	Sonya Melendez (Indio)	1993	
5:06.86	*** Kiyena Beatty (Great Oak)	2014	5:15.62	Jorgina Garcia (Canyon Springs)	1998	
5:06.89	*Taryn Pastoor (Murrieta)	2007	5:15.69	***Jackie Crowther (Linfield)	2012	
5:06.95	Michaelanne Laurent (Corona)	2009	5:15.77+	Kaitlyn Malloy (Great Oak)	2010	
5:07.04	Carrie Soholt (King)	2011	5:15.83	**Valeria Ruiz (Xavier Prep)	2012	
5:07.12	**Ashlee Cervantes (Beaumont)	2008	5:15.91	Kenzie Estes (Poly)	2011	
5:07.36	***Sandra Pfughoft (Great Oak)	2015	5:15.93	**Jessica Osorio (Valley View)	2009	
5:07.43	Claris Fernandez (Corona)	1993	5:15.95	Carly Bauer (Great Oak)	2012	
5:07.44	Rachel Seymour (Great Oak)	2013	5:15.99	Wendy Cohen (Canyon Springs)	2008	
5:07.8+	Janice Kelley (Hemet)	1977	5:16.05	Amanda Lopez (Poly)	2006	
5:07.86	*Emily Clause (Great Oak)	2015	5:16.21	Jessica Gatton (Canyon Springs)	2008	
5:08.06	*** Marissa Rodriguez (La Quinta)	2014	5:16.31	*Jazmin Romero (Beaumont)	2011	
5:08.25	Kalyn Kenney (Temecula)	2007	5:16.4	April Quaker (Norco)	1986	
5:08.28	Brittney Reimer (La Quinta)	2008	5:16.45	Jen Hohmbalm (Temecula)	1997	
5:08.28	*Hanna Peterson (King)	2010	5:16.53	*Kelli McNamee (Great Oak)	2012	
5:08.29	Serkadis Krome (Vista del Lago)	2008	5:16.59	Alisa Murray (Arlington)	2012	
5:08.30	*Rebecca Morales (Indio)	2012	5:16.61	Adriana Ramos (Elsinore)	2010	
5:08.63	*Kelsie Tippetts (King)	2009	5:16.72	* Christian Calain (Great Oak)	2013	
5:08.81	Abbey Gallaher (Great Oak)	2007	5:16.84	Amanda Crissinger (Vista)	2013	
5:08.92	* Haley Dorris (Great Oak)	2013	5:16.90	Bethany Bilton (Murrieta)	2011	
5:09.0	Anna Johnston (Great Oak)	2009	5:17.00+	Alexis Messerly (Great Oak)	2013	
5:09.03	Ashley Beechan (Hemet)	2008	5:17.41	Ausrey Wallis (Great Oak)	2015	
5:09.17	Heather Wilson (Great Oak)	2009	5:17.55	Natasha Montoya (Canyon Springs)	2004	
5:09.39	Anjie Miranda (Palm Springs)	1990	5:17.61	Lindsey Stalker (Corona)	2001	
5:09.40	Vianna Hochstrasser (Chaparral)	2008	5:17.65	Carissa Bowman (King)	2006	
5:09.46	*Desi Stinger (Great Oak)	2015	5:17.87	Bethany Balady (Vista)	2013	
5:09.75	Taylor Cantu (Hemet)	2015	5:18.02	* Maiya Larsen (Great Oak)	2014	
5:10.45	Jennie Higbee (Norco)	1988	5:18.11	* Valeria Ramirez (Vista)	2014	
5:10.61	**Brittany Marrero (Roosevelt)	2015	5:18.12	***Joe Ngula (Vista del Lago)	2012	
5:10.63	Monica Valdez (Temescal)	1999	5:18.2+	Kat Prince (Rubidoux)	5:20.0y 1985	
5:10.65	**Michelle McIntosh (Great Oak)	2015	5:18.24	** Chandler Kerr (Chaparral)	2013	
5:10.76	Emily Sanchez (King)	2015	5:18.29	Amber Collier (Woodcrest Chr)	2010	
5:10.90	*** Ally Talpash (Great Oak)	2014	5:18.58	Danica Rosendale (Vista)	2009	
5:10.94	Kristina Moore (King)	2005	5:18.62	Jennifer Martin (Norco)	1997	
5:10.96	***Alyssa Ungrady (Great Oak)	2013	5:18.63	* Ashley Cahalan (Vista)	2014	
5:11.23	Jessica McCarthy (Vista)	2008	5:18.64	**Imogen Outlaw (Chaparral)	2012	
5:11.26	** Clarissa Chagolla (JW North)	2014	5:18.68	** Bethany Newton (Centennial)	2013	
5:11.50	Abbey Gallaher (Great Oak)	2008	5:18.72	*Lisa Garside (King)	2012	
5:11.93	**Sierra Vega (Chaparral)	2008	5:18.73	**Hannah Peterson (King)	2009	
5:11.97	Liana Boucher (Murrieta)	2004	5:18.75	Alicia Racella (Hemet)	1990	
5:12.11	*Venus Shabgahi (Corona)	2011	5:18.8	Megan Fairley (King)	2004	
5:12.14	**Raelyn Werley (King)	2011	5:18.85	* Kelly Thomas (Great Oak)	2014	
5:12.23	Brooke Evans (Vista)	2013	5:18.90	Paige Mobley (Murrieta)	2007	
5:12.24	Joy Ngula (Vista del Lago)	2015	5:18.96	*Brooke McCandless (Vista)	2010	
5:12.32	Kristina Taylor (Vista)	2007	5:19.11	* Lily Seynaeve (Santiago)	2013	

5:19.13	Kate Cortes (Great Oak)		2013	5:22.83	*Clarissa Chagolla (North)	2015
5:19.14	Jamie Schwab (Murrieta)		2004	5:22.84	** Hannah Johnson (King)	2013
5:19.20	*Raven Harrison (Hemet)		2011	5:22.87	**Shelbi Ricks (Temecula)	2010
5:19.24	Danielle Pekar (Rubidoux)		1990	5:22.91	**Alec Slamal (Great Oak)	2008
5:19.39	** Taylor Lawson (Great Oak)		2014	5:23.11	Shannon (Poly)	1991
5:19.45	*Kylee Martin (Murrieta)		2009	5:23.17	Desiree Stinger (Great Oak)	2013
5:19.57	Tiffany Rojas (Canyon Springs)		2005	5:23.19	Danielle Vanaman (BD Dest. Chrst)	2000
5:19.62	*** Meghan Houlihan (Centennial)		2013	5:23.25	**Nicaela Hernandez (Vista)	2010
5:19.71	Ashley Spann (North)		2001	5:23.26	***Hayley Musashi (La Quinta)	2008
5:19.90	Ashley Matsen (Chaparral)		2012	5:23.28	Katheryn Smith (Vista)	2005
5:19.94	Shey Bonghabih (Murrieta)		2002	5:23.34	Harlye Maya (Santiago)	2001
5:19.95	Ana Valdovinos (Coachella Valley)		2011	5:23.34	*Ashley Matsen (Chaparral)	2011
5:20.08	Lisa Garside (King)		2013	5:23.39	Racheal McCauley (Canyon Springs)	1996
5:20.73	Trish Ramirez (Rubidoux)		1984	5:23.51	Dominique Esparza (Valley View)	2011
5:20.13	Rachael Corrington (Murrieta)		2002	5:23.53	Jennifer Mueller (Hemet)	2005
5:20.14	** Alison Ciling (Mesa)		2014			
5:20.21	**AlexWiseman (Vista)		2015			
5:20.28	**NicoleRice (Great Oak)		2015			
5:20.3+	Debbie Williams (Norco)	5:21.8y	1983	9:54.8'	Brigid Freyne (Poly)	1987
5:20.30	*Alia Bales (Great Oak)		2010	10:18.63	Alma Escobar (Corona)	2005
5:20.31	Kenzie Estes (Poly)		2010	10:24.6'	Sonya Melendez (Indio)	1992
5:20.43	Celia Pourtau (Murrieta)		2006	10:24.79	Shelby Horgan (Temescal)	1997
5:20.43	Ashley Cahalan (Vista)		2015	10:25.3'	Kat Prince (Rubidoux)	1985
5:20.46	Jessica Walker (Murrieta)		2004	10:25.54	Debbie Williams (Norco)	1984
5:20.51	Melina Hernandez (Indio)		2011	10:31.5	Jennie Higbee (Norco)	1988
5:20.53	Madison Baugh (Great Oak)		2011	10:37.0'	Michelle Paul (Perris)	1985
5:20.6	Jamie Bascom (Elsinore)		1993	10:37.32	*Kenzie Estes (Poly)	2010
5:20.64	***Chandler Kerr (Chaparral)		2012	10:37.4'	Kat Prince (Poly)	1986
5:20.7	Clara DeLa Torre (Palm Springs)		1993	10:38.61	Jamie Bascom (Elsinore)	1993
5:20.79	*Kaylee Saville (Great Oak)		2015	10:39.5'	Ellen Muench (Ternescal)	1994
5:20.08	Marrisa Bartholomew (Santiago)		2003	10:49.36	Rachea McCauley (Canyon Springs)	1996
5:20.8+	Goril Mona (Arlington)	5:22.0y	1986	10:53.55	Monica Valdez (Temescal)	1999
5:20.81	Briana Fonseca (Vista del Lago)		2013	10:54.93	Melissa Aronson (Hemet)	1996
5:20.90	Tammy Kim (Temecula)		2012	10:54.96	Maribel Campos (Coachella Valley)	1996
5:20.94	*Alexandra Morris (Temescal)		2011	10:57.36	Tish Bennett (Norco)	1987
5:20.94	* Breann Howell (Murrieta Valley)		2013			
5:20.98	Tiffany Rojas (Canyon Springs)		2006			
5:20.99	**Pauline Mandel (Great Oak)		2010			
5:21.08	Kelly Thomas (Great Oak)		2013	9:53.79	* Destiny Collins (Great Oak)	2015
5:21.09	**Angela Sandoval (Elsinore)		2009	10:17.63	Haley Dorris (Great Oak)	2014
5:21.21	*Codie Daughtry (Vista del Lago)		2010	10:26.54	* Megan Huebner (La Quinta)	2013
5:21.26	Arlene Avalos (Great Oak)		2010	10:30.67	Ashley Helbig (Great Oak)	2014
5:21.27	Emily Clause (Great Oak)		2014	10:34.37	Brigid Freyne (Poly)	1987
5:21.3	Carissa Mann (Canyon Springs)		2013	10:34.73	Adriana Olivas (Centennial)	2012
5:21.34	Olivia Rivera (Temecula)		2001	10:36.20	**Kiyena Beatty (Great Oak)	2015
5:21.35	Melanie Williams (Corona)		2015	10:36.27	Erika Reddish (Vista)	2012
5:21.36	*Nina Alvarado (Chaparral)		2013	10:37.64	Mariel Mendoza (North)	2012
5:21.36	Macey Pflughoft (Great Oak)		2010	10:37.69	*Anna Johnson (Great Oak)	2010
5:21.37	Katie Barrese (Great Oak)		2015	10:37.89	Liza Pascuito (Murrieta)	2004
5:21.42	**Kathryn Hammar (King)		2006	10:39.58	Katie Johnson (Great Oak)	2011
5:21.47	Bayleigh Porter (King)		2015	10:42.76	**Sydney Belus (Great Oak)	2015
5:21.48	Kelly Floyd (Corona)		2013	10:43.04+	Alma Escobar (Corona)	10:47.70y 2005
5:21.48	Marianne Hanks (Murrieta)		2003	10:45.75	***Angela Ziff (Temecula)	2011
5:21.55	Jessica McCarthy (Vista)		2004	10:47.85	**Evelyn Mandel (Great Oak)	2015
5:21.59	**Allie Morse (Hemet)		2010	10:48.46	***Sandra Pflughoft (Great Oak)	2015
5:21.60	Bobbie Heck (Rubidoux)		2012	10:48.47	*Desiree Stinger (Great Oak)	2015
5:21.69	***Amanda Reynolds (Murrieta)		1985	10:53.91	*Emily Clause (Great Oak)	2015
5:21.83	Celia Pourtau (Murrieta)		2008	10:54.31	Ellen Muench (Temescal)	1995
5:21.87	** Taylore Cantu (Hemet)		2005	10:55.84	*Hanna Peterson (King)	2010
5:21.9	Jo Anne Howard (Notre Dame)		2013	10:57.86	Kristina Taylor (Vista)	2008
5:22.0	Crystal Ricardez (Canyon Springs)		1982	10:58.88	Taryn Pastoor (Murrieta)	2007
5:22.06	Carissa Bowman (King)		1998	10:59.45	*Miranda Kewley (Great Oak)	2012
5:22.08	Brooke Evans (Vista)		2008	10:59.59	Jo Anne Howard (Notre Dame)	1982
5:22.13	**Lauren Soholt (King)		2010	10:59.60	* Ashley Cahalan (Vista)	2014
5:22.14	Kayla Boxer (Hemet)		2011	11:00.2	Jessica Hilton (Great Oak)	2011
5:22.17+	Sally Cohenour (Arlington)	5:24.05y	2010	11:01.82	**Sierra Vega (Chaparral)	2008
5:22.42	** Kalli Walker (Chaparral)		1983	11:02.62	***Rylee Penn (Centennial)	2015
5:22.57	Maiya Larsen (Great Oak)		2013	11:02.78	**Sarah Benson (Vista)	2011
5:22.58	***Hallie Hernandez (Centennial)		2015	11:03.10	Vianna Hochstrasser (Chaparral)	2008
5:22.66	Holli Erickson (Vista)		2010	11:03.20	Sonya Melendez (Indio)	1992
5:22.70	*Michelle Hernandez (Vista)		2009	11:03.25	**Kelsi Tippetts (King)	2008
5:22.73	Kim Cowgur (Norco)		2009	11:03.6+	Janice Kelley (Hemet)	11:07.5y 1978
5:22.74	Monique Belmudes (Great Oak)		1984	11:05.60	Mean Fairley (King)	2004
5:22.77	Samantha Flores (Paloma Valley)		2008	11:06.11	Carissa Bowman (King)	2007
5:22.8+	Kathy Kelly (Hemet)	5:24.7y	2014	11:06.71	Christina Lara (Cathedral City)	2002
			1980			

11:06.86	**Nicole Rice (Great Oak)	2015	11:28.73	Melina Hernandez (Indio)	2011
11:07.29	** Clarissa Chagolla (JW North)	2014	11:28.80	***Chandler Kerr (Chaparral)	2011
11:07.73	Alicia Williams (Corona)	2011	11:28.82	Dominique Esparza (Valley View)	2011
11:07.81	Raelyn Werly (King)	2013	11:28.90	*Alyssa Haring (King)	2015
11:07.98	***Rachel Seymour (Great Oak)	2010	11:28.94	* Lauren Boyd (King)	2013
11:07.99	Serkadis Krome (Vista del Lago)	2008	11:29.00	Jessica McCarthy (Vista)	2010
11:08.03	Shelby Horgan (Temescal)	1995	11:29.0	*Kim McNamee (Great Oak)	2012
11:08.54	***Mckenna Genovese (Santiago)	2012	11:31.33	Rachel Seymour (Great Oak)	2011
11:08.94	Adianna Ramos (Elsinore)	2010	11:31.99	Bethany Bilton (Murrieta)	2011
11:09.36	*Taylor Walker (Great Oak)	2015	11:32.06	** Michaela Reynolds (Vista)	2014
11:09.42	Monica Valdez (Temescal)	2001	11:32.06	Fernanda Rodriguez (Rubidoux)	2014
11:09.81	Carrie Soholt (King)	2011	11:32.35	*Ashlee Cervantes (Beaumont)	2009
11:10.83	Samantha Morabe (Great Oak)	2010	11:32.66	**Nina Alvarado (Chaparral)	2010
11:11.7	*Alexis Morabe (Great Oak)	2011	11:32.71	** Arlene Avalos (Great Oak)	2014
11:11.95	Paige Mobley (Murrieta)	2007	11:32.76	Heather Wilson (Great Oak)	2008
11:12.01	*Pauline Mandel (Great Oak)	2011	11:33.07	Mila Alvarez (North)	2007
11:12.07	Lily Seynaeve (Santiago)	2014	11:33.46	Brooke Evans (Vista)	2013
11:12.18	Kenzie Estes (Poly)	2011	11:33.77	** Alyssa Haring (King)	2014
11:12.40	Katie Barrese (Great Oak)	2006	11:33.79	Christian Calain (Great Oak)	2013
11:12.41	Anjie Miranda (Palm Springs)	1988	11:33.93	*Samantha Morabe (Great Oak)	2009
11:12.76	Jamie Bascom (Elsinore)	1993	11:33.97	Alia Bales (Great Oak)	2011
11:13.21	Miranda Kewley (Great Oak)	2013	11:34.04	***Jasmine Benson (Santiago)	2007
11:14.14	Ashley Beechan (Hemet)	2008	11:34.62	Heather Wilson (Great Oak)	2007
11:14.95	Nicaela Hernandez (Vista)	2012	11:35.20	Emily Sanchez (King)	2015
11:15.33	Liana Boucher (Murrieta)	2004	11:35.28	***Paloma Barron (Roosevelt)	2015
11:15.41	Emily Clause (Great Oak)	2013	11:35.31	**Michelle McIntosh (Great Oak)	2015
11:15.49	Lindsey Stalker (Corona)	2001	11:35.63	Jana Warrick (Roosevelt)	2014
11:15.70	***Maiya Larsen (Great Oak)	2012	11:36.12	***Kyleigh Macey (Great Oak)	2015
11:15.78	Kat Prince (Poly)	1986	11:36.18	* Taylor Taite (Mesa)	2014
11:16.0+	Debbie Williams (Norco)	1983	11:36.21	*** Cassidy Hylton (Great Oak)	2014
11:16.14	Miranda Kewley (Great Oak)	2011	11:36.27	*Ashley Roberts (Poly)	2010
11:16.34	Ashley Evans Corona	2007	11:36.38	Danica Rosendale (Vista)	2007
11:17.14	***Jacqueline Aparicio (Santiago)	2011	11:37.23	**Alexys Estrada (Vista del Lago)	2011
11:17.30	Heather Wilson (Great Oak)	2009	11:37.41	**Haley Brzycki (Corona)	2010
11:17.75	**Alexis Messerly (Great Oak)	2011	11:38.00	Xiang Tak (Chaparral)	2011
11:18.12	**Fernanda Rodriguez (Rubidoux)	2012	11:38.54	**Alison Soto (Beaumont)	2015
11:18.48	Kelly Thomas (Great Oak)	2015	11:39.08	Samantha Flores (Paloma Valley)	2014
11:18.63	* Audrey Wallis (Great Oak)	2014	11:39.22	Allison Blake (Great Oak)	2009
11:18.89	** Kaili Waller (Chaparral)	2013	11:39.36	Melinda Hernandez (Indio)	2010
11:19.21	*Alexadra Morris (Temescal)	2011	11:39.54	*** Nicole Rice (Great Oak)	2014
11:19.25	Macey Pflughoft (Great Oak)	2015	11:40.44	Alia Bales (Great Oak)	2009
11:19.38	Melissa Aronson (Hemet)	1995	11:40.93	Bethany Bilton (Murrieta)	2009
11:19.52	Crystal Ricardez (Canyon Springs)	1998			
11:20.19	** Sani Shabgahi (Corona)	2014			
11:21.00	Paige Mobley (Murrieta)	2008			
11:21.3	Pauline Mandel (Great Oak)	2012	5000 meters		
11:21.3	** Adriana Hernandez (North)	2013	16:51.97	Alma Escobar (Corona)	2004
11:21.33	*** Michelle McIntosh (Great Oak)	2014	17:58.76	Kelsi Tippets (King)	2010
11:21.35	Venus Shabgahi (Corona)	2012	18:21.81	Rebecca Asplund (King)	2010
11:21.55	Rebecca Asplund (King)	2010			
11:21.70	***Alex Morris (Temescal)	2009	3000m Steeplechase		
11:21.74	* Maiya Larsen (Great Oak)	2014	Kelly Floyd (Corona)		2003
11:22.02	Alexia Velarde (Marywood-Palm Valley)	2012			
11:22.04	Kenzie Estes (Poly)	2010	100m Hurdles (30")		
11:22.31	Amanda Crissinger (Vista)	2013	13.83	Doris Williams (Poly)	1987
11:22.42	Danica Rosendale (Vista)	2009	14.07	Dominique Manning (North)	2001
11:22.73	Abbey Gallaher (Great Oak)	2008	14.23	CeCe Chandler (Elsinore)	1982
11:22.90	Maria Hurtado (Vista)	2012	14.26	Lisa Hale (Poly)	1987
11:22.96	Brianna Jacklin (King)	2014	14.43	Latice House (Poly)	1989
11:23.17	Heather Wilson (Great Oak)	2009	14.74c	Stephanie LaMar (Indio)	14.5 1985
11:23.59	***Brianna Wilson (Linfield)	2009	14.75	Beth Griffiths (Corona)	1982
11:23.75	**Brittany Marrero (Roosevelt)	2015	14.75	Shanne Somerville (Palm Springs)	1989
11:24.02	Katie Borum (Murrieta)	2007	14.89	Lianne Peterson (Palm Springs)	1990
11:24.42	Amanda Reynolds (Murrieta)	2008	14.94c	Mary Carroll (Coachella)	14.7 1982
11:25.03	***Marissa Rodriguez (La Quinta)	2014	15:06	Yvette McCullough (Arlington)	1986
11:25.04	**Valeria Ruiz (Xavier Prep)	2012	15:08	Maria Peterkin (Arlington)	1990
11:25.16	** Ariana Martinez (Temecula)	2013	15.12	Jackie Caddo (Indio)	1982
11:25.41	Kylee Martin (Murrieta)	2008	15.12	Alesha Stevenson (North)	1989
11:25.78	* Alicia Williams (Corona)	2013	15.16	Kristy Irwin (Norco)	1990
11:27.37	Breann Howell (Murrieta Valley)	2014	15.19	Denise Wilson (Indio)	1981
11:26.49	Brittney Reimer (La Quinta)	2008	15.30	Desiree Green (North)	1992
11:26.63	*Alexandra Stetkevick (Poly)	2015	15.34c	Sue Rupel (Perris)	15.1 1981
11:26.95	*Michaela Reynolds (Vista)	2015	15.34	Andrea Meachum (Ramona)	1992
11:27.84	Kaili Walker (Chaparral)	2015	15.35	Tanya Jones (Corona)	1988
11:28.58	**Christina Calain (Great Oak)	2012			

15.45 Alesha Stevenson (North)
 15.54c Kelly Smith (Centennial) 15.3

Wind-Aided:

13.95 CeCe Chandler (Elsinore)
 14.24 Lisa Hale (Poly)
 15.30 Erin Wayne (Norco)
 15.45 Bobbi White (Norco)

100m Hurdles (33")

13.17 Jasmyne Graham (Roosevelt)
 13.20 Nicole Denby (North)
 13.35 Nicole Hoxie (North)
 13.45 Joanna Hayes (North)
 13.58 Ashlee Brown (North)
 13.67 Dominique Manning (North)
 13.78 * Jaela Williams (Roosevelt)
 14.08 Gayle Hunter (North)
 14.16 Jasde Miller (Great Oak)
 14.17 Marjani Maldonado (North)
 14.18 Iris Chijioke (Roosevelt)
 14.19 Samaya Brandon (North)
 14.20 April Holliverse (North)
 14.31 Tayler Fleming (King)
 14.31 April Sutton (Roosevelt)
 14.32 Kim Dargel (Mesa)
 14.34c Chaunte Howard (North) 14.1
 14.35 DeAnna Carson (Vista del Lago)
 14.38 Kiersten Kirkland (North)
 14.42 Heather Corder (Murrieta)
 14.47 Katy Hall (Murrieta)
 14.54 Gayle Hunter (King)
 14.54 Breanca Flemng (Great Oak)
 14.56 Amber Middleton (Murrieta)
 14.59 Martiesha Caines (Great Oak)
 14.60 Marisa Smith (Valley View)
 14.62 Ericka Nowell (Perris)
 14.66 Kelsey Rubeor (Murrieta)
 14.76 *Amber Clark (Rancho Verde)
 14.84c Liz Luzsko (Banning) 14.6
 14.93 ** Samaya Brandon (North)
 14.94c Alexandria Anderson (Valley View) 14.7
 14.94 ** Iyana Cooksey (Roosevelt)
 14.95 Tiffany Parker (Rancho Verde)
 14.96 Laura Stokes (Vista)
 14.96 Sarah Dunaway (Vista)
 14.99 ***Danae Dyer (Temecula)
 15.02 Tanika Ward (North)
 15.04 Becky Collier (Woodcrest Chr)
 15.08 Jazmine Harper (Vista del Lago)
 15.08 Kari Snow (Norco)
 15.12 Ali Miller (Murrieta Valley)
 15.17 Keiana Shannon (North)
 15.19 Mary Manu (Vista)
 15.21 Robin Lealblad (Arlington)
 15.23 *Jade Miller (Great Oak)
 15.24c Ashley Henley (Indio) 15.0
 15.26 Taryn Pastoor (Murrieta)
 15.31 Janessa Brown (Murrieta)
 15.34c Jameyo Austin (Moreno Valley) 15.1
 15.34 Tatiana Martinez (Murrieta)
 15.34 Krista Haddock (Hemet)
 15.35 Emily Owen (Vista)
 15.36 Frances Chase-Dunn (North)
 15.39 Shama Edwards-Hambrick (Mo Val)
 15.44c Ashley Henley (Indio) 15.2
 15.46 Lorainne King (North)
 15.46 Jessica Toliver (Vista)
 15.50 Miki Ewing (Corona)
 15.52 Mary Mann (Vista)
 15.54c Laura Amos (Norte Vista) 15.3
 15.54c Danielle Perry (Murrieta Valley) 15.3
 15.54 *Shereen Sutherland (Santiago)
 15.55 Pamela Leyva (La Quinta)

1988 15.55 Amada Breyer (Hemet) 2006
 1992 15.55 Jasmine Williams (Great Oak) 2007
 15.56 Dana Felt (Palm Desert) 2008
 15.56 Emily Owen (Vista) 2010
 1982 15.66 Marisa Wright (Moreno Valley) 1997
 1987 15.66 *Sheliemae Reyes (Vista) 2010
 1985 15.66 * Ali Miller (Murrieta Valley) 2014
 1989 15.67 ** Bryana Hairston (Mesa) 2014
 15.68 Zenobia Bracy (King) 2005
 15.68 Samaya Brandon (JW North) 2014
 15.69 Lauren Henderson (Rancho Verde) 2012
 2015 15.72 Allison Abacherli (Paloma Valley) 14.7 2002
 2000 15.72 ** Grace Arnold (Mesa) 2014
 1997 15.72 *Diamond Tabron (North) 2015
 1995 15.75 Angela Gomez (Perris) 1993
 2003 15.77 Rachel Miller (Vista) 2007
 2004 15.78 Carmiesha Brown (La Quinta) 2001
 2014 15.80 Christie Wilson (Poly) 1996
 2004 15.80 Kelly Green (Corona) 2007
 2013 15.84 *Noelani Smith (Vista) 2011
 2009 15.84 Sheliemae Reyes (Vista) 2011
 2012 15.87 Carmesia Brown (La Quinta) 2003
 2015 15.88 ** Leitasi Cravens (Vista) 2013
 1999 15.89 ***Ali Miller (Murrieta) 2012
 2013 15.90 Sandy Kacura (Norco) 1998
 2014 15.90 Angela Green (La Sierra) 2007
 2013 15.96 Sabel Moffett (Chaparral) 2005
 2002 15.96 T'Keyah Gray (Elsinore) 2010

Wind-Aided:

2010 13.42 Nicole Denby (North) 1999
 2009 13.44c Dominique Manning (North) 13.2 2004
 2002 13.4 Ashlee Brown (North) 2003
 2007 13.80 Joanna Hayes (North) 1994
 2008 13.84c Gayle Hunter (North) 13.6 2004
 2013 13.88 Iris Chijioke (Roosevelt) 2012
 2004 14.05 April Holliverse (North) 1999
 2009 14.10 Marjani Maldonado (North) 2009
 2007 14.22 Heather Corder (Murrieta) 2010
 2009 14.33 ** April Sutton (Roosevelt) 2013
 1999 14.39 DeAnna Carson (Vista del Lago) 2003
 2013 14.41 Kim Dargel (Mesa) 2013
 2002 14.45 *Tayler Fleming (King) 2012
 2014 14.47 Amber Clark (Rancho Verde) 2009
 2005 14.47 Katy Hall (Rancho Verde) 2009
 2012 14.44 Gayle Hunter (King) 2002
 2014 14.54 Breanca Fleming (Great Oak) 2007
 2015 14.58 ** Samaya Brandon (North) 2013
 2004 14.79 Sara Dunaway (Vista) 2014
 2013 14.81 Tiffany Parker (Rancho Verde) 2006
 2011 14.83 Amber Clark (Rancho Verde) 2010
 2003 14.84 Lorainne King (North) 2005
 2015 14.92 *Martiesha Caines (Great Oak) 2012
 1999 14.95 *Heather Corder (Murrieta) 2009
 2007 15.08 * Ali Miller (Murrieta Valley) 2014
 1996 15.17 Sara Nielson (Palm Desert) 2008
 2012 15.19 Mary Manu (Vista) 2007
 2004 15.25 Aarika Oeais (Linfield) 2015
 2007 15.27 *Maya Jackson (Desert Hot Springs) 2012
 2011 15.28 Shanie Edwards-Hamrick (Mo Val) 1993
 2001 15.28 Frances Chase-Dunn (North) 2009

200m Hurdles (30")

2009 26.80 Dominique Manning (North) 2001

300m Hurdles (30")

2013 40.73 Jasmyne Graham (Roosevelt) 2015
 2013 40.81 Joanna Hayes (North) 1995
 2006 41.02 Jade Miller (Great Oak) 2013
 1995 41.53 Nicole Denby (North) 1999
 1999 41.61 Ashlee Brown (North) 2001
 2011 41.80 Ericka Nowell (Perris) 2009
 2003 42.18 Lili Calhoun (North) 2003

42.66	Nicole Hoxie (North)	1996	46.18	Rynese Hulbert (Roosevelt)	2011
42.84c	Marisa Smith (Valley View) 42.7	2004	46.24c	Rosalie Watkins (Perris)	2002
42.96	Kiersten Kirkland (North)	2007	46.25	Marisa Wright (Moreno Valley)	1997
43.08	Taylor Fleming (King)	2013	46.26	*Jazmyne Santiel (Indio)	2015
43.12	Tanika Ward (North)	2004	46.27	Erin Wayne (Norco)	1985
43.13	Danielle Perry (Murrieta)	1999	46.28	Taylor Lorack (Temecula)	2012
43.24	***Marjani Maldonado (North)	2006	46.33	Tary Foster (Poly)	1996
43.27	Dominique Manning (North)	2004	46.35	Breanca Fleming (Great Oak)	2006
43.46	** April Sutton (Roosevelt)	2013	46.35	Tatiana Martinez (Murrieta Valley)	2012
43.48	Heather Corder (Murrieta)	2010	46.36	Amber Clark (Rancho Verde)	2010
43.48	*Iris Chijioke (Roosevelt)	2011	46.36	Aleyah Coleman (Palm Springs)	2013
43.51	*Jaylah Walker (La Sierra)	2015	46.39	Lauren McDade (Norte Vista)	1985
43.52	Gayle Hunter (North)	2004	46.40	* Asia Wallace (Rancho Verde)	2014
43.74	Lorraine King (North)	2005	46.43	Precious Watkins (Rancho Verde)	2007
43.79	**Laura McDowell (Arlington)	2010	46.44c	Alex Edmond (North) 46.2	1997
44.03	Doris Williams (Poly)	1987	46.44c	Jameyo Austin (Moreno Valley) 46.2	2001
44.06	Janessa Brown (Murrieta)	2011	46.44c	Amanda Breyer (Hemet) 46.2	2005
44.10	***Breanna Bernard-Joseph (Roosevelt)	2015	46.46	Wendy Kearney (La Sierra)	2003
44.10	**Shae Anderson (Santiago)	2015	46.49	Pamela Leyva (La Quinta)	2002
44.11	Martishesha Caines (Great Oak)	2013	46.52	Sheliemae Reyes (Vista)	2011
44.16	Kristen Powers (Chaparral)	2007	46.54	*Lauren Henderson (Rancho Verde)	2011
44.26	Stephanie Lamar (Indio)	1984	46.56	**Aarika Oeleis (Linfield)	2015
44.27	Gabby Estell (Rancho Verde)	2009	46.64c	Gretchen DeWitt (Indio) 46.4	1983
44.29	**Jasmine Harper (Vista de Lago)	2009	46.65	Devin Stetson (Corona)	2014
44.30	Kari Snow (Norco)	2003	46.65	*Cynamon Stevenson (Great Oak)	2015
44.31	***Laura McDowell (La Sierra)	2009	46.68	Marrisa Smith (Valley View)	2003
44.32	Amber Clark (Rancho Verde)	2009	46.68	*** Jaylah Walker (La Sierra)	2013
44.43	Beth Griffiths Corona	1982	46.71	***Sarah Ann Frank (King)	2015
44.47	Lianne Peterson (Palm Springs)	1990	46.74c	Allison Abacherli (Paloma Valley) 46.5	2002
44.49	Frances Chase-Dunn (North)	2009	46.78	Chris Stanley (Norco)	1984
44.49	April Sutton (Centennial)	2015	46.85	***Jada McLean (Palm Springs)	2015
44.51	Kristina Kirkland (Rancho Verde)	2011	46.87	Tricia Cervantes (Beaumont)	2012
44.58	*Laura McDowell (Arlington)	2011	46.88	*** Jazmyne Santiel (Indio)	2013
44.60	Keiana Shannon (North)	1999	46.92	Ginger Vega (Notre Dame)	1992
44.72	Angela Gomez (Perris)	1993	46.97	Laura Stokes (Vista)	2012
44.72	** Krista Haddock (Hemet)	2013	46.98	Ashley Henley (Indio)	2004
44.81	*Diamond Tabron (North)	2015	47.04c	Maria Peterkin (Arlington) 46.8	1990
44.83	Krista Haddock (Hemet)	2015	47.01	Jackie Adams (Moreno Valley)	1983
44.85	** Leighana Weaver (King)	2013	47.04	Melissa Pridemore (Centennial)	1995
44.88	April Holliverse (North)	1999	47.04	**Cayla Brooks (Roosevelt)	2012
44.91	Desiree Green (North)	1993	47.07	Sydney Schuller (Paloma Valley)	2011
44.91	Naquesha Moulton (Arlington)	1997	47.08	*** Shae Anderson (Norco)	2014
44.93	** Jaela Williams (Roosevelt)	2013	47.13	Misha Limbrick (Canyon Springs)	1993
45.08	Sandy Utterback (Poly)	1984	47.19	Kristy Irwin (Norco)	1989
45.10	Amber Middleton (Murrieta)	1983	47.19	* Laurin Bergman (Santiago)	2013
45.11	Jessica Balbuena (La Sierra)	2009	47.20	Princess Lee (Ramona)	1994
45.11	** Cynamon Stevenson (Great Oak)	2014	47.20	Alex Edmond (North)	1997
45.12	Natalie Lamagna (Norco)	1983	47.20	** Leitasi Cravens (Vista)	2013
45.12	Shania Edwards-Hambrick (Mo Val)	1994	47.24c	Kariesse Fonteant (North) 47.1	2004
45.12	Sara Dunaway (Vista)	2014	47.24	**Cassie Gstrein (Murrieta)	2009
45.13	Kim Dargel (Mesa)	2013	47.25	**Kristian Wright (Canyon Springs)	2009
45.19	*Rynese Hulbert (Roosevelt)	2010	47.26	Jessica Toliver (Vista)	2013
45.20	Robin Lealblad (Arlington)	1996	47.27	**Melanie Williams (Corona)	2011
45.23	Shebanette Terry (Vista)	2013	47.30	Allison Higgins (San Jacinto)	1992
45.26	Diamond Tabron (JW North)	2014	47.34	Ruperta Ibarra (Moreno Valley)	1988
45.31	Kylie Dudley (Temecula)	2006	47.35	***Erica Williams (Elsinore)	2009
45.31	* Leighana Weaver (King)	2014	47.37	Jessica Reeder (Corona)	2008
45.33	** Samaya Brandon (North)	2013	47.38	*Aubree Ford (Vista)	2009
45.65	Alisha Burton (Norco)	2001	47.44c	Sue Rupel (Perris) 47.2	1981
45.71	Jasmine Richards (Great Oak)	2010	47.45+	Celeste Bailey (Rubidoux) 47.73y	1990
45.74c	Cheri Slater (Moreno Valley) 45.5	1983	47.52	* Niome Wyatt (Rancho Verde)	2014
45.77	*Emily Owen (Vista)	2009	47.54c	Jacque Jarvis (Centennial) 47.3	1992
45.91	** Iyana Cooksey (Roosevelt)	2014	47.58	Katherine Silva (Canyon Springs)	2005
45.93	Shanee Somerville (Palm Springs)	1989	47.64c	Kristin Barnes (Hemet) 47.4	1995
45.98	*Gabby Estell (Rancho Verde)	2010	47.65	**Aleyah Coleman (Palm Springs)	2011
46.01	*Aleyah Coleman (Palm Springs)	2012	47.65	*Kayli Davis (Vista)	2015
46.02	*Erica Williams (Elsinore)	2011	47.66	Brianna Stine (Murrieta)	2001
46.03	Leighana Weaver (King)	2015	47.67	Lisa Taranto (Elsinore)	2013
46.04c	Madinah Ali (Canyon Springs) 45.8	1994	47.70	Anyiwo Nnenna (Murrieta)	2003
46.06c	Alexandria Anderson (Valley View) 45.8	2002	47.70	**Amber Lasher (Norco)	2011
46.08	Lolene Swallow (Vista)	2014	47.72	***Loraine Nance (Temescal)	2015
46.10	Mayimi Lee (Cathedral City)	2011	47.73	Carrie Rock (Canyon Springs)	1996
46.14	**Jessica Toliver (Vista)	2011	47.73	***Danae Dyer (Temecula)	2015
46.16	Rachel Miller (Vista)	2007	47.74c	Jasmine Calhoun (Rancho Verde)	47.5 1997
46.17	*Katy Hall (Murrieta)	2008	47.74c	Olivia Turner (Perris)	47.5 2010

47.74	Nnenna Anyiwo (Murrieta)		2004	48.11	Murrieta	2012
47.74	***Laurin Bergmann (Santiago)		2011	48.13	Rancho Verde	2014
47.76	**Genesis Walls (Rancho Verde)		2015	48.16	Canyon Springs	2013
47.78	*Dehjiah Joseph (Vista)		2015	48.16	Centennial	2013
47.79	Laurin Bergmann (Santiago)		2014	48.19	Great Oak	2007
47.81	Khalisha Charles (Canyon Springs)		1996	48.20	Canyon Springs	1999
47.88	Jolanna Fleming (West Valley)		2001	48.21	North	2013
47.92	Jessica Richeri (Centennial)		2011	48.28	North	2007
47.93	Rachel Miller (Vista)		2008	48.29	Great Oak	2010
47.94	** Kayleigh O'Brien (Murrieta Valley)		2014	48.37	North	2015
47.94	* Ali Miller (Murrieta Valley)		2014	48.43	Great Oak	2008
47.96	La'Shea English (Rancho Verde)		2000	48.43	Centennial	2010
47.96	Lauren Henderson (Rancho Verde)		2012	48.46	Vista	2010
47.96	Paige Williams (Chaparral)		2000	48.51	Canyon Springs	1993
47.96	Briana Corsetti (Vista)		2013	48.53	Murrieta Valley	2006
48.00	Laura Amos (Norte Vista)		1994	48.55	Rancho Verde	2015
48.00	** Aileen Galicia (La Quinta)		2013	48.57	Canyon Springs	2001
48.00	Summer Traylor (Perris)		2014	48.59	Vista	2015
48.02	Mary Mann (Vista)		2005	48.64	King	2009
48.04c	Tiffany Dillard (Canyon Springs)	47.8	2002	48.66	Santiago	2009
48.04c	Krystal Johnson (Rancho Verde)	47.8	2002	48.69	Moreno Valley	1983

400m Hurdles (30")

63.42	Kierstan Kirkland (North)		2006	48.69	Great Oak	2013
				48.70	Great Oak	2009
				48.71	Vista	2007
				48.74	Banning	1999
				48.75	North	2009
				48.85	King	2011
				48.90	Mesa	2012
				48.94	Corona	2015
				48.95	Murrieta	2008
				48.97	Vista	2006
				48.97	Heritage	2013
				49.04	Murrieta Valley	1999
				49.08	Great Oak	2006
				49.08	King	2008
				49.13	Paloma Valley	2014
				49.14	Mesa	2014
				49.17	Corona	2013
				49.19	Rancho Verde	2004
				49.19	Santiago	2011
				49.21	Centennial	1997
				49.23	Vista del Lago	2010
				49.23	Chaparral	2010
				49.24c	San Jacinto	49.1 2008
				49.24	Great Oak	2015
				49.25+	North 49.4y	1982
				49.25	JW North	2014
				49.26	Elsinore	2015
				49.27	Canyon Springs	1996
				49.28	Corona	1988
				49.28	Santiago	2013
				49.32	Temescal	2003
				49.37	Indio	1986
				49.37	North	2008
				49.37	Chaparral	2013
				49.39	Corona	2010
				49.41	Murrieta Valley	2004
				49.41	Hemet	2006
				49.42	Canyon Springs	1989
				49.43	King	2005
				49.46	Elsinore	2013
				49.47	Corona	2011
				49.48	Poly	1995
				49.48	Chaparral	2012
				49.50	Poly	1982
				49.51	Centennial	2011
				49.55	Canyon Springs	1988
				49.57	Valley View	2004
				49.57	Indio	2012
				49.58	Elsinore	2012
				49.60	Canyon Springs	1990
				49.60	Poly	1997
				49.60	Murrieta Valley	2005
				49.63	Temecula Valley	2001
				49.63	Chaparral	2011

4 x 100m Relay

45.30	North	2000				
45.36	North	2001				
45.68	Rancho Verde	2010				
45.74	Rancho Verde	2007				
45.76	Rancho Verde	2009				
45.92	North	2003				
45.97	Rancho Verde	2006				
46.10	Roosevelt	2015				
46.20	Rancho Verde	2008				
46.25	Rancho Verde	2011				
46.22	Vista	2014				
46.41	Roosevelt	2011				
46.44	North	2004				
46.58	Vista	2009				
46.64	Roosevelt	2010				
46.65	North	1999				
46.72	Roosevelt	2014				
46.73	North	2006				
46.86	North	2002				
46.93	Roosevelt	2013				
46.97	Vista	2013				
47.03	Mesa	2013				
47.04	North	1996				
47.18	North	1995				
47.18	Roosevelt	2012				
48.21	North	2013				
47.23	North	2005				
47.27	Vista	2012				
47.29	Canyon Springs	1994				
47.32	Great Oak	2014				
47.33	Great Oak	2012				
47.34	Rancho Verde	1999				
47.55	North	1997				
47.73	Vista	2011				
47.72	King	2014				
47.86	King	2013				
47.90	Vista	2008				
47.94	Roosevelt	2009				
47.96	Rancho Verde	2013				
47.97	King	2015				
47.97	Canyon Springs	1995				
48.00	North	1998				
48.00	Murrieta	2007				
48.00	King	2012				
48.02	Great Oak	2011				
48.02	Rancho Verde	2012				
48.04	Corona	2014				

1:39.98	Roosevelt	2012	3:57.93	Corona	2011
1:40.87	Roosevelt	2011	3:57.99	Great Oak	2015
1:41.30	Rancho Verde	2009	3:58.10	Vista	2009
1:41.43	Corona	2014	3:58.10	Great Oak	2009
1:41.92	Great Oak	2012	3:58.28	North	1992
1:42.12	Great Oak	2014	3:58.55	La Quinta	2014
1:42.12	Great Oak	2008	3:58.56	Vista	2014
1:42.26	Canyon Springs	2012	3:58.75	Vista	2015
1:42.57	Great Oak	2013	3:58.77	Corona	1997
1:42.69	Canyon Springs	2013	3:58.80	Temecula	2011
1:42.83	Roosevelt	2010	3:58.97	Temecula	2006
1:43.02	Roosevelt	2009	3:59.05	Mesa	2013
1:43.1	North	2006	3:59.27	Vista	2012
1:43.4	Vista	2009	3:59.64	Murrieta	2011
1:43.67	Great Oak	2010	3:59.61	Moreno Valley	1983
1:44.34	Rancho Verde	2008	3:59.80	Vista	2007
1:44.49	Great Oak	2009	3:59.97	Indio	2012
1:44.82	Great Oak	2007	4:00.41	Centennial	2010
1:44.84	Murrieta	2012	4:00.41	King	2011

4 x 400m Relay

3:38.86	North	2001	4:00.63	Roosevelt	2014
3:39.46	North	2000	4:00.96	Rancho Verde	2014
3:43.96	North	2003	4:00.70	Murrieta	1998
3:44.02	Rancho Verde	2009	4:00.71	Vista del Lago	2013
3:44.76	Roosevelt	2015	4:00.77	Rancho Verde	2013
3:45.81	Rancho Verde	2007	4:01.10	La Quinta	2013
3:46.16	North	1995	4:01.16	Temecula	2010
3:47.34	Roosevelt	2013	4:01.24	Great Oak	2007
3:47.44	Great Oak	2012	4:01.27	Perris	1980
3:47.60	North	1996	4:01.63	Poly	2015
3:48.36	Great Oak	2011	4:01.86	King	2015
3:48.38	North	2006	4:02.06	Great Oak	2006
3:48.67	Great Oak	2013	4:02.1	Corona	1983
3:49.36	North	1998	4:02.18	Chaparral	2010
3:49.40	North	2004	4:02.22	Temecula	2009
3:49.61	North	2007	4:02.24	King	2002
3:50.11	Rancho Verde	2006	4:02.36	Poly	2014
3:50.36	North	1999	4:02.39	Murrieta	2009
3:50.56	Roosevelt	2010	4:02.50	Beaumont	2015
3:50.83	North	2015	4:02.56	Murrieta	2003
3:50.88	Roosevelt	2012	4:02.92	Vista del Lago	2009
3:51.16	Canyon Springs	1994	4:02.99	Corona	2015
3:51.19	North	2005	4:03.12	Paloma Valley	2009
3:51.52	Rancho Verde	2008	4:03.17	Paloma Valley	2013
3:51.66	North	2002	4:03.54	Paloma Valley	2005
3:51.80	Corona	2014	4:03.55	Murrieta	2004
3:51.97	Great Oak	2014	4:03.84	Murrieta	2007
3:52.30	Canyon Springs	1995	4:03.9	Norco	1983
3:52.37	Vista	2013	4:03.95	Arlington	1996
3:53.3+	Poly 3:54.6y	1979	4:03.99	Poly	2008
3:53.51	North	1997	4:04.16	Centennial	2013
3:53.51	Rancho Verde	2010	4:04.20	King	2009
3:53.58	North	2013	4:04.38	La Quinta	2015
3:54.08	Roosevelt	2011	4:04.78	Vista	2010
3:54.13	Corona	2013	4:04.81	Indio	2011
3:54.32	Great Oak	2010	4:04.88	Mesa	2014
3:54.37	Great Oak	2008	4:05.08	Mesa	2015
3:54.52	King	2014	4:05.18	Mesa	2012
3:54.70	Temecula	2012	4:05.35	Vista del Lago	2010
3:55.02	JW North	2014	4:05.35	King	2010
3:55.03	Murrieta	1999	4:05.37	Temecula	2004
3:55.24	Roosevelt	2009	4:05.44	Corona	2012
3:55.7	Rancho Verde	2011	4:05.50	Murrieta	2002
3:55.92	North	1993	4:05.50	Beaumont	2004
3:56.16	Murrieta	2010	4:05.5	Canyon Springs	1999
3:56.42	North	2008	4:05.52	Chaparral	2013
3:56.43	King	2012	4:05.60	Murrieta Valley	1998
3:56.68	North	1994	4:05.67	Vista	2011
3:57.27	Rancho Verde	2015	4:05.73	Vista	2006
3:57.45	Vista del Lago	2011	4:05.88	Canyon Springs	1996
3:57.49	King	2013	4:05.96	King	2003
3:57.58	Corona	1991	4:06.11	Santiago	2014
			4:06.16	Coachella Valley	2013
			4:06.17	Paloma Valley	2003
			4:06.19	Rancho Verde	2005
			4:06.2	Notre Dame	1984

4:06.4	Poly		1986
4:06.42	Paloma Valley		2010
4:06.45	La Quinta		2012
4:06.51	Perris		2007
4:06.53	San Jacinto		2012
4:06.56	Beaumont		2014
4:06.61	Arlington		1999
4:06.62	Perris		2005
4:06.07	Vista		2008
4:06.44c	Murrieta	4:06.3	2008
4:06.74	Rancho Verde		2012
4:06.81	Vista del Lago		2015
4:07.09	Perris		2009
4:07.11	King		2008
4:07.15	Citrus Hill		2012
4:07.18	North		1988
4:07.20	La Sierra		2005
4:07.25	Elsinore		2010
4:07.26	Temecula		2007
4:07.42	Corona		1990
4:07.42	Murrieta		2001
4:07.54	Beaumont		2003
4:07.55	Coachella Valley		2012
4:07.57	La Quinta		2007
4:07.60	Paloma Valley		2014
4:07.66	Corona		2009
4:07.81	Canyon Springs		1993
4:07.84	Valley View		2004
4:07.87	Norco		1989
4:07.97	Rancho Verde		2000
4:08.01	Santiago		2015
4:08.03	Murrieta		2000
4:08.04	North		2009
4:08.08	Chaparral		2015
4:08.14c	Perris	4:08.0	2008
4:08.15	Chaparral		2011
4:08.3	Valley View		2011
4:08.32	King		2007
4:08.4+	Hemet 4:09.8y		1977
4:08.43	Arlington.		2000
4:08.51	Arlington		1995
4:08.51	King		2006
4:08.58	Canyon Springs		2005
4:08.67	Rancho Verde		2001
4:08.71	Hemet		2008
4:08.73	Temecula		2005
4:08.74	Valley View		2005
4:08.88	Arlington		2001
4:08.88	Corona		2008
4:08.90	Beaumont		2009
4:08.99	Canyon Springs		2006
4:09.05	Notre Dame		2009
4:09.19	Norco		2001
4:09.29	Elsinore		2015
4:09.32	Perris		2000
4:09.37	Elsinore		2009
4:09.38	Roosevelt		2008
4:09.49	Valley View		2008
4:09.54	Vista del Lago		2012
4:09.6	Canyon Springs		1990
4:09.6	Palm Springs		1990
4:09.64	Chaparral		2012
4:09.68	Arlington		2003
4:09.74	Ramona		1995
4:09.75	Canyon Springs		2009
4:09.76	Paloma Valley		2004
4:09.77	Corona		2007
4:09.79	Norco		1999
4:09.83	Perris		2012
4:09.89	Perris		1999
4:10.01	Corona		1984
4:10.10	Corona		2006
4:10.12	Poly		2012
4:10.13	Elsinore		2011
4:10.18	La Quinta		2008

4:10.36	Poly	2010
4:10.63	Norco	1984

Sprint Medley

4:08.21	Great Oak	2015
4:10.67	Mesa	2015

4x 800m Relay

9:14.43	Great Oak	2014
9:18.65	Great Oak	2010
9:19.23	Great Oak	2015
9:19.85	Great Oak	2013
9:21.76	Great Oak	2009
9:24.65	Murrieta	2004
9:26.01	Poly	2015
9:28.62	Great Oak	2008
9:28.72	Great Oak	2012
9:30.83	Great Oak	2007
9:33.01	Murrieta	2003
9:35.70	Vista	2013
9:36.09	Corona	2011
9:36.40	King	2008
9:36.69	Corona	2012
9:38.35	Vista	2009
9:38.99	Corona	2007
9:40.52	Vista	2007
9:40.52	Vista	2007
9:41.45	La Quinta	2015
9:43.51	Poly	2014
9:44.27	Great Oak	2011
9:45.2	Corona	2006
9:45.32	La Quinta	2014
9:47.72	Vista	2015
9:48.51	Corona	2013
9:49.84	Murrieta	2010
9:50.3	Murrieta (indoors)	2002
9:50.68	Roosevelt	2013
9:51.41	King	2015
9:51.8	Vista	2006
9:52.0	Temescal	2007
9:55.40	Temecula	2004
9:56.53	Murrieta Valley	2005
9:56.97	Corona	2009
9:58.86	Corona	2002
10:00.11	Corona	2003
10:00.89	Valley View	2007
10:00.91	La Quinta	2013
10:01.00	Canyon Springs	2004
10:01.50	Corona	2004
10:01.65	Corona	2008
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:03.21	Vista	2008
10:03.6	La Sierra	2005
10:03.36	Great Oak	2012
10:07.37	Canyon Springs	2003
10:07.70	Poly	2013
10:08.56	Corona	2008
10:08.65	Chaparral	2010
10:09.66	Corona	2005
10:09.77	Indio	2003
10:10.16	Temescal	1997
10:10.89	Santiago	2015
10:10.92	Temescal	1994

Distance Medley

11:46.92	Great Oak	2015
11:54.28	Great Oak	2014
11:56.09	Great Oak	2013
12:07.26	Great Oak	2010

12:12.21	Murrieta	2002
12:17.35	Murrieta	2004
12:19.29	King	2010
12:20.34	Corona	2011
12:21.30	Great Oak	2012
12:22.26	King	2008
12:22.36	Great Oak	2011
12:22.96	King	2009
12:24.52	Murrieta	2001
12:24.60	Great Oak	2008
12:27.72	Vista	2008
12:30.1	Temescal	1995
12:31.02	Great Oak	2009
12:32.11	King	2011
12:34.11	Vista	2007
12:34.71	Vista	2010
12:34.9	Norco	1988
12:34.93	Vista	2009
12:36.63	Murrieta	2008
12:37.10	Mesa	2014
12:37.91	La Quinta	2013
12:38.86	King	2013
12:42.5	Corona	1993
12:42.95	King	2014
12:43.54	Great Oak	2007
12:45.06	Temecula	1997
12:45.07	Corona	2012
12:46.54	Corona	2014
12:46.80	Murrieta	2007
12:47.84	Murrieta	2009
12:46.87	Canyon Springs	1996
12:47.71	Chaparral	2008
12:51.35	Chaparral	2010
12:53.01	Temescal	1994
12:54.99	Mesa	2013
12:56.90	Temescal	1996
12:58.30	La Quinta	2011
12:58.67	Corona	2006

4 x 1500m Relay

21:03.2	Norco	1985
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4 x 1600m Relay

19:53.81	Great Oak	2015
20:09.17	Great Oak	2014
20:38.52+	Great Oak	20:45.75y 2011
20:45.80	Great Oak	2013
20:55.62+	Chaparral	21:02.95y 2008
20:56.19+	King	21:03.53y 2010
20:58.57	Great Oak	2012
21:02.30+	Great Oak	21:09.67y 2010
21:15.63+	Corona	21:23.08y 2011
21:17.44+	Murrieta	21:24.90y 2008
21:17.86	Vista	2013
21:17.91+	Murrieta	21:25.36y 2006
21:19.85	Vista	2009
21:20.02	Great Oak	2007
21:28.16+	Murrieta	21:35.68y 2007
21:32.36	King	2013
21:32.83	Chaparral	2010
21:33.39	Vista	2014
21:33.99	La Quinta	2014
21:36.60	Great Oak	2009
21:37.57+	Great Oak	21:45.15y 2008
21:38.85	King	2009
21:42.34+	King	21:49.95y 2008
21:42.90	Roosevelt	2014
21:43.27+	Murrieta	21:50.87y 2005
21:43.95+	King	21:51.56y 2007
21:44.94	Vista	2012
21:45.53	Roosevelt	2015
21:45.87	King	2014
21:47.55+	Corona	21:55.51y 2006

21:48.64	Temescal	1995
21:51.27+	Vista	21:58.93y 2010
21:51.33	Vista	2015
21:54.82	Chaparral	2013
21:55.49	Vista	2011
21:57.78+	Great Oak	22:05.47y 2006
21:55.51	Corona	2006
21:57.78+	Great Oak	22:05.47y 2006
21:58.80	Corona	2013
22:01.46+	King	22:09.17y 2005
22:06.87	Santiago	2014
22:07.23+	Corona	22:14.98y 2007
22:08.52+	Vista	22:16.28y 2008
22:09.53+	Chaparral	22:17.29y 2007
22:09.53+	Santiago	22:17.29y 2007
22:09.91+	Corona	22:17.68y 2008
22:13.52+	Corona	22:21.30y 2005
22:13.97	Corona	2009
22:14.01+	Murrieta "B"	22:21.79y 2006
22:14.30+	Chaparral	22:22.09y 2009
22:15.25+	King	22:23.04y 2006
22:22.23	Corona	2003
22:20.99	Roosevelt	2013
22:31.12	Poly	2014
22:31.16y+	Santiago	22:39.05y 2008
22:35.11	Elsinore	1992
22:37.58	Valley View	2008
22:39.87	Temecula	2014
22:40.28	Chaparral	2015
22:40.5	Corona	1994
22:41.99	Paloma Valley	2013
22:44.73	Valley View	2010
22:45.94	Corona	2012
22:46.2	Temescal	1994
22:48.19	Santiago	2011
22:48.19	Poly	2015

High Jump

6-0.5	Chaunte Howard (North)	2001
5-10	Shania Edwards-Hambrick (Mo Val)	1993
5-8.75	Karen Kraemer (Notre Dame)	1981
5-8	Gayle Hunter (King)	2002
5-8	Lena Bettis (North)	2002
5-8	Becky Collier (Woodcrest Chr)	2013
5-7	Sandy Utterback (Poly)	1984
5-7	Kelsey Rubeor (Murrieta)	2006
5-7	**Sophia Ederaine (Canyon Springs)	2009
5-7	* Sarah Dunaway (Vista)	2013
5-7	Bria Palmer (North)	2015
5-6.25	Gretchen DeWitt (Indio)	1983
5-6.25	Tina Ray (Corona)	1984
5-6	Heather May (Hemet)	1984
5-6	Gangert (Moreno Valley)	1992
5-6	Jennifer Maggard (Hemet)	1991
5-6	Maylana Martin (Perris)	1995
5-6	Jennifer Barnes (Hemet)	1996
5-6	Jennifer Thomas Centennial	1997
5-6	Orlisha Henlon (King)	2003
5-6	Heather Conlin (North)	2005
5-6	*Kelli Boyd (King)	2010
5-6	Joshulyn Penniman (Rancho Verde)	2012
5-6	* Susannah Vera (Palm Desert)	2013
5-6	** AlliePortis (Great Oak)	2013
5-6	Martiesha Cains (Great Oak)	2013
5-6	* Monique Billings (Santiago)	2013
5-6	Nirie Boglino (La Quinta)	2015
5-5	Angela Lind (Hemet)	1984
5-5	Jamie Kindschuh (Chaparral)	1999
5-5	Gayle Hunter (North)	2003
5-5	*Emem Ibekwe (North)	2015
5-5	***Abigail Burke (Poly)	2015
5-4.25	Cheri Slater (Moreno Valley)	1983
5-4	Bobbi White (Norco)	1989

5-4	Christine Killian (Temecula)
5-4	Leah Cunningham (Valley View)
5-4	Michelle Marshall (Hemet)
5-4	Veronica Arana (San Jacinto)
5-4	TaShara Saunders (Rancho Verde)
5-4	Liz Luzsko (Banning)
5-4	Ashley Hamlett (Norco)
5-4	Brittany Thurman (King)
5-4	*Danielle Thibault (Canyon Springs)
5-4	Audrey Mitchell (Murrieta)
5-4	Desiree Jackson (Vista del Lago)
5-4	*Caitlin Wuebbels (Murrieta)
5-4	**April Sutton (Roosevelt)
5-4	** Kiarra Ginwright (King)
5-4	*Destiny Longmire (Rancho Verde)

Pole Vault

13-1	Gardenia Centanaro (Roosevelt)
12-7	Kristen Dormanen (Temecula)
12-3	Dana Jensen (Chaparral)
12-0	Brianna King (Temecula)
12-0	Jessica Wismewski (Murrieta)
12-0	Hannah Chang (King)
11-9	Annika Backlund (Murrieta Valley)
11-9	Devin Stetson (Corona)
11-9	Jessica Abalos (Murrieta Valley)
11-6	Anna Diko (Murrieta Valley)
11-6	Tricia Smith (Temescal Canyon)
11-6	Rena Matheny (Murrieta)
11-6	Susan Farrar (North)
11-6	Kim Sandstrom (Great Oak)
11-5	Elleyse Garrett (Vista)
11-4	Megan Melton (King)
11-4	* Kristen Thompson (Roosevelt)
11-3	Kelsey Barnes (Vista)
11-1	*Alex Ungrady (Great Oak)
11-0	Caroline Stark (King)
11-0	Amber Harbaugh (Chaparral)
11-0	Calab Ayer (Vista)
11-0	*Julianne Perez (Roosevelt)
10-9	Hailey Scheer (Vista)
10-9	Brittany Earr (Vista)
10-9	*Amy Angevine (Murrieta)
10-8	Krystal Ruiz (King)
10-8	*Bailey Romero (Vista)
10-6	Jennifer Finaldi (Centennial)
10-6	Rena Matheny (Murrieta)
10-6	Brenda Hanrahan (King)
10-6	Katie Beyer-Andrews (Vista)
10-6	***Gardenia Chavez (Roosevelt)
10-6	Krysten Garcia (Roosevelt)
10-6	Alicia Lamson (Great Oak)
10-6	Emily Ayer (Vista)
10-6	Brynna Close (North)
10-6	Keanna Theobalt (Vista)
10-6	Alexys Boonkokua (King)
10-5	Angie Griffin (Great Oak)
10-4	Kailey Beckman (Temecula)
10-4	Rianne Gross (Poly)
10-3	*Annika Backlund (Murrieta)
10-1	**Taryn Fowlie (Great Oak)
10-0	Amber Baughman (Temecula)
10-0	Stephanie Hill (Chaparral)
10-0	Lelsie Klieres (Temecula)
10-0	Julia Nottber (Murrieta)
10-0	Jaquie Crisp (Chaparral)
10-0	Jennifer Adams (Temecula)
10-0	Tiffany Vansoest (Poly)
10-0	*Katherine Coggins (King)
10-0	*Amy Hop (Jurupa)
10-0	Erika Kim (Great Oak)
10-0	Chandler Edwards (Santiago)
10-0	Rachel Held (Vista)
10-0	Taylor Henry (Corona)

1990	10-0	Madison McPeak (King)	2015
1992	10-0	**Delaney Ho (Beaumont)	2015
1994	10-0	Kristen Thompson (Roosevelt)	2015

Long Jump

1996			
1997			
1999			
2004	20-7.75	Gayle Hunter (North)	2004
2005	20-4.5	Chaunte Howard (North)	2002
2009	20-0.75	**Alycia Herring (Rancho Verde)	2008
2009	19-11.25	Serina Strange (Indio)	1987
2010	19-10.75	Lena Bettis (North)	2002
2011	19-10.5	Michelle Norman (Vista)	2014
2013	19-10.25	Shelese Ruffin (Beaumont)	2004
2013	19-10	Tracee Thomas (North)	1999
2015	19-8.25	* Jasmyne Graham (Roosevelt)	2014
	19-7	DeAnna Carson (Vista del Lago)	2003
	19-5.5	**Akia Armstrong (Roosevelt)	2011
	19-4.25	Lovie Burleson (Vista)	2015
2013	19-1.75	Brittany Bozeman (Rancho Verde)	2009
2004	19-1	Gayle Hunter (King)	2001
2005	19-0.75	Angela Weeks (Canyon Springs)	2002
2001	19-0	** Destiny Longmire (Rancho Verde)	2014
2002	18-11.25	Denise Woodard (Hemet)	1979
2015	18-9.25	Ashley Perkins (Norco)	2009
2013	18-8.5	Amber Sanford (King)	2010
2014	18-7.75	Latoya LeJay (Canyon Springs)	1994
2014	18-7.75	* Kayla Wilson (La Quinta)	2013
2000	18-7.5	* Jaela Williams (Roosevelt)	2014
2001	18-6.75	Mary Carroll Coachella)	1982
2003	18-5	Nettie Scott (Corona)	2010
2008	18-5	Jasmyne Graham (Roosevelt)	2015
2010	18-5.5	Elreen Brumfield (North)	1984
2014	18-4	*Destiny Longmire (Rancho Verde)	2015
2012	18-3.5	Emem Ibekewe (North)	2015
2014	18-1.5	Joanna Hayes Arlington)	1993
2014	18-1.5	Nicole Hoxie (North)	1995
2015	18-1.5	* Allie Portis (Great Oak)	2014
2005	17-11.5	Lorena Aleman (La Quinta)	2004
2005	17-11.5	Kayla Wilson (La Quinta)	2014
2010	17-11.25	Onisha Banks (San Jacinto)	1992
2015	17-11.25	Kelsey Rubeor (Murrieta Valley)	2006
2012	17-10.5	Zona Chandler (Elsinore)	1981
2012	17-10.25	**Chasity Ducre (Roosevelt)	2012
2012	17-9.25	Jamie Kindschuh (Chaparral)	1999
2003	17-9	Lauren Plunkett (Norco)	1999
2012	17-9	Jelena McNown (Murrieta Valley)	2013
2001	17-8.75	Kayla Duclayan (Vista)	2015
2002	17-8.5	Angela Bissonette (Hemet)	1989
2005	17-7.5	LaShannoe Sneed (Poly)	1982
2007	17-7.5	Tiffany Jones (Canyon Springs)	2001
2010	17-7.25	Danielle Smith (Elsinore)	1985
2012	17-7	Pam Streeter (North)	1978
2012	17-7	Bobbi White (Norco)	1989
2013	17-7	Aubree Harbison (Murrieta)	2008
2015	17-7	*Sophia Ederaine (Canyon Springs)	2010
2015	17-6.75	Terica Ned (Rancho Verde)	1999
2015	17-6.5	Dominique Manning (North)	2001
2015	17-6.5	Melinda Rodriguez (Vista)	2009
2009	17-6.5	Shanea Webb (Vista)	2010
2011	17-6.25	Stacy Miller (Palm Springs)	1989
2012	17-6	Beth -Griffiths (Corona)	1980
2015	17-5.5	Lisa Hale (Poly)	1988
2001	17-5.5	Lori Sims (Corona)	2001
2002	17-5.5	Taylor Smith (Roosevelt)	2015
2002	17-5.25	Becky Collier (Woodcrest Chr)	2013
2002	17-5	Kim Burrell (Temescal)	1999
2003	17-5	Alviota Carrillo (Indio)	1999
2005	17-5	Christina Carr (Murrieta)	2001
2007	17-4.75	** Lovie Burleson (Vista)	2013
2008	17-4	Lenay Horton (North)	2001
2008	17-4	Tiffany Parker (Rancho Verde)	2005
2011	17-3.75	Yvette McCullugh (Arlington)	1986
2012	17-3.5	Brenna Tucker (Ramona)	2005
2013	17-3.25	Brittany Baltzar (Santiago)	2004
2013	17-3	LaRonda Doyle (Norco)	1984

17-3	Rochelle Reese (Corona)	1988	18-7	Ashley Perkins (Norco)	2008
17-3	Moffett (Chaparral)	2005	18-6	Angela Weeks (Canyon Springs)	2001
17-3	Nirie Boglino (La Quinta)	2015	18-5	*Emem Ibekewe (North)	2015
17-2.5	T*Keyah Gray (Elsinore)	2010	18-4.25	Becky Collier (Woodcrest Chr)	2013
17-2.5	*Maya Jackson (Desert Hot Springs)	2012	18-2.5	Jacquelyn Dubois (Vista del Lago)	2011
17-2.25	Trese Harris (Ramona)	1996	18-2	Kelsey Rubeor (Murrieta)	2006
17-2	Lorena Aleman (La Quinta)	2003	18-1	Aubree Harbison (Murrieta)	2008
17-2	Brittany Cook (Vista)	2009	18-1	Nirie Boglino (La Quinta)	2015
17-2	***Ajia Yarbrough (Temecula)	2012	18-0	Taylor Smith (Roosevelt)	2015
17-1.75	Rikki Scuggs (Canyon Springs)	1988	17-11.5	*Amber Sanford (King)	2009
17-1.75	Julie Tetley (Moreno Valley)	1989	17-11	Tiffany Parker (Rancho Verde)	2006
17-1.75	Markey McLellan (Hemet)	1992	17-10.75	Jelena McNown (Murrieta Valley)	2013
17-1.75	*Jenna Reynolds (North)	2008	17-10	T*Keyah Gray (Elsinore)	2010
17-1.5	Monica Bruce (Norco)	1978	17-9.25	Monique Young (North)	2002
17-1	Gail Derricott (Rubidoux)	1989	17-8.5	Celia Halpin (Norco)	2015
17-1	Theresa Cherry (Notre Dame)	1990	17-8	Erin Banks (Norco)	2003
17-1	Ginger Vega (Notre Dame)	1992	17-7.25	*Briana Conway (Chaparral)	2009
17-0.75	Heather Erickson (Vista)	2006	17-7	Kierstin Kirkland (North)	2006
17-0.25	Tiffany Harriston (Murrieta)	2003	17-7	Mariah Rimmer (Arlington)	2011
17-0.25	Kierstin Kirkland (North)	2006	17-6.25	Heather Erickson (Vista)	2006
17-0	Shania Edwards— Hambrick (Mo Val)	1994	17-5	Brittany Baltazar (Santiago)	2004
17-0	Hillary Foose (Canyon Springs)	1994	17-5	Katie Rodriguez (Elsinore)	2013
17-0	Myeshia DuPree (Poly)	1996	17-3.5	Tiffany Parker (Rancho Verde)	2004
17-0	Amber Nelson (North)	1999	17-3.25	*T*Keyah Gray (Elsinore)	2009
17-0	Katie Christianson (La Quinta)	1999	17-3	*Jelena McNown (Murrieta)	2012
17-0	**Dynes Adams (Vista)	2008	17-3	Brandee Rodriguez (Elsinore)	2012
16-11.75	Erin Banks (Norco)	2003	17-3	Joana Adams (Palm Springs)	2015
16-11.75	Akilah Green (San Jacinto)	2010	17-2.5	* Alejandra Angulo (Cathedral City)	2013
16-11.5	Shakeia Brumfield (Desert H Sp)	2001	17-2	*Michelle Hong (Vista)	2011
16-11.5	*Niala Charles (Great Oak)	2010	17-2	Starlynn Singleton (Mesa)	2013
16-11.25	Ashley Edwards (Canyon Springs)	2004	17-1.5	Audane Hayes (Centennial)	2005
16-11	Michelle Marshall (Hemet)	1993	17-01	Allie Portis (Great Oak)	2015
16-11	Kisha Auld (Corona)	1999	17-0.5	Harbison (Murrieta Valley)	2005
16-10.75	Iyani Hayden (Canyon Springs)	2015			
16-10.5	Joi Webber (Poly)	2000			
16-10	Ashanti Phannix (Moreno Valley)	1998			
16-10	Natalie Johnson (Cathedral City)	2000	41-3	Chaunte Howard (North)	2002
16-9.75	*Jelena McNown (Murrieta)	2012	41-1.25	Gayle Hunter (North)	2004
16-9.75	Celia Halpin (Norco)	2015	40-6	Michelle Norman (Vista)	2014
16-9.5	Kanishia Cass (Rancho Verde)	1999	40-5.75	* Lovie Burleson (Vista)	2015
16-9.25	Ingrid James (Ramona)	1988	40-3	* Ciyamon Stevenson (Great Oak)	2015
16-9	McDowell (Indio)	1978	39-7.25	Ashley Perkins (Norco)	2009
16-9	Kartina Sullivan (Norte Vista)	1990	39-7	Gayle Hunter (King)	2002
16-9	Khola Newels (Canyon Springs)	1994	39-3.75	*Emem Ibekewe (North)	2015
16-9	Jacquelyn Dubois (Vista del Lago)	2011	38-11.25	Brianna Cole (Santiago)	2011
16-9	Brandee Rodriguez (Elsinore)	2012	38-7.25	CeCe Chandler (Elsinore)	1982
16-8.5	Robin Leafblad (Arlington)	1996	38-6	*Becky Collier (Woodcrest Christian)	2012
16-8.5	Vianna Amabile (Great Oak)	2011	38-4.75	Unique Lewis (Hemet)	1988
16-8	Sharon Johnson (Perris)	1980	38-4	Monique Young (North)	2001
16-8	Michelle Hong (Vista)	2012	38-3.75	Joanna Hayes (North)	1994
16-7.5	Nicole Baker (La Sierra)	1997	38-1	*Brittany Bozeman (Rancho Verde)	2008
16-7.25	*Danika Hitchcock (Hemet)	2012	38-0.5	Erin Banks (Norco)	2005
16-7.25	* April Sutton (Roosevelt)	2014	37-11.5	Joanna Hayes (Arlington)	1993
16-7	Trina Williams (Valley View)	1990	37-11.25	T*Keyah Gray (Elsinore)	2010
16-7	Joy Smith (Moreno Valley)	1982	37-11	Tiffany Parker (Rancho Verde)	2005
16-7	Latisha Spence (North)	1999	37-10.5	Amber Sanford (King)	2010
16-7	Nikki James (Riverside Chr)	2006	37-10.25	Nirie Boglino (La Quinta)	2015
16-7	*Desiree Jackson (Vista del Lago)	2009	37-10	Angela Weeks (Canyon Springs)	2002
16-7	*Shontice Carter (Vista del Lago)	2011	37-10	Becky Collier (Woodcrest Chr)	2013
			37-9	Denise Woodward (Hemet)	1982
			37-9	*Kelli Boyd (King)	2010
			37-8.75	Serina Strange (Indio)	1986
			37-8.5	Jane Jones (North)	1981
			37-7.75	Robyn Monroe (Centennial)	1999
			37-6	Jacquelyn Dubois (Vista del Lago)	2011
			37-6	Emem Ibekewe (North)	2015
			37-5	*Joi Webber (Poly)	2000
			37-4.25	Tasha Edinbvrld (Poly)	1987
			37-3.5	Stephanie LaMar (Indio)	1985
			37-3.5	Danika Hitchcock (Hemet)	2013
			37-3.25	Katie Christianson (La Quinta)	2000
			37-3	Lena Bettis (North)	2003
			37-2	* Destinee Widgins (San Jacinto)	2014
			37-0.25	Latoya LeJay (Canyon Springs)	1994
			37-0	Starlynn Singleton (Mesa)	2013

Triple Jump

Wind-aided:

20-8.75	Gayle Hunter (North)
20-6.5	Chaunte Howard (North)
20-2.75	Shelese Ruffin (Beaumont)
20-0.5	Gayle Hunter (King)
19-8.25	** Jasmyne Graham (Roosevelt)
19-7.5	Brittany Bozeman (Rancho Verde)
19-6.5	Lovie Burleson (Vista)
19-2	Destiny Longmire 9Rancho Verde)
19-0	Akia Armstrong (Roosevelt)
18-11.5	De-Anna Carson (Vista del Lago)
18-10.75	*** Destiny Longmire (Rancho Verde)
18-9.25	Tiffany Jones (Canyon Springs)
18-9.25	* Jacla Williams (Roosevelt)
18-8.25	* Kayla Wilson (La Quinta)

36-11.75	Rene Simon (Calvary Ch)	2008	36-6	Kelli Boyd (King)	2011
36-11.75	Joshulyn Penniman (Rancho Verde)	2012	36-5.5	Rhea Soloman (Rancho Verde)	2011
36-10	*Danika Hitchcock (Hemet)	2012	36-4.25	Asia Johnson (King)	2012
36-9.75	Mary Carroll (Coachella Valley)	1981	36-4	*Nirie Boglino (La Quinta)	2014
36-9.75	Lakeesha Blair (Rancho Verde)	2005	36-1.5	Danika Hitchcock (Hemet)	2013
36-9	Ashley Mackey (Vista)	2010	36-1	Lakeesha Blair (Rancho Verde)	2004
36-8.5	**Allison Laibach (Norco)	2015	36-0.5	Charissa Misiata (Paloma)	2015
36-8	***Ajia Yarbrough (Temecula)	2012	36-0	***Taryn Fowlie (Great Oak)	2014
36-7.5	Taryn Foster (Poly)	1995	35-11	Kelsey Rubeor (Murrieta Valley)	2004
36-6.75	Bobbi White (Norco)	1989			
36-6.75	*Chantia Justice (La Quinta)	2010			
36-6	Yvette Hill (Rubidoux)	1985			
36-6	Yvette McCullough (Arlington)	1986			
36-6	Amanda Brooks (Indio)	1997			
36-5.5	Latisha Spence (North)	1998			
36-5.5	Tasha McNair (Valley View)	2000			
36-4.75	Myeshia DuPree (Poly)	1996			
36-4	Shanea Webb (Vista)	2010			
36-3.75	Carmeshia Brown (La Quinta)	2003			
36-3.5	Cheri Slater (Moreno Valley)	1982			
36-3.5	Celia Halpin (Norco)	2015			
36-3	Onisha Banks (San Jacinto)	1992			
36-2.75	Jessica Rogers (Santiago)	2000			
36-2.5	Jamie Kindschuh (Chaparral)	1999			
36-2.5	Alexandia Anderson (Valley View)	2001			
36-2	Whitney Ligon (Centennial)	2005			
36-1.75	Sameerah Reed (Rancho Verde)	1999			
36-1	Demetria Deary (La Sierra)	2000			
36-1	Melinda Rodriguez (Vista)	2009			
36-1	Anna Ifft (Santiago)	2015			
35-11.5	Danielle Smith (Elsinore)	1986			
35-10	Laronda Doyle (Norco)	1985			
35-10	Kelli Boyd (King)	2011			
35-9	Kari Snow (Norco)	2002			
35-9	*Nyomi Ward (Rancho Verde)	2013			
35-9	Kayla Duclayan (Vista)	2015			
35-8.5	Theresa Cherry (Notre Dame)	1990			
35-8.5	Dominique Aubrey (Poly)	2012			
35-8.25	Jessica Williams (Temecula Prep)	2008			
35-8	Mary Plesinger (Beaumont)	1984			
35-8	Michelle Marshall (Hemet)	1993			
35-8	Kelsey Rubeor (Murrieta)	2005			
35-8	Nairobi Watson (King)	2013			
35-7.75	Rikki Scruggs (Canyon Springs)	1989			
35-7.5	***Ymani Rollins (Rancho Verde)	2015			
35-7.25	Lauren Plunkett (El Toro)	1998			
35-7.25	**Malia Cravens (Temecula)	2009			
35-7	Robin McQueen (Elsinore)	1991			
35-7	Ginger Vega (Notre Dame)	1992			
35-7	Destinee Widgins (San Jacinto)	2015			
35-6.5	Maria Peterkin (Arlington)	1990			
35-6.25	Marquita Scott (Rubidoux)	2002			
35-6.25	Jasmine Seymour (Paloma Valley)	2006			

Wind-aided:

42-2.5	Gayle Hunter (North)	2004			
40-7	**Ciynamon Stevenson (Great Oak)	2014			
39-8.75	Ashley Perkins (Norco)	2009			
39-7.5	Jacquelyn Dubois (Vista del Lago)	2011			
39-5.75	Lovie Burleson (Vista)	2015			
39-3	Monique Young (North)	2002			
39-7.5	Anna Ifft (Santiago)	2015			
38-7	Tiffany Parker (Rancho Verde)	2006			
38-7	Nirie Boglino (La Quinta)	2015			
38-7	Caylynn Godoy (Ramona)	2015			
38-3	Kellie Boyd (King)	2009			
38-2.5	TKeyah Gray (Elsinore)	2010			
37-10	Stephanie LaMar (Indio)	1985			
37-5.5	Gianna Hughes (Vista)	2014			
37-5	Aubree Harbison (Murrieta)	2007			
37-4	Destinee Widgens (San Jacinto)	2015			
37-3	Celia Halpin (Norco)	2015			
37-2	Starlynn Singleton (Mesa)	2013			
37-1	*Jordyn Carroll (Heritage)	2012			
37-1	*Nyomi Ward (Rancho Verde)	2013			

Shot Put

50-00.25	Tanya Sapa (La Sierra)	2013			
46-6.5	Pam Alexander (Arlington)	1983			
45-11	Lisa Misapeka (Temecula)	1993			
45-1	Lima Lefiti (La Sierra)	2010			
44-8	Elena Lopez (Elsinore)	2014			
44-5	Sarah Robles (San Jacinto)	2006			
44-4.75	Sheni Russell (Ramona)	1999			
43-7	Tiffany Gilmore (Centennial)	2014			
43-3.25	Deja Watkins (North)	2011			
43-3	Kelsey Rubeor (Murrieta)	2007			
42-10.5	Kim Langston (Arlington)	1980			
42-9.25	Breanna Standifer (Elsinore)	2013			
42-4	Janet Hill (Rubidoux)	1987			
41-11.5	Shannon Hobson (Perris)	2003			
41-11.5	Tifinie LEverett (Ramona)	2013			
41-10.5	Erica Moore (Ramona)	1988			
41-10.5	Whitney Ashley (North)	2007			
41-10	Jennifer Vail (Palm Springs)	1995			
41-4	Kayla Hopkins (Rancho Verde)	2014			
41-3.5	Cari Soong (North)	1999			
41-2	Hailey Erickson (Centennial)	2012			
41-1	Lindsay Ritchie (Beaumont)	2011			
41-0	Solate Tupou (North)	2004			
41-0	Brittany Gonter (Hemet)	2010			
40-11.25	Sarah Cisneros (Rubidoux)	1995			
40-7.5	Jane Jones (North)	1982			
40-6.75	Jodie Warr (Rubidoux)	1990			
40-4	Barrie Greer (Ramona)	1980			
40-4	*Deja Watkins (North)	2010			
40-4	Ashley Santos (Elsinore)	2014			
40-2	Andrea Loman (Poly)	1997			
40-1	Christie Tuioti-mariner (Corona)	2007			
40-0	Kim Avila (Temescal)	2003			
40-0	Shaylynn Fisher (Great Oak)	2009			
39-11.75	Lynn Patu (Vista)	2010			
39-10.5	Samantha Straley (Poly)	2012			
39-10	Hanna Lemoa (Norte Vista)	2008			
39-10	Mary Fusi (Corona)	2013			
39-8.25	Becky Darby (Canyon Springs)	1989			
39-8	Kassandra Kennison (Norco)	2006			
39-8	Jessica Bonner (Chaparral)	2007			
39-7.5	Alisha Poole (Poly)	1985			
39-7	Patricia Walker (Rubidoux)	1985			
39-7	Fatima Vergara (Corona)	2011			
39-7	***Sierra Senio (La Sierra)	2010			
39-6	Brittany McGhee (North)	2007			
39-0.25	Kujomi Hutchinson (Notre Dame)	1978			
39-4.5	Jane Chafeh (Notre Dame)	2007			
39-4	Chrystian Trice (Corona)	2005			
39-3.5	Ashley Santon (Elsinore)	2014			
39-0.5	Jessica Johnson (Temescal)	2011			
39-0.5	Dazhanna Jackson (Paloma Valley)	2014			
38-11.5	Breanna Elton (San Jacinto)	1996			
38-11	Sherice Wright (Indio)	2011			
38-10.75	Amy Loprinzi (Jurupa Valley)	2009			
38-10.5	Karina Leyva (Temecula)	2000			
38-9.75	Myechia Bradley (Cathedral City)	2003			
38-9.5	Sierra Senio (LaSierra)	2013			
38-9	*Elena Lopez (Elsinore)	2013			
38-8	Jamie Tower (Great Oak)	2013			
38-6.75	Tynisha Utz (Norco)	2003			
38-6.5	Lisa Callin (Hemet)	1985			
38-6.5	Arica Nassar (Temescal)	2011			

38-5.5	Elaine Filemu (Centennial)	1996	35-9.75	Richelle Kofoa (Banning)	2014
38-5.5	Millie Macias (Coachella Valley)	2004	35-9.5	Alana Tupua (Rubidoux)	1991
38-5.5	* Yazmin Torres (Vista)	2013	35-9	Alicia Rubio (Perris)	1993
38-5	Joanna Porter (Canyon Springs)	1993	35-9	Jennifer Wright (West Valley)	1998
38-3	Whitney Ashley (North)	2005	35-9	Caring Leyva (Temecula)	1999
38-2	Geri Higgins (Corona)	1985	35-9	Ashley Hearle (King)	2001
38-1.25	*Mary Fusi (Corona)	2012	35-9	Tressa Tenney (Great Oak)	2007
38-1	Jenny Patterson (Banning)	1996	35-8.75	Randi Holmes (Norco)	1997
38-1	Andrea Loman (Poly)	1998	35-8.5	Mara Campbell (Norte Vista)	1993
38-0.5	Tiffany Eason (Canyon Springs)	1997	35-8	Chabre Vickers (Canyon Springs)	2002
38-0	Mele Tupou (North)	2011	35-8	Samantha Gutierrez (Temescal)	2008
37-11.5	Charmaine Utz (Norco)	2002	35-7.5	Lora Dunn (Hemet)	2006
37-11	Anissa Claiborne (King)	2014	35-7.5	Yazmin Torres (Vista)	2014
37-10	Rachel Liptak (Temecula)	2001	35-7	Sara Pearson (Valley View)	1995
37-10	Rebecca Summers (Norco)	2011	35-7	*Arianna Barragan (San Jacinto)	2015
37-8.5	Renee Perkins (Moreno Valley)	1982	35-6.5	Shereta Reedem (Rancho Verde)	2000
37-7.5	Sherry Doro (Hemet)	1980	35-6.5	Tommie Williams (La Sierra)	2002
37-7.5	Derika Russell (Arlington)	1993	35-6.25	Constance Miyaki (Palm Desert)	2004
37-7.5	Solate Tupour (North)	2003	35-6	Diane Ropers (Indio)	1982
37-7.25	Natrice Gordon (Centennial)	1997	35-6	A. Harris (Rancho Verde)	2001
37-6.5	*Julia Sapa (La Sierra)	2011			
37-6.5	*Martina Hauffen (Norte Vista)	2014			
37-6	Jessica Weise (King)	2011			
37-5.5	Langston (La Sierra)	1978	38-9	Johanna Tucker (Corona)	1980
37-5.25	Sierra Kitterman (Paloma Valley)	2007	36-4.25	Gretchen DeWitt (Indio)	1977
37-4.75	Kim Sepulveda (Hamilton)	2009	36-3.25	Belinda Cloud (Arlington)	1978
37-4	Rachel Rosario (Rubidoux)	1989			
37-3	Jessica Bonner (Chaparral)	2005			
37-3	*Tifnie Levrett (Ramona)	2012			
37-2.5	Aimee Trout (Canyon Springs)	2002	168-5	Sarah Robles (San Jacinto)	2006
37-2	T Nassar (Temescal)	2008	160-9	Cari Soong (North)	1999
37-2	Patricia Parker (West Valley)	2011	151-2	Tanya Sapa (LaSierra)	2013
37-1	Kim Ooten (Rancho Verde)	2005	149-1	Jessica Bonner (Chaparral)	2007
37-0.75	Jolie Buffin (West Valley)	2004	145-3	Shannon Hobson (Perris)	2003
37-0	Mari Bohanon (Arlington)	2000	145-2	*Shaylynn Fisher (Great Oak)	2008
37-0	***Abigail Latuhol (Norte Vista)	2011	145-0	Jodie Warr (Rubidoux)	1990
37-0	* Anissa Claiborne (King)	2013	143-10	Yazmin Torres (Vista)	2014
36-11.75	Doveal Goins (Canyon Springs)	1993	143-7	Barrie Greer (Ramona)	1980
36-11.5	* Ashley Santos (Elsinore)	2013	146-2	Breanna Standifer (Elsinore)	2013
36-11	Monique Walker (Desert Christian)	2004	141-9	Renee Perkins (Moreno Valley)	1982
36-11	Precious Flowers (Rancho Verde)	2005	141-9	Samantha Gutierrez (Temescal)	2008
36-11	*Candice Prince (San Jacinto)	2009	141-6	Kayla Hopkins (Rancho Verde)	2014
36-10.5	L. Porter (Rubidoux)	1982	141-4	Sheni Russell (Ramona)	1999
36-10	*Danielle Ford (Citrus Hill)	2012	140-10	Deja Watkins (North)	2011
36-9.75	Jevonna Morgan (La Quinta)	2004	140-3	Lisa Misipeka (Temecula)	1993
36-9	Patty Cortez (Norco)	1983	137-11	*Rachel Boaz (Murrieta)	2009
36-9	Marie Fecske (Norco)	1986	137-7	Whitney Ashley (North)	2007
36-9	Kori Sprague (Elsinore)	2015	137-5	*Lynn Patu (Vista)	2009
36-8.75	**Amanda Mercado (Murrieta)	2009	137-1	Jennifer Vail (Palm Springs)	1996
36-8.5	Megan Wesel (Chaparral)	2015	135-9	Andrea Loman (Poly)	1998
36-8	Brandi Dunham (Murrieta)	2011	135-4	Tanya Martinez (La Sierra)	2008
36-8	** Kayla Hopkins (Rancho Verde)	2013	135-2	Erica Moore (Ramona)	1987
36-7	Martin (Poly)	1982	135-0	Sarah Cisneros (Rubidoux)	1994
36-7	Avery Dail (Santiago)	2013	134-10	Kim Avila (Temescal)	2002
36-6.75	*Nicole Eves (Palm Springs)	2008	134-1	Tiffany Gilmore (Centennial)	2014
36-6.75	**Daisy Fusi (Corona)	2015	133-8.5	Jevonna Morgan (La Quinta)	2004
36-6.5	Millie Macias (Coachella Valley)	2003	133-7	Mary Alice Lott (Palm Springs)	1992
36-6.5	*Rebekah Boaz (Murrieta)	2009	132-10	Elena Lopez (Elsinore)	2014
36-5.5	Salinda Mendoza (Poly)	1986	131-7	Shania Edwards-Hambrick (MoVal)	1993
36-6.5	Danielle Ford (Citrus Hill)	2013	131-4	Lisa Callin (Hemet)	1985
36-4.5	**Natalie Chafeh (Notre Dame)	2008	130-11	*Suzie Cubias (La Sierra)	2011
36-4.25	Kaiini Macarro (Great Oak)	2007	130-2	Mailani Thomas (Great Oak)	2015
36-4	Lena Rathbone Hemet	1997	130-1	Brittany Love (Chaparral)	2004
36-4	La Dora Burks (Poly)	2002	130-1	*Ana Paea (North)	2011
36-4	**Ashley Santos (Elsinore)	2012	130-0	Mari Bohannon (Arlington)	2002
36-3	Michelle Campa (Murrieta Valley)	2014	128-8	Kristi Young (Desert Ch BD)	2001
36-2.5	* Tyiesha Long (Vista)	2013	128-7	Jolie Buffin (West Valley)	2004
36-1.25	Shaina Record (Hemet)	2006	128-5	Lili Sapolu (Canyon Springs)	2001
36-1.25	Danna Hill (Rosevelt)	2011	128-1	Ingridd Sutherland (Palm Springs)	2005
36-1	Andrea Soto (Norco)	2012	128-8	Brittany Gonter (Hemet)	2010
36-0.25	**Fatima Vergara (Corona)	2009	127-3	Lima Lefiti (La Sierra)	2010
36-0	Delphine Baris (Palo Verde)	1984	126-8	Jessica Weise (King)	2011
35-11	Tina Ray (Corona)	1984	126-5	Kaiini Macarro (Great Oak)	2007
35-10.5	Emilee Hafliger (West Valley)	2000	125-10	*Sierra Senio (La Sierra)	2012
35-10.5	*Geena Chong (Ramona)	2015	125-6	Sia Tau (Temecula)	2010

8 lb. Shot Put

Discus

125-4 Zona Chandler (Elsinore)
 125-4 Elyana Partida (La Sierra)
 124-4 Heasley (San Jacinto)
 124-3 Jaclyn Castleberry (Norco)
 124-1 Michelle Marshall (Hemet)
 124-1 Whitney Ashley (North)
 123-9 *Mary Fusi (Corona)
 123-8 Yolanda Munoz (Poly)
 123-8 ** Kayla Zempoalteca (Corona)
 123-7 Ashley Santos (Elsinore)
 122-9 *Amanda Rosilez (Chaparral)
 122-8 Michelle Campa (Murrieta Valley)
 122-5 Rebekah Boaz (Murrieta)
 122-4 Samantha Straley (Poly)
 122-3 Diane Rogers (Indio)
 122-2 Kristin Harris (Norco)
 122-1 Lena Rathbone (Hemet)
 121-11 Joy Bates (Palm Desert)
 121-11 Fatima Vergara (Corona)
 121-10 Patricia Walker (Rubidoux)
 121-7 Joanna Porter (Canyon Springs)
 121-5 Natrice Gordon (Centennial)
 121-5 Kelsey Rubeor (Murrieta)
 121-3 Heidi Malone (Rancho Verde)
 120-11 Pam Alexander (Arlington)
 120-9 Brittany Lowe (Chaparral)
 120-8 Jeena Cirivello (Palm Springs)
 120-8 Serena Payton (Norco)
 120-7 Christina Letua (Palm Springs)
 120-3 Tiffan Eason (Canyon Springs)
 120-3 Candace Prince (San Jacinto)
 120-1 Kim Sepulveda (Hamilton)
 119-10 Tiana Herrera (Paloma Valley)
 119-9 Katie Nunley (Great Oak)
 119-6 Katie Rosengren (Vista)
 119-5 Deison Afualo (Corona)
 119-4 Teri Keys (Hemet)
 119-4 * DeOndra Young (Vista)
 119-2 Danna Hill (Roosevelt)
 119-0 Natalie Torre (Notre Dame)
 118-11 Chelsea Staub (Murrieta)
 118-6 Krisha Pugh (Rancho Verde)
 118-6 *Caly Herrera (Paloma Valley)
 118-1 Jennifer Gonzalez (San Jacinto)
 118-4 Julia Sapa (La Sierra)
 118-1 Shannon Horan (Hemet)
 117-9 Malia Lissy (Corona)
 117-7 Tynisha Utz (Norco)
 117-4 Solate Tupou (North)
 117-2 Susie Cubias (La Sierra)
 117-1 Rene Davis (Corona)
 116-7 Pam Larkin (Norco)
 116-6 *Arianna Barragan (San Jacinto)
 116-5 Andrea Morrison (King)
 116-5 *Elyana Partida (La Sierra)
 116-4 Chris Romero (Corona)
 116-4 Jennifer Hobson (Hemet)
 116-4 Annie Holmes (Murrieta Valley)
 116-1 Chantel Hicks (King)
 116-1 Rayo Soyemi (King)
 116-0 Kayla Zempoalteca (Corona)
 115-10 Marie Fecske (Norco)
 115-10 Jasmine Battle (Vista)
 115-7 *Hanna Lemoa (Norte Vista)
 115-4 *Brandi Dunham (Murrieta)
 115-3 Tanya Martinez (La Sierra)
 115-3 *Chantel Hicks (King)
 115-3 Deondra Young (Vista)

1980
 2010
 1999 5328 Gayle Hunter (North) 2004
 2013 4808 Kelsey Rubeor (Murrieta) 2007
 1994 4664 Kiersten Kirkland (North) 2007
 2006 4561 Becky Collier (Woodcrest Chr) 2013
 2012 4544 Shania Edwards-Hambrick (MoVal) 1994
 1994 4142 Becky Collier (Woodcrest Chr) 2011
 2013 4119 Lisa Taranto (Elsinore) 2013
 2014 3837 Chelsea Price (Centennial) 1999
 2015 3731 Robin Leafbland (Arlington) 1996
 2014 3722 Vanessa Brenton (Temescal) 1994
 2009 3642 Jelena McNown (Murrieta Valley) 2013
 2012 3546 Starlynn Singleton (Mesa) 2013
 1982 3144 Myeshia DuPree (Poly) 1996
 1997 3024 Marissa Smith (Valley View) 2002
 1997 2783 Megan Beckerly (Poly) 2001
 1989 2679 Erin Porcher (Elsmore) 1994
 2011 2562 Karen Haworth (Elsinore) 1994
 1985 2495 ***Delaney Ho (Beaumont) 2014
 1994 2128 Melissa Williams (Elsinore) 1996

Heptathlon

Hammer

141-5 Tanya Sapa (La Sierra) 2013

SCHOOL RECORDS

(must have met recording standard)

Arlington

BOYS

100 meters:	Andre Ewell	2006	10.79
200 meters:	Andre Ewell	2006	21.44
400 meters:	Chris Harper	1980	48.2y/48.06
800 meters:	Scott Gardner	1984	1:55.61
1600 meters:	Alfonso Ibarra	1996	4:17.20
3200 meters:	Alfonso Ibarra	1996	9:29.6
110 Hurdles:	Chris Johnson	2001	14.09
300 Hurdles:	Chris Johnson	2001	39.15
400 Relay:		1980	42.8y/42.69
		2014	42.73
1600 Relay:		1980	3:20.9y/3:19.6
High Jump:	Chris Harper	1980	6'8"
Long Jump:	Chris Harper	1980	24'5"
Triple Jump:	Ray Warhop	1995	44'8.25"

GIRLS

100 meters:	Kamera Heru	2001	12.04
200 meters:	Kamera Heru	2000	25.24c
400 meters:	Kamera Heru	2003	58.18
800 meters:	Laura McDowell	2011	2:17.0
1600 meters:	Natalie Schafer	2012	5:13.63
3200 meters:	Sally Cohenour	1984	11:27.05
100 Hurdles:	Robin Lealblad	1996	15.21 (33")
	Yvette McCullough	1986	15.06 (30")
300 Hurdles:	Laura McDowell	2010	43.79
400 Relay:		2003	50.35
1600 Relay:		1996	4:03.95
Pole Vault:	Jessica Hentzchel	1999	9'6"
Long Jump:	Joanna Hayes	1993	18'1.5"
Triple Jump:	Joanna Hayes	1993	37'11.5"
Shot Put:	Pam Alexander	1983	46'6.5"
Discus:	Mari Bohannon	2002	130'0"

Banning

BOYS

100 meters:	Lucien Henderson	1987	10.67
200 meters:	Sam Elmore	1995	20.9/21.04
400 meters:	Louis Amestoy	1989	48.93
800 meters:	David Edds	1976	1:53.9/1:53.2
300 Hurdles:	Aaron Webber	1991	38.86
1600 Relay:		1995	3:25.69
High Jump:	Simpson	1975	6'6"
	Pierre Campbell	2002	6'6"
Long Jump:	Mario Montgomery	1979	23'11"
Triple Jump:	Phillip Craig	2002	46'0"
Shot Put:	Henry Stevens	1995	55'3"
Discus:	Randy Patterson	2000	164'6"

GIRLS

100 meters:	DeJuana Satchell	1999	12.1/12.34c
	Maude Best	1997	12.1/12.34c
200 meters:	Madue Best	1997	26.03
100 Hurdles:	Liz Luzsko	1999	14.6/14.
400 Relay:		1999	48.74
High Jump:	Liz Luzsko	1999	54"
Shot Put:	Jenny Patterson	1996	38'1"

Beaumont

BOYS

400 meters:	Ahmed El-Daggeg	2002	50.19
800 meters:	Tyler McDonald	2010	1:56.68
1600 meters:	Victor Delgado	2009	4:15.55
3200 meters:	Brian Baker	2003	9:08.65
110 Hurdles:	Sammy Roberts	2014	14.97
300 Hurdles:	Kevin Powell	2004	39.66
400 Relay:		2013	43.35
1600 Relay:		2009	3:22.68
High Jump:	Josh Law	1999	6'7"
Long Jump:	Brandon Tedrow	1999	22'3"
Triple Jump:	King	1987	45'3"
Shot Put:	Peyton	1975	56'3.25"
Discus:	Caleb Wood	2011	164'-5"

GIRLS

100 meters:	Dejuana Satchel	1997	12.1/12.34c
200 meters:	Shelese Ruffin	2004	25.04c
400 meters:	Shelese Ruffin	2002	55.10
800 meters:	Kailie Grimes	2015	2:15.18
1600 meters:	Kailie Grimes	2014	5:00.00
3200 meters:	Kailie Grimes	2013	11:30.36
300 Hurdles:	Tricia Cervantes	2011	47.25
400 Relay:		2015	50.07
1600 Relay:		2015	4:02.50
Pole Vault:	Delaney Ho	2015	10'0"
Long Jump:	Shelese Ruffin	2004	19-10.25
Shot Put:	Lindsay Ritchie	2011	41'1"

California School of the Deaf

BOYS

100 meters:	Rick Aguilar	1986	10.8/11.04
High Jump:	Rick Aguilar	1986	6'5.25"

Cal Lutheran

BOYS

Triple Jump:	Jim Chojnacki	2009	45'2.75"
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Calvary Chapel

GIRLS

Triple Jump:	Rene Simon	2008	36'11.75"
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Canyon Springs

BOYS

100 meters:	Bryan Howard	1995	10.23
200 meters:	Bryan Howard	1994	20.76
400 meters:	Anthony Daniels	2002	47.77
800 meters:	Christian Rojas	2004	1:54.45
1600 meters:	Brandon Kerr	1989	4:21.3
3200 meters:	Robert Garcia	1990	9:27.76
110 Hurdles:	Randy Brown	1998	14.47
300 Hurdles:	Mickey Grimes	1995	36.59
400 Relay:		1993	41.51
1600 Relay:		1997	3:21.74
High jump:	Bonny Thompson	2004	610"
Pole Vault:	Devin Bergguist	2003	14-0"
Long Jump:	Kenny Johnson	1991	23'9.5"

Triple Jump:	Kenny Johnson	1991	49'9.5"	200 meters:	Eboni Sutherland	2013	23.79
Shot Put:	Derek Kurkowski	1997	60'11 "	400 meters:	Jessica Johnson	2009	57.29
Discus:	Adam Medina	2003	166'2"	800 meters:	Rylee Penn	2015	2:07.43
GIRLS				1600 meters:	Adianna Olivas	2012	4:51.35
100 meters:	Madinah Ali	1995	11.61	3200 meters:	Adianna Olivas	2012	10:34.73
200 meters:	Madinah Ali	1995	23.72	300 Hurdles:	April Sutton	2015	44.49
400 meters:	Jamie Brown	1993	57.44c	400 Relay:		2013	48.16
800 meters:	Wendy Reed	1995	2:20.32	1600 Relay:		2010	4:00.41
1600 meters:	Jorgina Garcia	1998	5:15.62	High Jump:	Jennifer Thomas	1997	5'6"
3200 meters:	Crystal Ricardez	1998	11:19.52	Pole Vault:	Jennifer Finaldi	2001	10'6"
300 Hurdles:	Madinah Ali	1994	45.8/46.04c	Triple Jump:	Whitney Ligon	2005	36'2"
400 Relay:		1994	47.29	Shot Put:	Tiffany Gilmore	2014	43'7"
1600 Relay:		1994	3:51.16	Discus:	Tiffany Gilmore	2014	134'1"
High Jump:	Sophia Ederaine	2009	5'7"	Citrus Hill			
Pole Vault:	Erica Adams	2002	9'6"	BOYS			
Long Jump:	Angela Weeks	2002	19'0.75"	100 meters:	Deontae Cooper	2009	10.90
Triple Jump:	Angela Weeks	2002	37'10"	800 meters:	Supervoid Mack	2012	1:58.16
Shot Put:	Becky Darby	1989	39'8.25"	300 Hurdles:	Matthew Coaxum	2010	39.11
Discus:	Lili Sapolu	2001	128'5"	400 Relay:		2014	43.21
				Discus:	Jordan Brwaley	2014	160'7"

Cathedral City

BOYS

100 meters:	Nick Lee	2003	10.74
200 meters:	David Monay	2007	22.41
400 meters:	David Angulo	2002	48.38
800 meters:	Andy Perezchica	2003	1:56.05
1600 meters:	Noah Macias	2015	4:23.01
3200 meters:	Ricardo Nevarez	2010	9:33.54
110 Hurdles:	Jeremy Thornburg	2000	14.42
300 Hurdles:	Jeremy Thornburg	2000	37.74c
400 Relay:		2002	42.74
1600 Relay:		2001	3:25.39
Long Jump:	Marquis Strange	1998	22'7.25"
Shot Put:	PJ Bradley	2002	150'11"
Discus:	Nick Johnson	2005	171'4"

GIRLS

3200 meters:	Christina Lara	2002	11:06.71
300 Hurdles:	Mayim Lee	2011	47.10
Long Jump:	Natalie Johnson	2000	16'10"
400 Relay:		2014	49.88
Shot Put:	Myechia Bradley	2003	38-9.75

Centennial

BOYS

100 meters:	Larry Scott	2010	10.95
200 meters:	Derek Favorite	1993	21.98
400 meters:	Derek Favorite	1993	48.21
800 meters:	Brad Baldwin	1998	1:57.19
1600 meters:	Cruz Gallegos	1992	4:14.70
3200 meters:	Cruz Gallegos	1992	9:02.90
110 Hurdles:	Dupree Gant	2002	14.80
300 Hurdles:	Scott Melatti	2002	39.02
400 Relay:		2015	43.08
1600 Relay:		1997	3:26.45
High Jump:	Lance Soderberg	2002	6'10"
Pole Vault:	Ben Shelton	1998	15'0"
Long Jump:	Danny Foster	2002	22'5" (wind)
Triple jump:	Milan Ford	1994	45'7.75"
Shot Put:	Danny Negrete	2001	53'11.5

GIRLS

100 meters:	Eboni Sutherland	2013	11.75
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Citrus Hill

BOYS

100 meters:	Deontae Cooper	2009	10.90
800 meters:	Supervoid Mack	2012	1:58.16
300 Hurdles:	Matthew Coaxum	2010	39.11
400 Relay:		2014	43.21
Discus:	Jordan Brwaley	2014	160'7"

GIRLS

200 meters:	Aaliyah Crawford	2014	25.55
400 meters:	Aaliyah Crawford	2012	55.78
400 relay:		2014	49.72
1600 Relay:		2012	4:07.15
Shot Put:	Danielle Ford	2012	36' 10"

Chaparral

BOYS

100 meters:	Joel Hotckins	2009	10.86
400 meters:	Connor Edwards	2015	48.65
800 meters:	Bennett Harris	2011	1:56.28
3200 meters:	Connor Thurmond	2014	9:37.90
110 Hurdles:	Jazz Trice	2005	14.41
300 Hurdles:	Kyle Hansen	2005	38.79
400 Relay:		2011	42.96
1600 Relay:		2005	3:22.80
High Jump:	Nick Gregory	2009	6'9"
Pole Vault:	Ryan Utnchmer	2005	14'9"
Triple Jump:	Jedaki Hill	2014	45' 3.25"
Discus:	Andrew Misipeka	2004	161'2"

GIRLS

200 meters:	Tori Alemany	2012	25.88
400 meters:	Rylee Kerr	2015	58.89
800 meters:	Chandler Kerr	2012	2:16.44
1600 meters:	Vianna Hochstrasser	'08	5:09.40
3200 meters:	Sierra Vega	2008	11:01.82
100 Hurdles:	Sabel Moffett	2005	15.96
300 Hurdles:	Kristen Powers	2007	44.16
3200 meters:	Chandler Kerr	2014	11:44.01
400 Relay:		2013	49.37
1600 Relay:		2010	4:02.18
High Jump:	Jamie Kindschuh	1999	5'5"
Pole Vault:	Dana Jensen	2005	12'3"
Long Jump:	Jamie Kindschuh	1999	17'9.25"
Triple jump:	Jamie Kindschuh	1999	36'2.5"
Shot Put:	Jessica Bonner	2007	39'8"
Discus:	Jessica Bonner	2007	149'1"

Coachella Valley

BOYS

400 meters:	Edgar Ramirez	2015	49.33
800 meters:	Elmore Ohly	1962	1:53.4y/1:52.7
1600 meters:	Alex Zamora	1989	4:19.81
3200 meters:	Steve Alvarez	1977	8:56.4/8:53.3
110 Hurdles:	Vince Rivas	1967	14.2/14.44c
330 Hurdles:	Roman Alvarado	1979	38.32
400 Relay:		2013	43.84
1600 Relay:		1973	3:24.1y/3:22.9
High Jump:	Diego Felix	2012	6'6"
Pole Vault:	Gonzalez	1979	14'0"
	Tony Young	1984	14'0"
Long Jump:	Tony Young	1984	22'3"
Triple Jump:	Norris	1978	48'3"
Shot Put:	Moises Ramos	2011	59'-7.75"

GIRLS

100 meters:	Mary Carroll	1982	12.09
400 meters:	Jazmin Retano	2012	57.17
800 meters:	Ana Valdovinoa	2011	2:20.86
1600 meters:	Ana Valdovinos	2011	5:19.95
1600 Relay:		2012	4:07.55
Long Jump:	Mary Carroll	1982	18'6.75"
Triple Jump:	Mary Carroll	1981	36'9.75"
Shot Put:	Millie Macias	2003	36'6.5"

Corona

BOYS

100 meters:	Duke Greer	2007	10.74
200 meters:	Ken Moon	2004	21.73
	Duke Greer	2007	21.73
400 meters:	Ken Moon	2004	47.52
800 meters:	Josh Silva	2015	1:52.82
1600 meters:	Raul Arcos	2008	4:07.50+/4:08.94y
3200 meters:	Alan Cuevas	2010	9:17.91
110 Hurdles:	Roger Moody	1964	13.7/13.94
300 Hurdles:	Elvis Pompa	2014	38.37
400 Relay:		2010	42.82
1600 Relay:		2015	3:23.53
High jump:	Lars Anderson	1978	6'8.25"
Pole Vault:	Jon Vaughn	1966	15'8" (16'5")
Long Jump:	Dave Janoski	1992	23'2.25"
Triple Jump:	Dane Janoski	1992	45'3.5"
Shot Put:	Mike Savicky	2001	58'3"
Discus:	Andre Evans	2010	161'0"

GIRLS

100 meters:	Jordyn Smith	2015	12.14
200 meters:	Cydney Powell	2014	24.68
400 meters:	Marti Arguellas	1991	56.56
800 meters:	Alicia Williams	2014	2:12.50
1600 meters:	Alicia Williams	2014	4:54.43c
3200 meters:	Alma Escobar	2005	10:47.70y/10:43.04+
100 Hurdles:	Miki Ewing	2013	15.50
300 Hurdles:	Beth Griffiths	1982	44.43
400 Relay:		2014	48.04
1600 Relay:		2014	3:51.80
High Jump:	Tina Ray	1984	5'6.25"
Pole Vault:	Devin Stetson	2014	11'9"
Long Jump:	Nettie Scott	2010	18'5"
Shot Put:	Christie Tuioti-mariner	'07	40'1"

Discus: Fatima Vergara 2010 121'11"

Desert Christian (Bermuda Dunes)

BOYS

Discus: Jacob Underwood 2006 167'3"

GIRLS

1600 meters: Danielle Vanaman 2000 5:23.19
 Shot Put: Monique Walker 2004 36'11"
 Discus: Kristi Young 2001 128'8"

Desert Hot Springs

BOYS

800 meters: Nelson Maravilla 2004 1:56.91
 1600 meters: Nelson Maravilla 2004 4:20.51
 300 Hurdles: Miles Chapman 2006 38.77
 Shot Put: Arren Roberson 2010 59'8.5"
 Discus: Christopher Brown '14 150'3"

GIRLS

Long Jump: Maya Jackson 2012 17' 2.5"

Elsinore

BOYS

100 meters: Kenny Jackson 2009 10.52
 200 meters: Kenny Jackson 2009 21.41
 400 meters: David Williams 2009 48.80
 Anthony Reyes 2015 48.80
 800 meters: David Haskell 1989 1:56.28
 1600 meters: Cliff Curtis 1992 4:25.04
 3200 meters: Kyle Brown 2013 9:29.08
 300 Hurdles: Demetrius Munelyn1985 38.87
 400 Relay: 2009 42.33
 1600 Relay: 2014 3:26.31
 High Jump: Cliff Curtis 1991 6'9"
 Pole Vault: Richard Levenson 2011 16'-0"
 Long Jump: Kenny Jackson 2009 22'10.5"
 Triple Jump: Dametrius Munerlyn1985 46'4.25"
 Shot Put: Jordan Davis 2015 56' 11.5"
 Discus: Jordan Davis 2015 177'2"

GIRLS

100 meters: Lonshay Bradford 2015 11.62
 200 meters: Lonshay Bradford 2015 24.83
 400 meters: Lonshay Bradford 2015 56.93
 800 meters: Rebecca Lacy 1992 2:18.80
 1600 meters: Adriana Ramos 2010 5:16.61
 3200 meters: Jamie Bascom 1993 11:12.76
 100 Hurdles: T'Keyah Gray 2010 15.96
 300 Hurdles: Erica Williams 2011 47.35
 400 Relay: 2015 49.26
 1600 Relay: 2010 4:07.25
 Pole Vault: Clair Vanzanthen 2008 9'10"
 Long Jump: Zona Chandler 1981 17'1.5"
 Triple Jump: CeCe Chandler 1982 38'7.25"
 Shot Put: Elena Lopez 2014 44'8"
 Discus: Breanna Standifer 2013 146' 2"

Great Oak

BOYS

100 meters:	John Kane	2013	10.76
200 meters:	Damion Marshall	2014	21.29
400 meters:	Sean Burd	2011	47.99
800 meters:	Isaac Cortes	2015	1:51.44
1600 meters:	Isaac Cortes	2015	4:06.48
3200 meters:	Cole Spencer	2015	8:59.45
110 Hurdles:	Duane Soloman	2012	14.60
300 Hurdles:	Duane Soloman	2012	37.26
400 Relay:		2014	41.33
1600 Relay:		2011	3:15.57
High Jump:	Ishmael Stevenson	2013	6'6"
Pole Vault:	Shane Atkinson	2013	16'0"
Long Jump:	Chris Milan	2012	23'6.5"
Triple Jump:	Nick Fisher	2014	45'9.5"
Shot Put:	Nick Ponzio	2013	69'7.25"
Discus:	Nick Ponzio	2013	187'8"

GIRLS

100 meters:	Khala Taylor	2011	12.09
200 meters:	Khala Taylor	2012	24.60
400 meters:	Khala Taylor	2012	54.96
800 meters:	Destiny Collins	2015	2:14.39
1600 meters:	Destiny Collins	2015	4:40.34
3200 meters:	Destiny Collins	2015	9:53.79
100 Hurdles:	Jade Miller	2013	14.16
300 Hurdles:	Jade Miller	2013	41.02
400 Relay:		2014	47.32
1600 Relay:		2012	3:47.44
High Jump:	Allie Portis	2013	5'6"
Pole Vault:	Kim Sandstrom	2010	11'6"
Long Jump:	Niala Charles	2010	16'11.5"
Triple Jump:	Cynamon Stevenson	'15	40'3"
Shot Put:	Shaylynn Fisher	2009	40'0"
Discus:	Shaylynn Fisher	2008	145'2"

Hamilton

BOYS:

Discus:	Jake Cole	2005	152'4"
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GIRLS:

Shot Put:	Kim Sepulveda	2009	37'4.75"
Discus:	Kim Sepulveda	2009	120-1

Hemet

BOYS

100 meters:	Matt Maybeno	2002	11.01
200 meters:	Matt Maybeno	2002	22.12
400 meters:	Troy Collins	1989	49.1/49.24
800 meters:	Robert Frichtel	1996	1:51.83
1600 meters:	Mark Fricker	1977	4:07.9/4:06.4
3200 meters:	Mark Fricker	1977	8:59.3/8:56.2
110 Hurdles:	Kenny Shaw	2005	14.60
300 Hurdles:	Zach Holbert	2012	39.38
400 Relay:		2001	43.15
1600 Relay:		1976	3:22.5y/3:21.3
High Jump:	Nathan White	1994	6'7.75"
Pole Vault:	Levi Walker	2001	15'9"
Long Jump:	Ron Oastes	1965	22'9"
Triple Jump:	Dyvod Hammond	1991	47'10.25"
Shot Put:	Matt Wiley	1989	60'2"
Discus:	Brandis Dew	2005	184'3"

GIRLS

100 meters:	Oganna Agu	2006	12.35
200 meters:	Oganna Agu	2004	25.04
400 meters:	Denise Woodard	1980	57.3y/56.97
800 meters:	Taylor Cantu	2012	2:19.53
1600 meters:	Kathy Kelly	1977	5:07.8+
3200 meters:	Kathy Kelly	1978	11:07.5y/11:03.6
100 Hurdles:	Krista Haddock	2015	15.34
300 Hurdles:	Krista Haddock	2013	44.72
400 Relay:		2006	49.41
1600 Relay:		2008	4:08.71
High jump:	Jennifer Maggard	1991	5'6"
Pole Vault:	Veronica Winkleman	'09	9' 6"
	Briana Williams	2012	9' 6"
Long Jump:	Denise Woodard	1979	18'11.25"
Triple Jump:	Unique Lewis	1988	38'4.75"
Shot Put:	Brittany Gonter	2010	41'0"
Discus:	Lisa Callin	1985	131'4"

Heritage

BOYS

400 meters:	Jarett Carter	2014	49.61
800 meters:	Solomon Demeko-Ousman	2014	1:57.15
100 Hurdles:	Torrey Atkins	2014	14.13
300 Hurdles:	Aaron Woods	2013	38.48
400 Relay:		2015	43.35
Discus:	Andres Henry	2015	157'8"

GIRLS

100 meters:	Diamonique Brogan	2013	12.26
400 Relay:		2013	48.97

Indio

BOYS

100 meters:	Stoney Jordan	1993	10.3/10.54c
200 meters:	Stoney Jordan	1993	21.41
400 meters:	Angello DeWitt	1986	49.0/49.14
800 meters:	Joel Cota	2003	1:54.08
1600 meters:	David Luna	2013	4:11.91
3200 meters:	David Luna	2013	9:05.04
110 Hurdles:	Mike Harris	1974	13.6/13.84c
300 Hurdles:	Keithyon Moten	2012	38.04
400 Relay:		1983	43.02
1600 Relay:		2003	3:23.68
High Jump:	Danny Gallegos	1980	6'8".
Pole Vault:	Bruner	1977	13'6"
	Owen	1976	13'6"
	Wilson	1976	13'6"
Long Jump:	Mike Harris	1974	23'8"
Triple Jump:	Paul Turner	2009	47'2"
Shot Put:	Ed White	1965	60'2.5"
Discus:	Greg Garza	2003	191'1"

GIRLS

100 meters:	Bobbi Jones	1984	12.16
200 meters:	Bobbi Jones	1984	25.78
400 meters:	Regina Bowman	2013	57.81
800 meters:	Rebecca Morales	2012	2:14.62
1600 meters:	Rebecca Morales	2012	5:08.30
3200 meters:	Sonya Melendez	1992	11:03.20
100 Hurdles:	Ashley Henley	2004	15.24c
300 Hurdles:	Stephanie Lamar	1984	44.26

400 Relay:		1986	49.37
1600 Relay:		2012	3:59.97
High Jump:	Gretchen DeWitt	1983	5'6.25"
Long Jump:	Serina Strange	1987	19'11.25"
Triple Jump:	Serina Strange	1986	378.75"
Shot Put:	Sherice Wright	2011	38'11"
Discus:	Diane Rogers	1982	122'3"

Jurupa Valley

BOYS

100 meters:	Ray Blackburn	1998	10.99
200 meters:	Ray Blackburn	1998	21.94
400 meters:	Jamal James	1998	49.33
400 Relay:		1998	43.20
1600 Relay:		1998	3:26.23
Discus:	Walter McNeil	1997	151'3"

GIRLS

3200 meters:	Veronica Zepeda	1998	11:52.73
300m Hurdles:	Tristan Taylor	2004	49.24
Pole Vault:	Amy Hop	2008	10'0"
Shot Put	Amy Loprinzi	2009	38'10.75"

King, M. L.

BOYS

100 meters:	Jonathan Essien	2015	10.93
200 meters:	Jamal Orme	2014	22.00
400 meters:	Marvin Epps	2010	50.40
800 meters:	Nathan Torres	2013	1:52.63
1600 meters:	Lane Werley	2011	4:11.93+
			4:13.41y
3200 meters:	Lane Werley	2011	8:53.21
110 Hurdles:	Nick Abboud	2015	14.45
300 Hurdles:	Josh Jeter	2012	38.48
400 Relay:		2015	42.42
1600 Relay:		2012	3:21.83
High Jump:	Michael Albrecht	2009	6'8"
Pole Vault	Marcos Zavaleta	2015	14'-3"
Triple Jump:	Manuel Santiago	2008	46'6.75"
Shot Put:	Robert Malone	2006	55'7"
Discus:	Brandon Alcanter	2011	162'-4"

GIRLS

100 meters:	Sydney Reid	2015	12.16
200 meters:	Courtne Davis	2014	24.63
400 meters:	Noelle Abboud	2012	57.45
800 meters:	Ruthie Wiggins	2014	2:13.51
1600 meters:	Hanna Peterson	2011	4:57.89+
			4:59.63y
3200 meters:	Hanna Peterson	2010	10:55.84
100 Hurdles:	Taylor Fleming	2013	14.31
300 Hurdles:	Taylor Fleming	2013	43.08
400 Relay:		2014	47.72
1600 Relay:		2014	3:54.52
High Jump:	Gayle Hunter	2002	5'8"
Pole Vault:	Hannah Chang	2015	12'0"
Long Jump:	Gayle Hunter	2001	19'1"
Triple Jump:	Gayle Hunter	2002	39'7"
Shot Put:	Anissa Claiborne	2014	37'11"
Discus:	Jessica Weise	2011	126'8"

Lakeside

BOYS

200 meters:	Marcus Love	2013	22.28
400 meters:	Solomon Ponomarev	'14	49.64
400m Relay:		2012	42.96
Discus:	Anthony Avina	2010	160-5

GIRLS

100 meters:	Robyn Carroll	2008	12.54
400 meters:	Robyn Carroll	2008	56.61
400 Relay:		2008	49.90

La Quinta

BOYS

100 meters:	Jamal Williams	2001	10.6/10.84
200 meters	Christopher Romtoribio	'14	22.49
400 meters:	Taylor Brown	2012	48.06
800 meters	Alex Orozco	2013	1:56.98
1600 meters:	Alex Orozco	2012	4:21.20
3200 meters:	Evan Dougherty	2012	9:36.66
110 Hurdles:	Koty Burton	2015	14.16
300 Hurdles:	Galín Swearingen	2014	38.59
400 Relay:		2014	42.42
1600 Relay:		2015	3:23.95
High Jump:	John Chea	2005	6'4"
Long Jump:	Christopher Rom-Toribio	'14	21'7"
Shot Put:	Jarered Morgan	2002	61'0.25"
Discus:	Jarered Morgan	2002	200'3"

GIRLS

100 meters:	Kayla Wilson	2014	11.73
200 meters:	Kayla Wilson	2013	24.04
400 meters:	Kayla Wilson	2014	56.96
800 meters:	Megan Huebner	2011	2:11.91
1600 meters:	Megan Huebner	2014	4:48.83
3200 meters:	Megan Huebner	2013	10:26.54
100 Hurdles:	Pamela Leyva	2003	15.55
300 Hurdles:	Pamela Leyva	2002	46.49
400 Relay:		2009	49.93
1600 Relay:		2014	3:58.55
High Jump:	Nirie Boglino	2015	5'6"
Long Jump:	Kayla Wilson	2013	18' 7.75"
Triple Jump:	Nirie Boglino	2015	37'10.25"
Shot Put:	Jevonna Morgan	2004	36'9.75"
Discus:	Jevonna Morgan	2004	133' 8"

La Sierra

BOYS

100 meters:	Anthony Preyear	1993	10.6/10.84
200 meters:	Reggie Wyatt	2009	21.23
400 meters:	Reggie Wyatt	2009	46.13
800 meters:	Edgar Cobian	2012	1:52.47
1600 meters:	Spencer Knight	2006	4:09.58
3200 meters:	Dylan Spencer	2007	9:05.18
110 Hurdles:	Brandon Howard	2005	14.14
300 Hurdles:	Reggie Wyatt	2009	35.02
400 Relay:		1994	42.6/42.74c
1600 Relay:		2005	3:18.95
High Jump:	Jeff Midgett	2001	6'8 '
Long Jump:	Tyree Washington	1995	24'3"
Shot Put:	CJ Francis	2004	54'5.5"
Discus:	Kyle Moshkin	2007	168'11"

GIRLS				400 meters:	Larry Dean	1978	49.14y/48.85
100 meters:	Jessica Williams	1999	12.1/12.34c	800 meters:	Raul Serratos	1986	1:53.38
	Candace Wilson	1999	12.1/12.34c	1600 meters:	Raul Serratos	1987	4:11.41
200 meters:	Jennifer Steen	2000	24.9/25.14c	3200 meters:	Raul Serratos	1985	9:24.7
400 meters:	Laura McDowell	2009	56.30	110 Hurdles:	Brett Turnage	2000	14.85
800 meters:	Laura McDowell	2009	2:12.95	300 Hurdles:	Antoine Adkins	1992	39.20
1600 meters:	Maria Rodriguez	1999	5:13.60	400 Relay:		2010	42.53
3200 meters:	Maria Rodriguez	1999	11:19.76	1600 Relay:		1990	3:20.51
100 Hurdles:	Angela Green	2007	15.90	High Jump:	Tom Ward	1984	6'6"
300 Hurdles:	Jaylah Walker	2015	43.51	Pole Vault:	Vierra	1976	13'6"
400 Relay:		2009	49.89	Long Jump:	Shamori Walker	1993	22'1 "
1600 Relay:		2005	4:07.20	Triple Jump:	Shamori Walker	1993	48'1 "
Long Jump:	Nicole Baker	1997	16'7.5"	Shot Put:	Malone	1977	55'11.25"
Triple Jump:	Demetria Deary	2000	36'1"	Discus:	Rhodes	1978	164'7"
Shot Put:	Tanya Sapa	2013	50' 0.25"				
Discus:	Tanya Sapa	2013	151' 2"				

Linfield

BOYS			
200 meters:	Alex Larson	2013	22.26
Triple Jump:	Lorenzo Burns	2015	46-4.25

GIRLS			
400 meters:	Jackie Crowther	2013	59.71
800 meters:	Jackie Crowther	2012	2:13.59
1600 meters:	Brianna Wilson	2014	5:05.81
3200 meters:	Brianna Wilson	2013	11:23.59
300 Hurdles:	Aarika Oeais	2015	46.56
400 Relay:		2015	50.34

Marywood-Palm Valley

GIRLS			
1600 meters:	Alexia Velarde	2012	5:06.66
3200 meters:	Alexia Velarde	2012	11:22.02

Mesa Murrieta

BOYS			
100 meters:	Ryan Wade	2015	10.88
200 meters:	Ryan Wade	2015	22.41
400 meters:	Bryan Phan	2015	50.07
400 Relay:		2015	42.05
1600 Relay:		2014	3:21.68
Triple Jump:	Craig Mauldin	2012	46' 4.25"
Discus:	Tama Finau	2015	162'2"

GIRLS			
100 meters:	Audriana Holloway	2013	12.30
200 meters:	Audriana Holloway	2013	24.87
400 meters:	Lauren Coomber	2014	56.47
800 meters:	Lauren Coomber	2013	2:17.38
1600 meters:	Taylor Taite	2015	4:55.81
3200 meters:	BrookeEvans	2013	11:33.46
100 Hurdles:	Kim Dargle	2013	14.32
300 Hurdles:	Kim Dargle	2013	45.13
400 Relay:		2013	47.03
1600 Relay:		2013	3:59.05
Pole Vault:	Brianna Shihadeh	2013	9' 6"
Triple Jump:	Starlynn Stingleton	2013	37' 0"

Moreno Valley

BOYS			
100 meters:	Isaiah Braden	2011	10.63
200 meters:	Isaiah Braden	2011	21.21

400 meters:	Larry Dean	1978	49.14y/48.85
800 meters:	Raul Serratos	1986	1:53.38
1600 meters:	Raul Serratos	1987	4:11.41
3200 meters:	Raul Serratos	1985	9:24.7
110 Hurdles:	Brett Turnage	2000	14.85
300 Hurdles:	Antoine Adkins	1992	39.20
400 Relay:		2010	42.53
1600 Relay:		1990	3:20.51
High Jump:	Tom Ward	1984	6'6"
Pole Vault:	Vierra	1976	13'6"
Long Jump:	Shamori Walker	1993	22'1 "
Triple Jump:	Shamori Walker	1993	48'1 "
Shot Put:	Malone	1977	55'11.25"
Discus:	Rhodes	1978	164'7"

GIRLS

100 meters:	Ashanti Phallix	1998	11.9/12.14c
200 meters:	Ashanti Phallix	1998	24.84
400 meters:	Gwen Adams	1979	57.78y/57.45
3200 meters:	Michelle Dale	1993	11:46.25
100 Hurdles:	Jameyo Austin	2001	15.1/15.34c
300 Hurdles:	Shania Edwards-Hak	1994	45.12
400 Relay:		1983	48.69
1600 Relay:		1983	3:59.61
High Jump:	Shania Edwards-Hak	1993	5'10"
Long Jump:	Julie Tetley	1989	17'1.75"
Triple Jump:	Cheri Slater	1982	36'3.5"
Shot Put:	Renee Perkins	1982	378.5"
Discus:	Renee Perkins	1982	141'9"

Murrieta Valley

BOYS			
100 meters:	Ervin Simmons	2008	10.92
200 meters:	Khurtis Henry	2009	22.36
400 meters:	Josh Potter	2009	50.13
800 meters:	Ian Ritchie	2003	1:53.28
1600 meters:	Kellen Acosta	2003	4:17.43
3200 meters:	Patrick Milloy	2005	9:07.95
110 Hurdles:	Aaron Paisley	2013	14.89
300 Hurdles:	Casey Birchard	2007	39.45
400 Relay:		2008	42.77
1600 Relay:		2009	3:19.60
High Jump:	Justin Nelson	2001	6'10"
Pole Vault:	Peter Chapman	2012	16'6.5"
Long Jump:	Lafayette Waters	2014	23'4.25"
Triple Jump:	Solomon Ijah	2010	48'10.25"
Discus:	Jason Rider	2001	188'10"

GIRLS

100 meters:	Lauren Nichols	2012	11.92
200 meters:	Lauren Nichols	2012	24.70
400 meters:	Janessa Brown	2011	58.36
800 meters:	Liza Pascuito	2002	2:14.5
1600 meters:	Liza Pascuito	2004	4:51.25
3200 meters:	Liza Pascuito	2004	10:37.89
100 Hurdles:	Heather Corder	2010	14.42
300 Hurdles:	Danielle Perry	1999	43.13
400 Relay:		2007	48.00
1600 Relay:		1999	3:55.03
High Jump:	Kelsey Rubeor	2006	5'6"
Pole Vault:	Jessica Wisniewski	2002	12'0"
Long Jump:	Kelsey Rubeor	2006	17'11.25"
Triple Jump:	Kelsey Rubeor	2005	35'8"
Shot Put:	Kelsey Rubeor	2007	43'3"

Discus:	Rachel Boaz	2009	137'11"	400 Relay		2015	50.04
				Long Jump:	Kartina Sullivan	1990	16'9"
				Shot Put:	Hanna Lemoa	2008	39'10"

Norco

BOYS

100 meters:	Jamar Thymes	1999	10.8/11.04
200 meters:	Mike Lynem	2006	21.93
400 meters:	Darrell Willis	1981	47.56
800 meters:	Steve Gladwell	1990	1:57.85
1600 meters:	Mike Melendez	1979	4:20.4y/4:18.9
3200 meters:	Mike Melendez	1979	9:09.2y/9:06.0
110 Hurdles:	Kurt Siebert	2000	14.62
300 Hurdles:	Kurt Siebert	2000	37.77
400 Relay:		1996	42.81
1600 relay:		2014	3:28.23
High Jump:	Mike Torres	1991	6'6"
Jamar Thymes		1999	6'6"
Pole Vault:	Devin Rexroat	2005	15'9"
Long Jump:	B j. Stewart	1996	23'1.5"
Triple Jump:	B j. Stewart	1996	46'0.5"
Discus:	Dan Estrada	1991	163'3"

GIRLS

100 meters:	Ashley Perkins	2009	12.07
200 meters:	Ashley Perkins	2009	24.36
400 meters:	Persephone Lowery	1989	59.79y/59.44
800 meters:	Persephone Lowery	1987	2:13.69
1600 meters:	Jennie Higbee	1988	5:10.45
3200 meters:	Debbie Williams	1983	11:16.0
100 Hurdles:	Kari Snow	2003	15.08
300 Hurdles:	Kari Snow	2003	44.30
400 Relay:		2008	50.41
1600 Relay:		1983	4:03.9
High Jump:	Bobbi White	1989	5'4"
	Ashley Hamlet	2004	5'4"
Pole Vault:	Asure Putnam	1997	9'6"
Long Jump:	Ashley Perkins	2009	18'9.25"
Triple Jump:	Ashley Perkins	2009	39'7.25"
Shot Put:	Kassandra Kennison	'06	39'8"
Discus:	Kristin Harris	1997	122'2"

Norte Vista

BOYS

100 meters:	Heath Fulk	1991	10.84
	Jeff Henry	2001	10.84
200 meters:	John Holbrook	1967	21.4y/21.51
400 meters:	Richard Lay	1987	49.12
800 meters:	Alex Aguilar	1991	1:55.11
1600 meters:	James Pendergraph	1991	4:22.7
3200 meters:	Omar Caro	2012	9:04.68
110 Hurdles:	Michael Gaines	1997	14.91
400 Relay:		2001	42.04
High Jump:	Paul Ruvolo	1995	6',6"
	Andre Clayton	1997	6'6"
Pole Vault:	Matt Mathis	1999	15'9"
Long Jump:	Kevin Nolen	1990	22'2"
Discus:	Al Faamalisili	1992	163'8"

GIRLS

100 meters:	Mariah Allain	2015	12.43
200 meters:	Mariah Allain	2015	25.52
400 meters:	Crystal Tejada	2012	56.55
3200 meters:	Maria Zepeda	2001	11:36.71
100 Hurdles:	Laura Amos	1995	15.3/15.54c
300 Hurdles:	Lauren McDade	1985	46.39

North, JW

BOYS

100 meters:	Lew Dunn	1982	10.53
200 meters:	Ennis Jones	2006	21.24
400 meters:	Nevin Gutierrez	2006	46.79
800 meters:	Dontell Holland	2009	1:53.42
1600 meters:	Tyler Huntley	2011	4:20.19
3200 meters:	Tyler Huntley	2011	9:32.57
110 Hurdles:	Jeff Garrison	2001	13.82
300 Hurdles:	Reggie Wyatt	2007	35.90
400 Relay:		2007	41.12
1600 Relay:		2006	3:10.36
High Jump:	Avery Anderson	1991	7'3"
Long Jump:	Ronald Howard	2002	23'3.25"
Triple Jump:	Michael Howe	1982	46'4.25"
Shot Put:	Gene Clark	1970	61'3.75"
Discus:	Rosario Salazar	1989	151'0"

GIRLS

100 meters:	Tracee Thomas	1999	11.67
	Nicole Denby	2000	11.67
200 meters:	Tracee Thomas	1999	23.28
400 meters:	Tracee Thomas	2002	54.22 (indoors)
800 meters:	Rami Samoori	1994	2:18.75
1600 meters:	Mariel Mendoza	2012	4:51.98
3200 meters:	Mariel Mendoza	2012	10:37.64
100 Hurdles:	Nicole Denby	2000	13.20
300 Hurdles:	Joanna Hayes	1995	40.81
400 Relay:		2000	45.30
1600 Relay:		2001	3:38.86
High Jump:	Chaunte Howard	2002	6'0.5"
Pole Vault:	Susan Farrar	2008	11'6"
Long Jump:	Gayle Hunter	2004	20'7.75"
Triple Jump:	Chaunte Howard	2002	41'3"
Shot Put:	Deja Watkins	2011	43'3.25"
Discus:	Cari Soong	1999	160'9"

Notre Dame

BOYS

100 meters:	Marshall Johnson	1999	10.71
200 meters:	Derrick Johnson	2000	21.40
400 meters:	Derrick Johnson	2000	47.47
110 Hurdles:	Jason Williams	2000	14.32
300 Hurdles:	Jason Williams	2000	39.75
400 Relay:		1999	43.15
1600 Relay:		1999	3:22.02
Shot Put:	Gabe Torre	1992	58'9"
Discus:	Gabe Torre	1992	198'1"

GIRLS

100 meters:	Ugochi Ogbunamiri	'11	12.32
200 meters:	Ugochi Ogbunamiri	'11	25.61
400 meters:	Shonice Myers	2009	58.88
1600 meters:	Jo Anne Howard	1982	5:21.9
3200 meters:	Jo Anne Howard	1982	10:59.59
300 Hurdles:	Ginger Vega	1992	46.92
400 Relay:		2011	50.74
1600 Relay:		1984	4:06.2
High Jump:	Karen Kraemer	1981	5'8.75"
Pole Vault:	Hannah Chang	2013	9' 6"

Long Jump:	Teresa Cherry	1990	17'1 "	400 meters:	Joe Kaylor	2009	50.29
Triple Jump:	Teresa Cherry	1990	35'8.5"	1600 meters:	Shawn Sleeper	2013	4:21.18
Shot Put:	Kujomi Hutchinson	'78	39'0.25"	3200 meters:	Trevor Henson	2011	9:20.04
Discus:	Natalie Torre	1994	119'0"	400 Relay:		2014	43.25
				Pole Vault:	Carlos Sanchez	2001	14'6"
				Long Jump:	D.J. Redd	2011	22'-5.25"
				Discus:	Cody Lynn	2007	161'6"

Palm Desert

BOYS

200 meters:	Mike Norfolk	1995	22.17
800 meters:	James Hawkins	2006	1:56.92
110 Hurdles:	Dylan Nelson	2006	14.08
300 hurdles:	Dylan Nielson	2006	37.62
400 Relay:		1991	43.25
High Jump:	Wes Coffey	2013	6' 8"
Triple Jump:	Tyronne Owens	1989	44'11 "
Shot Put:	Joe Canavan	2007	67'1.5"
Discus:	John Gallagher	1989	192'4"

GIRLS

100 meters:	Shanti Oyenuga	1995	12.4/12.64c
200 meters:	Shanti Oyenuga	1995	25.5/25.74c
3200 meters:	Melissa Garza	1998	11:53.7
100 Hurdles:	Dana Felt	2008	15.56
High Jump:	Susannah Vera	2013	5' 6"
Shot Put:	Constance Miyaki	2004	35'6.25"
Discus:	Joy Bates	1989	121'11"

Palm Springs

BOYS

100 meters:	Jerome Burrell	1995	10.5/10.74
200 meters:	Jerome Burrell	1995	21.69
400 meters:	Oliver Brown	1988	49.06
800 meters:	Austin Chavez	2014	1:58.47
1600 meters:	Austin Chavez	2014	4:22.43
3200 meters:	Jim Walker	1983	9:34.51y/9:31.18
110 Hurdles:	Hamilton	1973	14.7/14.94c
300 Hurdles:	William Moore	2013	40.02
400 Relay:		2015	42.18
1600 Relay:		1973	3:24.7y/3:23.5
High Jump:	David Moore	1955	6'4.5"
Pole Vault:	James Guillermo	1989	14'0"
Long Jump:	Clay Hall	1982	23'6.25"
Triple Jump:	Clay Hall	1982	48'4.5"
Shot Put:	Leighton Heape	2002	60'6.75"
Discus:	Jeremy Sutherland	2005	165'2"

GIRLS

100 meters:	Shanee Somerville	1991	12:19
200 meters:	Shanee Somerville	1991	24.81
400 meters:	Pauline Maragh	1981	58.36
1600 meters:	Anjie Miranda	1990	5:09.39
3200 meters:	Anjie Miranda	1988	11:12.41
100 Hurdles:	Shanee Somerville	1989	14.75 (30")
300 Hurdles:	Lianne Peterson	1990	44.47
400 Relay:		2013	50.06
1600 Relay:		1990	4:09.6
Long Jump:	Stacy Miller	1989	17'6.25"
Shot Put:	Jennifer Vail	1995	41'10"
Discus:	Jennifer Vail	1996	137'1"

Paloma Valley

BOYS

100 meters:	Anthony Smith	2013	10.98
200 meters:	Chad Jarvis	2004	22.04c

GIRLS

100 meters:	Jenna Tomlin	2003	11.97
200 meters:	Jeruia Tomlin	2003	25.89
400 meters:	Kiara McIntosh	2012	58.56
800 meters:	Kiara McIntosh	2012	2:11.04
1600 meters:	Kiara McIntosh	2013	4:56.99+
3200 meters:	Brittney Ferguson	2013	11:32.65
100 Hurdles:	Tarra Rarick	2008	58.88
300 Hurdles:	Allison Abacherli	2002	46.5/46.74c
400 Relay:		2014	49.13
1600 Relay:		2013	4:03.17
Triple jump:	Jasmine Seymour	2006	35'6.25"
Shot Put:	Dazhanna Jackson	'14	39'0.5"
Discus:	Tiana Herrera	2004	119'10"

Patriot

GIRLS

400 meters:	Sierra Carrasco	2012	59.82
400 Relay:		2012	50.34

Perris

BOYS

100 meters:	JJ Eddington	1985	10.89
200 meters:	Nick McCullom	1998	21.54
400 meters:	Nick McCullom	1998	48.41
800 meters:	Josh Mejia	2005	1:56.29
1600 meters:	Josh Mejia	2005	4:18.67
3200 meters:	Malcolm Corona	2002	9:44.59
110 Hurdles:	Danny Harris	1983	14.06
300 Hurdles:	Anthony Verret	1986	38.40
330 Hurdles:	Danny Harris	1983	35.52
400 Relay:		1983	41.39
1600 Relay:		1983	3:10.33
High Jump:	Damon Jackson	1998	6'8"
Pole Vault:	Roger Heldoom	1983	14'2"
Long Jump:	Quincy Franks	1980	23'11"
Triple Jump:	Aaron Berry	2015	48'7.75"
Discus:	Andre Abrams	1990	157'0"

GIRLS

100 meters:	Antionette Winston	1979	11.9/12.14c
200 meters:	Antionette Winston	1979	25.7y/25.79
400 meters:	Ericka Nowell	2008	56.37
1600 meters:	Michelle Paul	1985	5:13.56
3000 meters:	Michelle Paul	1985	10:37.0 (3000)
3200 meters:	Jennifer Rodrigue	2006	11:51.73
100 Hurdles:	Erika Nowell	2009	14.62
300 Hurdles:	Erica Nowell	2009	41.80
400 Relay:		2000	49.66
1600 Relay:		2012	4:09.83
High Jump:	Maylana Martin	1995	5'6"
Long jump:	Sharon Johnson	1980	16'8"
Shor Put:	Shannon Hobson	2003	41'11.5"
Discus:	Shannon Hobson	2003	145'3"

Poly-Riverside**BOYS**

100 meters:	Nathan Irvin	1999	10.59
200 meters:	Greg Thomas	1980	21.44
400 meters:	C.J. Reed	1996	48.22
800 meters:	Wayne Lemmons	1956	1:54.4y/1:53.7
1600 meters:	Irving Moreno	1997	4:18.99
3200 meters:	Irving Moreno	1997	9:30.82
110 Hurdles:	Chris Chrisman	1981	14.01
300 Hurdles:	Jamie Anderson	1991	39.85
330 Hurdles:	Chris Chrisman	1981	36.25
400 Relay:		1980	42.38
1600 Relay:		1980	3:21.1 y/3:19.7
High Jump:	Kyle Batiste	1995	6'7"
Pole Vault:	Aaron Bishop	1990	14'0"
	Devin Duncan	2003	14'0"
Long Jump:	Bobby Bonds	1964	25'3"
Triple Jump:	Cullen Sullivan	2012	45'11.5"
Shot Put:	Larry Richards	1961	60'9.75"
Discus:	Coleman Johnson	1994	182'3"

GIRLS

100 meters:	Christie Slaughter	1989	12.43
200 meters:	Renee Chambers	1979	25.01 y/24.87
400 meters:	Renee Chambers	1979	57.49y/57.16
800 meters:	Lynn Hollins	1976	2:05.9
1600 meters:	Ashley Roberts	2010	4:54.80
3200 meters:	Brigid Freyne	1987	10:34.37
100 Hurdles:	Christie Wilson	1996	15.80 (33")
Lisa Hale		1987	14.26 (30")
300 Hurdles:	Doris Williams	1987	44.03
400 Relay:		1995	49.48
1600 Relay:		1979	3:54.6/3:53.3
High Jump:	Sandy Utterback	1984	57'
Pole Vault:	Rianne Gross	2011	10'4"
Long Jump:	LaShannoe Sneed	1982	17'7.5"
Triple Jump:	Joi Webber	2000	37'5"
Shot Put:	Andrea Loman	1997	40'2"
Discus:	Andrea Loman	1998	135'9"

Ramona**BOYS**

100 meters:	Rondo Smith	1988	10.86
200 meters:	Rondo Smith	1988	21.92
400 meters:	Dan Gormley	1964	48.9y/48.75
800 meters:	Richard Villalobos	1995	1:55.07
1600 meters:	Martin	1974	4:23.0y/4:21.5
3200 meters:	Scott Foreman	1966	9:28.0y/9:24.7
110 Hurdles:	Robert Williams	2005	13.97
300 Hurdles:	Zach Lewis	2012	37.28
400 Relay:		1987	43.13
1600 Relay:		1970	3:25.0y/3:23.8
High Jump:	Jimmy Devine	1995	6'6"
Pole Vault:	Larry Thompson	1970	14'1"
Long Jump:	Jimmy Devine	1995	23'10.5"
Triple Jump:	Stanton Gibson	2003	47'11.75"
Shot Put:	Tom Oesterling	1966	60'3.75"
Discus:	Sonny Soto	1991	161'3"

GIRLS

100 meters:	Alicia Thomas	1992	12.57
200 meters:	Alicia Thomas	1992	25.44
400 meters:	Sheria Moses	1991	59.4/59.54c
800 meters:	Sheria Moses	1991	2:11.97

100 Hurdles:	Andrea Meachum	1992	15.34 (30")
300 Hurdles:	Princess Lee	1994	47.20
400 Relay:		1995	50.20
1600 Relay:		1995	4:09.74
Pole Vault:	Tru Hoang	1997	9'0"
Long Jump:	Brenna Tucker	2005	17'3.5"
Shot Put:	Sheni Russell	1999	44'4.75"
Discus:	Barrie Greer	1980	143'7"

Rancho Verde**BOYS**

100 meters:	Jesse Ooten	2008	10.68
200 meters:	Greg Hornsby	2009	21.57
400 meters:	Paul Robertson	2009	48.06
800 meters:	Ruben Danielson	2010	1:51.59
1600 meters:	Angel Guerrero	2002	4:25.12
110 Hurdles:	Jovan Grady	2002	14.77
300 Hurdles:	Milton Williams	2014	39.27
400 Relay:		2009	41.41
1600 Relay:		2009	3:13.75
High Jump:	Skylar Lacour	2009	7'0.25"
Pole Vault:	Matt Jones	2006	13'6"
Long Jump:	Jesse Ooten	2008	22'6.25"
Triple Jump:	Josh Como	2006	50'3.5"
Shot Put:	Desmond Clark	2004	56'9.25"

GIRLS

100 meters:	Asiah Gooden	2009	11.73
200 meters:	Alycia Herring	2009	23.68
400 meters:	Gabby Estell	2009	54.72
100 Hurdles:	Amber Clark	2009	14.76
300 Hurdles:	Gabby Estell	2009	44.27
400 Relay:		2010	45.68
1600 Relay:		2009	3:44.02
High Jump:	Joshulyn Penniman	'12	5' 6"
Long Jump:	Alycia Herring	2008	20'0.75"
Triple Jump:	Brittany Bozeman	2008	38'1"
Shot Put:	Kayla Hopkins	2014	41'4"
Discus:	Kayla Hopkins	2014	141'6"

Riverside Christian**GIRLS**

100 meters:	Camille Bowen	2009	12.58
Long Jump:	Nikki James	2006	167"

Roosevelt**BOYS**

100 meters:	Elijah Mitchell	2013	10.58
200 meters:	Elijah Mitchell	2013	21.17
400 meters:	Bryan Adams	2009	47.95
800 meters:	Aaron Potts	2012	1:54.39
1600 meters:	Nick Woolf	2012	4:11.57
3200 meters:	Nick Woolf	2012	9:08.28
110 Hurdles:	Austin Hill	2010	14.42
300 Hurdles:	Austin Hill	2010	37.29
400 Relay:		2011	41.01
1600 Relay:		2010	3:12.79
High Jump:	Taelin Webb	2014	6'8"
Pole Vault:	Nick Weisheit	2012	14'9"
Triple Jump:	Stephon Williams	2012	45'4.25"
Discus:	David Potts	2014	166'5"

GIRLS

100 meters:	Courtne Davis	2015	11.64
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200 meters:	Courtne Davis	2015	24.39
400 meters:	Taylor Smith	2015	54.46
800 meters:	Tahlia Adams	2015	2:14.29
1600 meters:	Tahlia Adams	2015	5:00.16
3200 meters:	Brittany Marero	2015	11:23.75
100 Hurdles:	Jasmyne Graham	2015	13.17
300 Hurdles:	Jasmyne Graham	2015	40.73
3200 meters:	Jana Warrick	2014	11:35.63
400 Relay:		2015	46.10
1600 Relay:		2015	3:44.76
High Jump:	April Sutton	2013	5' 4"
Pole Vault:	Gardenia Centanaro '13		13' 1"
Long Jump	Jasmyne Graham	2014	19'8.25"
Shot Put:	Danna Hill	2011	36'1.25"
Discus	Danna Hill	2011	119'2"

Rubidoux

BOYS

100 meters:	Jason Halliburton	1991	10.7/10.94
200 meters:	Derek Banks	1992	22.03
400 meters:	LaSalle Hughey	1991	47.93
800 meters:	David Ramirez	1991	1:55.44
1600 meters:	Sergio Trujillo	1988	4:20.59
3200 meters:	Antonio Jiminez	2003	9:05.16
110 Hurdles:	Leandre Butler	2003	14.65
300 Hurdles:	Richie Gilmore	1992	39.41
400 Relay:		1990	41.80
1600 Relay:		1992	3:20.14
High Jump:	Chris Olsson-O'Nei	1992	6'11 "
Pole Vault:	Vic Diaz	1967	15'5.25"
Long Jump:	Mike Anderson	1983	24'5"
Triple Jump:	Tim Williams	1985	49'7.25"
Shot Put:	Jake Knight	2001	63'11.5"
Discus:	Matt Gomez	1999	1.82'0"

GIRLS

800 meters:	Lisa Prieto	1988	2:18.81
1600 meters:	Fernanda Rodriguez '12		5:15.25
3000 meters:	Kat Prince	1985	10:37.0**
3200 meters:	Fernanda Rodriguez '12		11:18.12
300 Hurdles:	Celeste Bailey	1990	47.73y/47.45
Long jump:	Gail Derricott	1989	171 "
Triple Jump:	Yvette Hill	1985	36'6"
Shot Put:	Janet Hill	1987	42'4"
Discus:	Jodie Warr	1990	145'0"

San Jacinto

BOYS

100 meters:	DeShawn Smith	2006	10.88
200 meters:	DeShawn Smith	2006	22.02
400 meters:	Immanuel Hutchinson '11		48.60
800 meters:	Immanuel Hutchinson '10		1:48.56
1600 meters:	Kevin Vega	2010	4:24.76
3200 meters:	Rafael Castro	1992	9:33.47
110 Hurdles:	Ken Shaw	2007	14.16
300 Hurdles:	Ryan Muir	2015	37.60
400 Relay:		2006	42.59
1600 Relay:		2011	3:21.92
High Jump:	Tim Dunlap	1997	6'7"
	Tom Quast	1962	6'7"
Long Jump:	Greg Davis	2002	22'5"
Shot Put:	Spencer Moorman '10		62'5.25"
Discus:	Hank Krychir	1979	188'7"

GIRLS

100 meters:	April Henderson	1999	11.9/12.14c
200 meters:	April Henderson	1999	25.2/25.44
800 meters:	Melissa Escamilla	2006	2:18.90
300 Hurdles:	Allison Higgins	1992	47.30
400 Relay:		2008	49.1
1600 Relay:		2012	4:06.53
High Jump:	Veronica Arana	1996	5'4"
Pole Vault:	Breanna Elton	1995	9'0"
Long Jump:	Onisha Banks	1992	17'11.25"
Triple Jump:	Destinee Widgins	2014	37'2"
Shot Put:	Sarah Robles	2006	44'5"
Discus:	Sarah Robles	2006	168'5"

Santiago

BOYS

100 meters:	Rodney Storrs	2007	10.66
200 meters:	Rodney Storrs	2008	21.27
400 meters:	Brett Moulton	2012	48.77
800 meters:	Brett Moulton	2011	1:51.51
1600 meters:	Zach Marx	2006	4:24.26
3200 meters:	Steven Cram	2007	9:23.07
110 Hurdles:	David Williams	2009	14.51
300 Hurdles:	David Williams	2009	38.28
400 Relay:		2008	41.57
1600 Relay:		2011	3:23.03
High jump:	Josh Roth	2004	6'6"
Pole Vault:	Garrett Hansen	2014	15'0"
Long Jump:	Isaiah Manley	2014	22'1.25"
Triple Jump:	Chris Benard	2008	49'6"
Shot Put:	Matt Stewart	2014	53'6"
Discus:	Matt Stewart	2014	162'2"

GIRLS

100 meters:	Omonleggho Ovude '06		12.45
200 meters:	Amber Munerlyn	2010	24.83
400 meters:	Kinney Storay	2010	58.53
1600 meters:	Lily Seynaeve	2014	5:06.82
3200 meters:	Mckenna Genovese '12		11:08.54
100m Hurdles:	Shereen Sutherland '11		15.54
300 Hurdles:	Shae Anderson	2015	44.10
400 Relay:		2009	48.66
High Jump:	Monique Billings	2013	5' 6"
Pole Vault:	Chandler Edwards	2012	10' 0"
Long Jump:	Brittany Baltazar	2004	17'3.25"
Triple Jump:	Brianna Cole	2011	38'11.5"
Shot Put:	Avery Dail	2013	36' 7"

Shadow Hills

BOYS

1600 meters:	Jonathan Carrillo	2012	4:24.92
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Sherman Indian

BOYS

800 meters:	Isaiah Thompson	2013	1:51.76
1600 meters:	Isaiah Thompson	2013	4:18.83
3200 meters:	Charles Rednick	1978	9:29.9y/9:26.6

Tahquitz

BOYS

200 meters:	Xavion Steele	22.37	2015
400 meters:	Xavion Steele	50.16	2015
110m Hurdles:	Teryan Brown	14.93	2015

400m relay: 43.13 2015

Temecula Valley

BOYS

100 meters: Jonathan Williams 2006 10.38
 200 meters: Jonathan Williams 2006 21.17
 400 meters: Nate Koch 2005 49.71
 800 meters: Jeff Green 2000 1:56.14
 1600 meters: Brett Campfield 2004 4:13.98
 3200 meters: Brett Campfield 2004 9:14.79
 110 Hurdles: John Cusey 2013 14.75
 300 Hurdles: Casey Zimmerman 1998 39.06
 400 Relay: 2005 42.06
 1600m Relay: 2011 3:26.64
 High Jump: Mike Vassile 1993 6'9"
 Pole Vault: Brett Updike 1996 15'0"
 Rodney Mabry 1997 15'0"
 Long Jump: Jonathan Williams 2006 23'-1.25"
 Triple Jump: Jamal Cumberbatch 03 46'7"
 Shot Put: Tanner Harrah 2005 54'6.5"
 Discus: Jean-Paul Afif 1998 158'9"

GIRLS

100 meters: Hannah Francescon '05 12.1/12.34c
 200 meters: Hannah Francescon '07 25.92
 400 meters: Taylor Lorack 2011 57.39
 800 meters: Tammy Kim 2012 2:16.21
 1600 meters: Angela Ziff 2011 5:04.56
 3200 meters: Angela Ziff 2011 10:45.75
 100 Hurdles: Danae Dyer 2015 14.99
 300 Hurdles: Kylie Dudley 2006 45.31
 400 Relay: 2001 49.63
 1600 Relay: 2012 3:54.70
 High jump: Christine Killian 1990 5'4"
 Pole Vault: Listen Dormanen 2004 12'7"
 Long Jump: Ajia Yarbrough 2012 17' 2"
 Triple Jump: Ajia Yarbrough 2012 36' 8"
 Shot Put: Lisa Misapeka 1993 45'11"
 Discus: Lisa Misapeka 1993 140'3"

Temecula Prep

BOYS

Triple Jump: Darien Bailey 2008 44-9.5

GIRLS

Triple Jump: Jessica Williams 2008 35-8.25

Temescal Canyon

BOYS

100 meters: John Wareka 2007 11.00
 400 meters: Scott Eden 1999 49.33
 800 meters: Cobie Chavez 2015 1:51.95
 1600 meters: Cobie Chavez 2014 4:14.78
 300 Hurdles: Greg Burress 2002 39.9/40.03
 400 Relay: 2000 43.3/43.44c
 1600 Relay: 2015 3:25.73
 Pole Vault: Eddie Becker 1998 14'6"
 Steve Pease 1998 14'6"
 Long Jump: Nate Koch 2003 22'0.5"
 Shot Put: Ricky Youngquist 2005 56'1"
 Discus: Ricky Youngquist 2005 177'7"

GIRLS

100 meters: Unique Anderson 2003 12.11
 200 meters: Kim Burress 1999 24.89
 800 meters: Shelby Horgan 1996 2:18.98
 1600 meters: Shelby Horgan 1995 4:57.85
 3200 meters: Ellen Muench 1995 10:54.31
 400 Relay: 2003 49.32
 Pole Vault: Tricia Smith 2001 11'6"
 Long Jump: Kim Burress 1999 17'5"
 Shot Put: Kim Avila 2003 40'0"
 Discus: Samantha Gutierrez '08 141'9"

Twin Pines

BOYS

100 meters: Willie Bowen 2001 10.95
 200 meters: Willie Bowen 2001 22.05

Valley View

BOYS

100 meters: Quincy Huntley 1996 10.3/10.54c
 200 meters: Quincy Huntley 1996 21.2/21.44
 400 meters: Chris Massey 1999 48.44
 800 meters: Ray Noble 2010 1:51.81
 1600 meters: Ray Noble 2010 4:20.40
 3200 meters: Nezanet Woldai 2009 9:31.48
 110 Hurdles: Brian Thompson 2003 14.71
 300 Hurdles: Ricky Hernandez 2004 39.08
 400 Relay: 2010 42.17
 1600 Relay: 2011 3:22.6
 High Jump: Mike Hernandez 2006 6'6"
 Triple Jump: Mike Hernandez 2005 45'2.5"
 Shot Put: Nate Dandridge 2001 53'7"

GIRLS

100 meters: Alicia Howard 1997 12.25
 200 meters: Sigueria Sperlin 2004 25.64c
 400 meters: Marissa Smith 2003 57.45
 1600 meters: Jessica Osorio 2009 5:15.93
 100 Hurdles: Marissa Smith 2004 14.60
 300 Hurdles: Marissa Smith 2004 42.84c
 400 Relay: 2004 49.57
 1600 Relay: 2004 4:07.84
 High Jump: Leah Cunningham 1992 5'4"
 Long Jump: Trina Williams 1990 16' 7"
 Triple Jump: Tasha McNair 2000 36'5.5"
 Shot Put: Sara Pearson 1995 35'7"

Vista Murrieta

BOYS

100 meters: Michael Norman 2015 10.30
 200 meters: Michael Norman 2015 20.30
 400 meters: Michael Norman 2015 45.19
 800 meters: Kevin Gonzalez 2012 1:51.78
 1600 meters: Porter Reddish 2013 4:12.77
 3200 meters: Drew Dalton 2010 9:05.57
 110 Hurdles: Darion Williams 2012 14.37
 300 Hurdles: Peter Manu 2014 38.54
 400 Relay: 2015 40.53
 1600 Relay: 2015 3:13.09
 High Jump: Nick Ross 2009 7'3"
 Pole Vault: Colin Cassidy 2012 14' 6"
 Long Jump: Jovonte Slater 2011 24' 10.5"
 Triple Jump: CJ Alumbres 2014 50'1.25"

Shot Put: Corey Whitaker 2012 61' 0"
 Discus: Sapule Ta'amilo 2012 175' 4"

Shot Put: Patricia Parker 2011 37'2"
 Discus: Jolie Buffin 2004 128'7"

GIRLS

100 meters: Amanda Van Buren '15 11.68
 200 meters: Amanda VanBuren '15 24.33
 400 meters: Dynese Adams 2009 57.75
 800 meters: Erika Reddish 2012 2:12.67
 1600 meters: Erika Reddish 2012 4:48.96
 3200 meters: Erika Reddish 2012 10:36.27
 100 Hurdles: Jasmyne Graham 2012 13.89
 300 Hurdles: Jasmyne Graham 2012 44.34
 400 Relay: 2014 46.22
 1600 Relay: 2013 3:52.37
 High Jump: Sarah Dunaway 2013 5' 7"
 Pole Vault: Elleyse Garrett 2014 11'5"
 Long Jump: Michelle Norman 2014 19'10.5"
 Triple Jump: Michelle Norman 2014 40'6"
 Shot Put: Lynn Patu 2010 39'11.75"
 Discus: Yasmin Torres 2014 143'10"

Woodcrest Christian

BOYS
 400 meters: Luke Cunningham '11 50.21
 800 meters: David Branch 2007 1:55.09
 1600 meters: Jake Jeanson 2009 4:17.94
 3200 meters: Jake Jeanson 2009 9:18.08
 1600 Relay: 2010 3:27.25
 High Jump: Troy Watkins 2010 6'6"
 Long Jump: Troy Watkins 2010 22'8.75"
 Triple Jump: Henry Vildosola 2010 46'3.5"

GIRLS

100m Hurdles: Brecky Collier 2013 15.04
 1600 meters: Amber Collier 2010 5:18.29
 High Jump: Becky Collier 2013 5' 8"
 Long Jump: Becky Collier 2013 17' 5.25"
 Triple Jump: Becky Collier 2012 38' 6"

Vista del Lago

BOYS

100 meters: Ledariuc Miller 2007 10.91
 400 meters: Matthew Williams 2012 48.41
 800 meters: Emmanuel Ngula 2008 1:51.87
 1600 meters: Emmanuel Ngula 2009 4:16.37+/4:17.86y
 3200 meters: Christian Lopez 2014 9:36.58
 300 Hurdles: Jacon Davis 2009 38.70
 400 Relay: 2009 43.16
 1600 Relay: 2012 3:22.10
 Discus: Gabriel Vargas 2010 159'1"

Xavier Prep

BOYS

Discus: Armando Ceja 2012 158' 4"

GIRLS

1600 meters: Valeria Ruiz 2012 5:15.83
 3200 meters: Valeria Ruiz 2012 11:25.04

GIRLS

100 meters: DeAnna Carson 2003 11.85
 200 meters: DeAnna Carson 2003 24.62
 400 meters: Jazmine Harper 2009 58.17
 800 meters: Karlie Creal 2009 2:14.28
 1600 meters: Serkadis Krome 2008 5:08.29
 3200 meters: Sarah Benson 2010 11:11.92
 100 Hurdles: DeAnna Carson 2003 14.35
 300 Hurdles: Jazmine Harper 2009 44.29
 400 Relay: 2010 49.23
 1600 Relay: 2011 3:57.45
 High Jump: Desiree Jackson 2010 5'4"
 Long Jump: DeAnna Carson 2003 19'7"
 Triple Jump: Jacquelyn Dubois 2011 37'6"

West Valley

BOYS

100 meters: Keith Welper 2011 10.86
 400 meters: Rex Butler 2001 48.3/48.44
 400 Relay: 2014 43.00
 High Jump: Doug Smith 2000 6'10 "
 Pole Vault: Nathan Carmen 1999 13'6"
 Triple Jump: Devin Ray 2014 44' 4.5"
 Discus: Terry Dowell 2000 154'8"

GIRLS

400 meters: Evondra Owens 1997 59.44
 300 Hurdles: Joanna Fleeming 2001 47.88
 400 Relay: 2003 50.45
 Pole Vault: Amber Tibbits 1999 9'4"